

World renowned humanitarian, Sri Sri Ravi Shankar visited Cincinnati in August

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NANA treasurer and Barry Lane neighbor, Sandesh Samdaria, shares this news about the designer of the SKY Breath workshop recently approved by the NANA general body for fifty youth in our community.

The Founder of the Art of Living and IAHVâ??International Association of Human Valuesâ??and world renowned humanitarian, Sri Sri Ravi Shankar, visited Cincinnati on Thursday Aug 24th at the Cincinnati Masonic Center. It was a rare opportunity to see him, listen to his wisdom full of humor, and meditate under his guidance.

Mayor Aftab Pureval, county commissioners Denise Dreihaus and Stephanie Dumas, an Ohio senator, and other city officials attended the event. Sri Sri Ravi Shankar has also been invited by the director of health and wellness and the director of psychological counseling at University of Cincinnati, for a talk on campus.

Sandesh was recently a guest on Cincy Lifestyle sponsored by #WCPO to talk with the hosts about meditation.

Watch our neighborâ??s video interview here.

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