



Recreation: September 2022

Description



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North Avondale Recreation Center
617 Clinton Springs Ave.
513.961.1584

- **Fall Hours:** open Monday through Friday 10am to 8pm
- **North Avondale is hosting a barbershop talk series on September 19 from 6pm-9:00.** The theme is police community relation.
 - Free Lineups, tapers, and beards. Free food and drinks. The focus is on ages 18-25 but all men and sons are all welcome.

BARBERSHOP TALK SERIES



Monday, Sept. 19, 6 - 9 PM
North Avondale Rec Center

617 Clinton Springs Ave, Cincinnati, 45229

- FREE quick cuts available 6 - 8 PM
shape-ups, tapers, beard trims - tips encouraged
 - watch Monday Night Football
 - food and drinks provided
 - Rec Center facilities available
play basketball, pool, chess, and more
 - talk with other men about issues
that most concern men
- September topic is *Police-Community Relations*

- **Senior Knitting & Social Group:** Monday, 12:00 to 1:30 membership required
- **Beginner Open Pickleball** on Monday afternoons from 12 to 2 and Wednesday mornings from 10am to noon. Membership required
- **Tai Chi class** Tuesdays and Wednesdays from 10 to 11 a.m. Membership required plus fee \$50 per month, \$7 per class
- **Youth Flag football**
- **Adult fall volleyball**

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Cincinnati **R**ecreation **C**ommission

2022 FALL ADULT VOLLEYBALL

*Locations: North Avondale Recreation Center
and Pleasant Ridge Recreation Center*

**Registration is \$330 per
team**



Use QR code to register



Leagues offered: Co-Rec C/C+,
Co-Rec C, Women's C/C+

All leagues offered are for 6 person teams.

Each athlete pays \$27 for a team jersey, a flag, and a year membership @CRC.

Every Sunday 9am-1pm. *Times may vary based on league enrollment.

FLAG FOOTBALL

Cincinnati Recreation Commission

DIVISION AND AGES
ROOKS 8-9 *VETS 10-11 *LEGENDS 12-14

SEASON STARTS 09.11.22
SEASON ENDS 10.30.22

@WALNUT HILLS HS
3183 GILBERT AVE.
CINCINNATI, OH 45207
(SOUTH FIELD)

Hirsch Recreation Center
3620 Reading Road
513.751.3393

- **Hours:** Monday & Friday 12:00 pm to 8:00pm; Tuesday & 10:00 am to 8:00 pm; Friday 12:00 to 9:00pm; Saturday 9:00 am to 2:00pm
- **Free La Soupe Frozen meals available** Wednesday after 2:45 pm until gone. This is for anyone who may need a meal in our surrounding community. Please call 513.751.3393 for availability.
- **Spin Class** Monday 6:15 to 7:00pm & Thursday 10:00 to 10:45am Please reserve your bike ahead of time.
- **The Fade/Game Room** Monday, Tuesday, Thursday 5:30 to 7:30 ages 8 to 17
- **A1 since Day 1** Saturday 12:00 to 1:00 12 to 17 years old

AVONDALE DAY

12PM-5PM

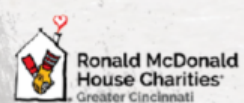
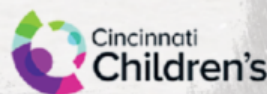
Prizes & Giveaways
Live Music, Food Trucks
Gametruck featuring
Video Game Tournament
Blowup obstacle courses
Cooking demonstrations
Feet in the Street 1-mile Fun Run
FREE Mental Health screenings
FREE YBF Fitness demos
and MORE!



HIRSCH RECREATION CENTER

SATURDAY SEPTEMBER 24, 2022

3630 READING ROAD, CINCINNATI, OHIO 45229



Sign up for events & contests at www.growavondale.org/avondaleday

For more information on these programs and other programs click below:

[Hirsch-Program-Guide-_Fall22_](#)

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September 1, 2022

Author

northavondale

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