



The New School Montessori: September 2022

## Description

**The New School Montessori (TNSM)**



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[www.newschoolmontessori.com](https://www.newschoolmontessori.com)

The New School Montessori – This house feels like a home again!Â



It is such a joy to have our campus filled with smiles, laughter, and learning. And there are such inviting aromas coming from the kitchen with delicious meals bubbling on the stove! Our New School Montessori Chef, Audrey Cobb, is busy preparing many different choices of vegetarian side dishes and includes a main course vegetarian option as well as a fish or poultry option.

Because we believe in the importance of introducing children to a variety of fresh foods, we spend more money on fresh produce than all other grocery items. If a recipe requires a small amount of sweetener, we use natural sugars including honey, maple syrup, or agave nectar; however, Chef Audrey often simply adds a bit of sliced apple to sweeten a broccoli salad or coleslaw.

We believe that the education of the whole child is carried through to nutrition. To that end, we empower our children with the understanding of how food fuels our bodies and teach them to make healthy choices for themselves. We provide a hot, nutritious, varied and sugar-free meal every day—and it's included in the price of tuition. We recognize the connections between plate, planet, people and culture and know that the love and thought put into the preparation of our food is experienced by students and staff.

[Please watch this short video](#) to catch a glimpse of our first day.



[And click here to see our recent lunch menus.](#) Enjoy!

The New School Montessori invites you and your family to visit our Open House on Sunday, October 9 between 2:00 and 4:00 p.m. Children are encouraged to explore the Montessori materials in the classroom and to tour the campus with you. We embrace diversity – valuing differences in race, culture, family, and thought. We serve students ages 3 through 6th grade and offer extended-day until 5:30, full-day until 3:00 and half-day programs.

***Ann Baumgardner, Communications Director***

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**Author**

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