

Recreation: November 2020

# **Description**



North Avondale Recreation Center 617 Clinton Springs Ave. 513.961.1584

- North Avondale Recreation Center is open Monday thru Friday 9 am to 9 pm
- Weight Room is by reservations only
- Open Gym from 9:00 am to 1:00 pm and after 6:00 pm a?? call for reservations
- Masks must be worn and your temperature must be taken upon arrival.
- If you had an active membership on or after March 13<sup>th</sup>, there was an automatic extension put on your card. Check with the center for details.
- North Avondale has a few spots open for both A and B days. CRC Recreation Centers who are
  offering School Day Enrichment and After School Enrichment programs have WIFI available for
  virtual learning. More info: <a href="https://www.cincinnati-oh.gov/recreation/programs/camp-crc1/after-school-school-day-enrichment-scholarship-application/">https://www.cincinnati-oh.gov/recreation/programs/camp-crc1/after-school-school-day-enrichment-scholarship-application/</a>
- Youth Basketball Program starts practices in December with games starting in January. To register or for more information call the Center.at 961.1584.



## 1 in 3 moms

struggles to provide enough diapers for her baby.

please participate in our



Sweet Cheeks

DATE(S): November 9 - 25

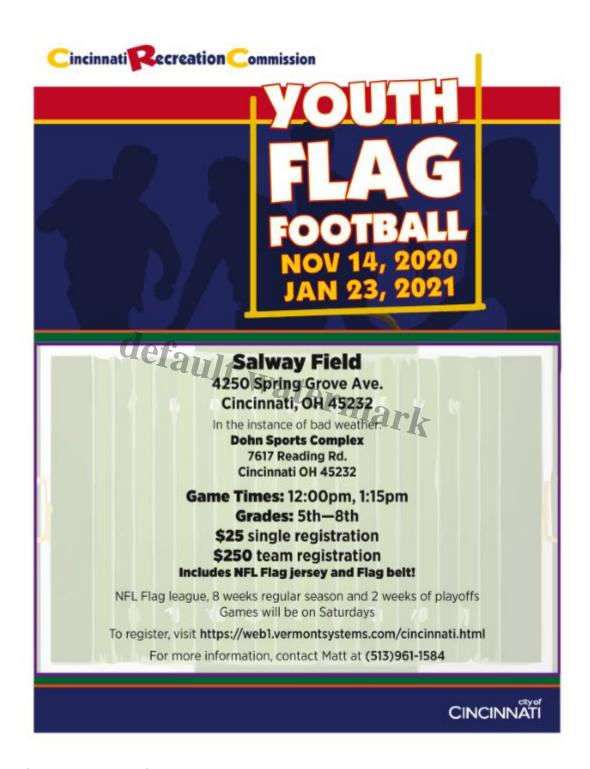
LOCATION(S): North Avandale Rec Center

HOSTED BY: CRC

Thank you for helping keep babies clean, dry, and healthy.







#### **Athletics Winter Programming**

#### â?•Volleyball

Adult Leagues (January 11, 2021)

Monday at North Avondale Starts

Thursday evenings at North Avondale

#### Saturdays at Pleasant Ridge

Youth Girls â?? In Partnership with Girls with Grit, Athletics will be offering skills development and introduction to volleyball for Girls. This program will begin in January. Program will take place in the evening. Days TBD

#### â?•Basketball

Youth league â?? Athletics will be offering an 8U, 10U, and 12U developmental basketball. Baskets will be lowered for the 8U league. Games will be played Tuesdays and Saturdays. Game play will start January 5, 2021. Practice will start in December. NA will be made available for teams to practice on Tuesdays and Saturdays until game play begins.

Adult League â?? North Avondale Adult Menâ??s Basketball League will begin Wednesday, January 6, 2021. This is an 8 game league with the top 4 teams making it to the playoffs.

#### â?•Mini Camp over Break

Athletics will hold mini Camps at North Avondale during Winter Break. Volleyball, Tennis and Basketball will be offered. The camp will run from Monday â?? Wednesday both weeks. Snacks will be provided for individuals that stay the entire day (Will have to bring own lunch).

9:30 to 11:30 â?? Volleyball

12:00 pm to 2:00 pm â?? Tennis

2:30 to 4:30 pm â?? Basketball

#### â?•Special Events

Dodge Ball Tournament (One Day Event) â?? January 16, 2021 (Adults) and January 23, 2021 (Teens)

Teen Esports league â?? TBD

#### Matthew Brown, Community Center Director

### Hirsch Recreation Center 3620 Reading Road 513.751.3393

- Many recreation centers are offering full daycare or afternoon/afterschool care. Check out cincyrec.org for your childcare needs.
- Our weight room has reopened by reservation only. There are seven one hour time blocks within the day that customers can call to reserve.
- If you had an active membership on or after March 13<sup>th</sup>, there was an automatic extension put on your card. Check with the center for details.
- **Spinning classes** have resumed: Monday at 5:15pm to 6:00; M/W 6:15 â?? 7:00 pm. It is necessary to sign up before class. To register call 751.3393 or go to the front desk.

- Tai Chi Monday and Wednesday 10:00A-11:30A (Starting Nov 9th; fees TBA)
- Teen and young adult dance (20 spots max. reservation required): Friday 6:00P-7:00P
- Teen and youth open gym is open for reservations. Call for availability.
- Gym Schedule for all programs

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time
9:00-9:30						9:00-9:30
9:30-10:00						9:30-10:00
10:00-10:30						10:00-10:30
10:30-11:00	Tai Chi 10:15-11:45	Adult Open Gym 10:30-12:00 (Ages 18+)	Tai Chi 10:15-11:45	Adult Open Gym 10:30-12:00 (Ages 18+)		10:30-11:00
11:00-11:30						11:00-11:30
11:30-12:00						11:30-12:00
12:00-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	Cleaning: 12-12:30	12:00-12:30
12:30-1:00	School Day Enrichment Gym Time 12:30-4:30	School Day ∮n Chreent Gym Time 12:30-2:15	School Day Enrichment Gym Time  12:30:3:15	School Day Enrichment Gym Time 12:30-3:15	School Day Enrichment Gym Time 12:30-3:15	12:30-1:00
1:00-1:30						1:00-1:30
1:30-2:00						1:30-2:00
2:00-2:30						2:00-2:30
2:30-3:00						2:30-3:00
3:00-3:30		Cleaning 3:15-3:30	Cleaning 3:15-3:30		Cleaning 3:15-3:30	3:00-3:30
3:30-4:00				1		3:30-4:00
4:00-4:30		Youth Open Gym (Ages 8-13)	DAMPE Basketball 3:30-5:00	Youth Open Gym (Ages 8-13)	DAMPE Basketball 3:30-5:00	4:00-4:30
4:30-5:00	Cleaning &	3:30-5:15		3:30-5:15		4:30-5:00
5:00-5:30	Spin Setup 4:45-5:15	Cleaning 5:15-5:30	Cleaning 5:00-5:15	Cleaning 5:15-5:30	Cleaning 5:00-5:15	5:00-5:30
5:30-6:00	Spin 5:15-6:00					5:30-6:00
6:00-6:30	Cleaning 6:00-6:15 Spin	Teem Open Gym (Ages 14-18) 5:30-7:00	Spin Setup 4:45-5:15 Spin	Teen Open Gym (Ages 14-18) 5:30-7:00	Dance 5:45-7:00	6:00-6:30
6:30-7:00	6:15-7:00		6:15-7:00			6:30-7:00

#### Blake Williams, Service Area Coordinator

**Date Created**November 1, 2020 **Author**northavondale