

**Cincinnati Recreation Commission**  
North Avondale Recreation Center • 617 Clinton Springs Ave, 45229 • 513.961.1584

**Move+Stretch+Balance**



**Move + Stretch + Balance**  
Senior Cardio Fitness Class  
Low Impact / Light Weights  
Stretching / Balance

Where: North Avondale Recreation Center  
When: Dec 2nd- Feb 26th Mondays and Wednesdays,  
10:30 AM-11:15 AM  
Cost: \$2 plus membership  
Contact: Brittany Barrett for more info @ 513.961.1584

No class: Dec. 23/25/30, Jan. 1/16 and Feb. 17

cincprcc.org | 513.339.4400 | info@cincinnati-oh.gov

Recreation: February 2020

## Description



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**North Avondale Recreation Center**  
**617 Clinton Springs Ave.**  
**513.961.1584**

- **Hours of Operation: Monday – Friday: 11:00 am to 9:00 pm, Saturday 9 am – 3 pm Closed on Sundays.**
- **Memberships: Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year**

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# Cincinnati Recreation

## QUEEN CITY SWISH

Cincinnati Recreation Commission is teaming up with the Cincinnati Police Department & the Cincinnati Fire Department to present a city-wide Queen City Swish, for ages 12-17 starting in Spring 2020! Deadline

Start date March 6, 2020 • Location will be North Avondale

**Register now...game play begins in March. For more information**



**SAFETY WHILE INTEGRATING  
SKILLS & HOOPS**

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[cincyrec.org](http://cincyrec.org)

| 513.352.4000

| [info.crc@cincinnati-oh.gov](mailto:info.crc@cincinnati-oh.gov)



city of  
**CINCINNATI**

The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgendered status, or ethnic, national or Appalachian origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

**Hirsch Recreation Center**  
**3620 Reading Road**  
**513.751.3393**

- **Hours of Operation:** Monday – Friday: 9:00 am to 9:00 pm; Saturday 9:00 am – 3:00 pm; Sunday 11:00-5:00
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$20.00/3 months, \$70.00/year

**Date Created**

February 1, 2020

**Author**

northavondale

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