

# NANA APRIL ANNOUNCEMENTS 2014

## YOUR NEIGHBORS

On behalf of Chief Braun and the entire Awards Committee, **Dr Stuart Baxter (Red Bud)** will receive a Citizen's Distinguished Service Award at the 3<sup>rd</sup> Annual Firefighter Awards Banquet at Horseshoe Casino on Thursday, April 17<sup>th</sup> at 5:30 p.m. You have been nominated for your continued dedication to fire service by leading research into firefighter cancer rates from exposure to products of combustion. Your work advances solutions to reduce firefighter cancer rates and is sincerely appreciated by all Cincinnati Firefighters.

**Jack Rouse (Winding Way)** was elected as **Chairman of The World Piano Competition's Board of Directors.**

## YOUR OPINION COUNTS

Help CPA celebrate it's 50th Anniversary by selecting the top 50 buildings and sites that make Cincinnati unique. Go to the Cincinnati-Preservation-Association facebook page to vote.

### Plan Cincinnati

*Plan Cincinnati Implementation: What are your priorities for the future?* <http://plancincinnati.org/resources/other-resources>

You can view the Plan here: <http://www.plancincinnati.org/learn/about-plan-cincinnati/download-plan-cincinnati>

In order to get additional input, we are asking you to take this short survey in order to help prioritize the short-range tasks of the Plan. We will use the results of the survey to further prioritize the short-range tasks of Plan Cincinnati: <https://www.surveymonkey.com/s/plancincypriorities>

## Volunteers Needed!



### GREAT AMERICAN CLEAN-UP & GREEN-UP THE PARKS DAY

**SATURDAY, APRIL 26, 2014, 9:00 a.m. to 1:00 p.m.\***

*\*(If there is a problem with too much rain/lighting, call Mary Ann at 265.9764 the day of the event for instructions)*

**Let's beautify the neighborhood** by preparing the parks for the busy summer season. We will weed, mulch the trees & playgrounds at Seasongood, and Martin Luther King .

**We will also clean up the neighborhood together** by picking up litter. Target areas are: Reading Road and 50 feet onto any streets off of Reading, Dana, Burton, Asmann, Vine & Mitchell, Clinton Springs, Washington, and other (please call/email if you see any other problem areas).

**Meet** at Seasongood park (Reading & Clinton Springs) for your job/area assignment or call 265.9764.

**Come for all of the time or part of the time but please just come.** The support of the community is essential to preserving the quality of Cincinnati.

### Other Clean-Up day events

- **KCB Great American Road Way Clean Up April 26th** Time is TBD. We will be cleaning the Paddock off/on ramps to the Norwood Lateral. If you can help contact [nanabeatification@gmail.com](mailto:nanabeatification@gmail.com)
- **NA Lot Clean Up corner of Avondale/Reading April 19th** Time is TBD. If you can help please contact Maura Wolf at [nanacincinnati@gmail.com](mailto:nanacincinnati@gmail.com)

## FUN WITH YOUR NEIGHBORS

Golf Season is Nearly Here... Are You Ready?

**Avon Fields Golf Course** <http://www.cincygolf.org/index.php> or [info@email.cincygolf.org](mailto:info@email.cincygolf.org)

**NAM Fuel the Rocket Food Truck Event April 26<sup>th</sup> 4 to 7pm** at the NAM playground. All welcome!

**Ben Blaney** (Burton Woods Ln) will be performing with the Southern Gateway Chorus in their 58<sup>th</sup> annual Spring Show on **May 3 (7:30) and May 4 (2:00)** at McAuley High School in College Hill. The chorus is a group of about 55 men and boys who sing a cappella. This year their special guests will be Vocal Spectrum, 2006 International Quartet Champions. Go to [southerngateway.org](http://southerngateway.org) for information on tickets (\$15-\$25) and the chorus, or Ben at 861-1220.

**Cincinnati Preservation Association 2014 Spring House Tour SAVE THE DATE! Saturday, May 10, 1 – 5 pm** Historic Mansions on Lafayette: Probasco Mansion, Scarlet Oaks, Stonehedge Check out their website for more information on the homes. [www.cincinnati-preservation.org/springhousetour](http://www.cincinnati-preservation.org/springhousetour)

**Clinton Hills Swim Club** is gearing up for another wonderful Summer season! For more information, please go to [www.clintonhills.com](http://www.clintonhills.com) or check us out on facebook.

# NANA APRIL ANNOUNCEMENTS 2014

O'Neal Music and Art Center presents...

## DREAM

Drama  
Reconciliation  
Education  
Art  
Music

Open to all youth grades 2-12

**April 2 - 5, 2014**

**South Avondale School**  
636 Prospect PL., 45229

D.R.E.A.M. Workshop Sessions are led by some of the region's premier professionals and ministry leaders, focusing on areas of:

- Drama
- Recording
- Visual Art
- African Drums
- Creative Writing
- Liturgical Dance
- Mime
- Drums (Drum set)
- and much more

**2014 D.R.E.A.M. Conference**

**Wednesday, April 2**  
**Thursday, April 3**  
**Friday, April 4**  
All Workshops and classes 10am - 5pm

**Saturday, April 5**  
Youth Resource Fair 10am - 2pm  
FREE Public Concert - 2pm

**D.R.E.A.M. as One**

**ccr** citizens for civic renewal

### Improving Citizen Engagement

A Community Learning Experience

Come share and listen to real stories of citizen engagement so that:

- WE more effectively come together to improve our communities;
- YOU learn engagement skills from others' real life experience.

Special guest Brewster Rhoads will tell the story of Green Umbrella; listening together we will discover lessons none could find alone.

Whether as leader or follower, each of us has a story to tell and insights to offer. This meeting will use an innovative story-telling format to powerfully harvest our diverse experiences into a coherent set of principles.

Co-learning leads to greater capacity for change.

**APRIL 12, 10-Noon**  
J. MARTIN GRIESEL ROOM  
TWO CENTENNIAL PLAZA - SUITE 720  
805 CENTRAL AVENUE  
On-street parking \$2/hour; free parking in back of the building  
Complimentary refreshments from Om Eco-Cafe

**Door Prizes!!**  
Free art class at Baker Hunt  
Gift certificate to Om Eco-Cafe  
Pro bono consultation with CCR

**CCR Member Meeting**  
Immediately following the public meeting  
Provide direction for the organization

## MINORITY HEALTH FAIR OF ZION BAPTIST CHURCH

630 GLENWOOD AVENUE, (AVONDALE) 45229  
SATURDAY, APRIL 19, 2014, 9:00 AM - 2:00 PM

**HEALTHY HEART**  
Dr. Joseph Hackworth, Cardio Vascular, Heart Specialist

**HEALTHY LIFESTYLE**  
Dr. Jeffrey Brewster, Risk Factors/Obesity

**PLAIN WATER**  
8 glasses (= 2 quarts)

**WHOLE GRAINS**  
6-11 servings (= 4 cups)

**FRUITS**  
2-4 servings (= 2 cups)

**VEGETABLES**  
3-5 servings (= 2 1/2 cups)

**LEAN PROTEIN**  
2-3 servings

**LOW FAT DAIRY**  
2-3 servings

**FATS**  
2-3 servings

**MAKING HEALTHY CHOICES**

**HEALTH SCREENINGS: 9AM**  
BLOOD PRESSURE / DIABETES / HIV / VISION / BMI

**COME MEET OUR HEALTH COMMISSIONER**  
Dr. Noble Maseru

**WORKSHOPS: 10AM**  
Dr. Joseph Hackworth  
Dr. Jeffrey Brewster  
Dr. Noble Maseru

**COOKING DEMONSTRATIONS**

**EXHIBITS**

**FUN...GAMES...FREE TO THE PUBLIC...FOOD...PRIZES**

Sponsored by:  
THE HEALTH & WELLNESS MINISTRY, ZION BAPTIST CHURCH  
630 Glenwood Cincinnati, OH 45229  
513-751-8608 / zbaptist@fuse.net  
Dr. Charles O. Dillard, Chairman  
Reverend James H. Cantrell, Pastor

Funded by:

THE OHIO COMMISSION ON MINORITY HEALTH

## NANA GENERAL MEETING

~Tuesday April 8<sup>TH</sup> 7:00pm~

### North Avondale Recreation Center

617 Clinton Springs

~ANNUAL MEETING May 18, 3:00 to 5:00pm, at Community Friends Meetinghouse 3960 Winding Way~

~THANK YOU FOR PAYING YOUR 2014 NANA DUES~

*Cincinnati's Best Address with:  
Beautiful Homes, Great Neighbors  
& Civic Passion*

Please "Like us" on our Facebook page: North Avondale Neighborhood Association Cincinnati

### 2014 MEMBERSHIP APPLICATION OR RENEWAL

Mr. Mrs. Ms. \_\_\_\_\_  
name

Address \_\_\_\_\_

Email Addresses \_\_\_\_\_

Annual Dues \$100 ☐ \$50 ☐ \$25 ☐ \$10 ☐ \$5 ☐ or \$ \_\_\_\_\_

Pay Additional \$10.00 for Newsletter Mail Delivery \_\_\_\_\_

Thank you! Please make your check payable to NANA.

Send Checks to the NANA Office 617 Clinton Springs, 45229

# NANA APRIL

Last months below

Last year's with some of this year's information added (used the email you (Beth) sent out to the beautification committee  
Currently what is on the first page  
Let me know what you want. I can send them both in word if

NA Beautification NEEDS YOU! Maintaining the public beds, Reading flower pots, litter removal, banners, .... takes a significant number of volunteer hours. WE NEED YOU!

#### **Volunteer Opportunities:**

**April 26<sup>th</sup> 9:00 am- 1:00 pm** (1-2 hours or spend the day!) – **North Avondale** mulching, weeding and litter removal. Meet at Seasongood Park. Pizza will be provided at 1 PM.

**April 26<sup>th</sup> Time TBD** (2 hours) – **Great American Roadway Cleanup** – Picking up litter along the Paddock and Reading 562 on/off ramps. Meeting location TBD. There will be a FUN after party with food/drinks.

Please send an email to [NABeautification@gmail.com](mailto:NABeautification@gmail.com) for more info. If you have time to volunteer on another date/ time we can make that work as well! There are always ongoing needs in the gardens.

**Donation Opportunity:** Cincinnati Parks will be planting three seasonal displays in **the flower pots** along Reading Road this year. The City will fund half of the costs and the neighborhood will pay for half of the costs. This is the first year that the flower pots will be professionally maintained and they will be BEAUTIFUL! Please consider helping out with a monetary contribution. Checks can be made payable to NANA and mailed to: NANA, c/o Beth Ewing, 3930 Winding Way, 45229.

This page will not be used it is a storage/articles to work on page.

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#### **Jack Rouse (Winding Way) was elected as Chairman of The World Piano Competition's Board of Directors.**

Jack, retired founder of Jack Rouse Associates, is one of the most recognizable names in the Greater Cincinnati community in general and the arts scene in particular. He is a current or past board member of many organizations, including the Cincinnati Zoo, the Cincinnati Playhouse in the Park, Children's Theater of Cincinnati, ArtsWave, The Lake Dillon Theater Company and the Cincinnati Symphony Orchestra. He was also the founding chairman for the Port of Greater Cincinnati Development. He holds a PhD from the University of Michigan, was a college professor at the University of Wisconsin and the University of Cincinnati where he initiated the opera, music theater and technical theater programs. He currently an associate professor in the graduate school of the arts at Columbia University in New York City.

Originally under Jack's section