



# NANA NEWS

Your monthly news & updates

Visit our Website

## PRESIDENT'S MESSAGE



Happy Holidays Neighbors!

The chilly weather has set in and the new year is just around the corner! The month of December is a busy one, but it is also filled with plenty of opportunities to see your neighbors and spread some cheer. This newsletter contains more details about upcoming events, but I wanted to highlight a few important dates:

**December 9th Law and Safety Committee meeting addressing water mains/firefighting ability in our neighborhood.**

o After the devastating fire on Rose Hill last month it is important that we make our voices heard! This meeting is your chance to let the City Council know that we need immediate action on this critical safety issue.

**December 10th NANA General Body Meeting with Holiday Treats**

o Come enjoy some sweet treats and a cup of hot cocoa with your neighbors. Feel free to bring some cookies to share!

**December 15th Neighborhood Luminary**

o Your chance to take a stroll in our beautiful part of town with the best neighbors in Cincinnati.

**December 20th North Avondale Holiday Mixer at Bar 29**

o Take some time out to relax and have a drink before Kris Kringle comes to town!

I look forward to seeing you at one or more of these events. Until then, enjoy this holiday season and let's make 2020 the best year yet!

*Ethan Perry*



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## NANA GENERAL MEETING

Tuesday, December 10, 7:00 pm  
North Avondale Montessori School Cafetorium

•Holiday Treats

Next Meeting January 14, 2020

THANK YOU FOR PAYING YOUR [2019 NANA DUES](#)

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## COMMITTEE UPDATES

### [NSP GRANT 2019/2020](#)

NANA receives City money through the **Neighborhood Support Program (NSP)** for projects and activities that enhance the quality of life in our neighborhood. For 2019/2020, NANA has the potential to receive \$6,085 which we will divide into two categories.

The categories for our projects and activities are: **Membership & Communication** (Database, Email, Connections, Membership Events & Outreach, NANA News, Website) and we are seeking approximately \$3,000 for this category and the **Look and Feel** (Block Watch, Clean-up & Beautification, Banners, Environmental Affairs, Land Development & Improvement, Law & Safety, Strategic Development, Traffic Studies, Zoning) and we are seeking approximately \$3,085 for this category. Though we can propose new categories, the majority of projects that are proposed to the Board, fit within these categories.

**Please send any ideas or comments to NANA** or attend the **Tuesday, December 11 NANA General Meeting** where we will discuss this grant funding request and vote.

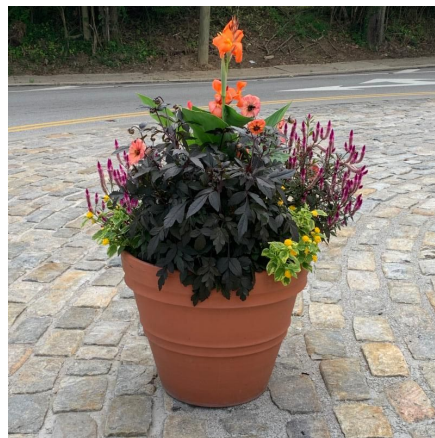
### [BEAUTIFICATION](#)

#### Neighborhood Flower Pots

We are taking donations for 2019 and 2020 to pay the Parks to maintain the flower pots along Reading Road. You can make a donation on line at: [northavondalecincinnati.com/donate/](http://northavondalecincinnati.com/donate/) and check Other and put: flower pots or you can mail a donation to: NANA, 617 Clinton Springs Ave, Cincinnati, OH 45229, ATTN: Beautification.

Please consider helping with a tax deductible donation so we can continue making our neighborhood beautiful! Thank you!

*NANA Beautification Team*



### [HEALTH AND WELLNESS](#)

**The 2020 Marketplace Health Insurance Open Enrollment is open.** This open enrollment period is **shorter this year** (45 days) ending December 15, 2019. During this time, you can start, stop or change your health insurance plan. Costs for marketplace plans are expected to increase in 2020. The Trump administration is ending reimbursements for insurance companies required to provide low-costs plans. Thus, an increase of 34% may be expected. If you need assistance with enrollment, contact the Outreach and Enrollment Team at (513) 564.2273 to schedule an appointment at one of the health centers. Remember, the **Ambrose Clement Health Center** is now open in the **Avondale Town Center** at 3559 Reading Rd #101 45229. Other health centers that you can visit are:

- Braxton Cann Memorial Medical Center - 5818 Madison Rd 45227
- Citylink Center - 800 Bank St 45214
- Crest Smile Shoppe - 612 Rockdale Ave 45229
- Elm Street Health Center - 1525 Elm St 45202
- Millvale at Hopple Street Health Center - 1750 Beekman St 45225
- Northside Health Center - 3917 Spring Grove 45223
- Price Hill Health Center - 2136 W. 8<sup>th</sup> St 45204
- Walnut Street Health Center - 1005 Walnut St 45202

With the Holiday season upon us, let us stay aware of making sure that our family and guests do not consume contaminated food. **The best way to prevent food poisoning is to do the following:**

- Wash your hands and food preparation surfaces often.
- Separate raw meat, poultry, seafood and eggs from ready-to-eat foods while shopping, when storing in the refrigerator and while preparing.
- Cook food at the right internal temperature to kill harmful bacteria. Use a food thermometer for accuracy.
- Keep the refrigerator below 40 F. Refrigerate leftovers within two hours of cooking.

**Symptoms of food poisoning** include diarrhea, vomiting, upset stomach and nausea. Visit your doctor

- if you experience a high fever (over 101.5F.)
- if you notice blood in your stool,
- if diarrhea lasts longer than three days,
- if vomiting is so frequent you can't keep liquids down and
- if you experience signs of dehydration (a decrease in urination, dry mouth and throat, dizzy while standing).

*Kimya Moyo, Health Liaison*

### LAW AND SAFETY:

Because of the fire at 4021 Rose Hill where lack of water pressure was a major issue, Vice Mayor Christopher Smitherman is very concerned about this issue, as are Councilmembers Amy Murray and Jeff Pastor. The Vice Mayor has asked for the topic to be presented at the **Law & Public Safety Committee** on **Monday, December 9<sup>th</sup> at 8:30 a.m.** (the meeting start time has changed from 9:00 to 8:30) The Agenda will be posted by 5 pm Friday [Here](#). Both Director Cathy Bailey (GCWW) and Chief Roy Winston (CFD) will be presenting the item for discussion by the committee.

To learn more about the fire, here several links:

- <https://www.cincinnati-oh.gov/fire/news/structure-fire-at-4021-rose-hill-ave-nort-avondale/>
- <https://www.fox19.com/2019/11/20/fire-ravages-vacant-house-north-avondale/>
- <https://www.cincinnati.com/story/news/2019/11/20/low-water-pressure-hampers-cincinnati-firefighters-north-avondale/4249554002/>
- <https://www.wcpo.com/news/local-news/hamilton-county/cincinnati/north-avondale/firefighters-called-to-stubborn-house-fire-in-north-avondale-wednesday-morninghttps://www.wlwt.com/article/fd-officials-investigating-cause-after-crews-battle-two-alarm-fire-in-north-avondale/29854426>
- <https://www.wlwt.com/article/fd-officials-investigating-cause-after-crews-battle-two-alarm-fire-in-north-avondale/29854426>
- <https://www.msn.com/en-us/weather/video/fire-damages-historic-home-in-north-avondale/vp-BBX469B>

We had a problem with fire hydrants and water pressure in September 2010 when John Jones and Byron and Vanessa White's homes on Marion burned down. <https://issuu.com/heathj/docs/september082010>

## NABA

- **It's Party Time!!** The North Avondale Neighborhood Association and NABA (our business association) have joined together to celebrate the holidays with you at the newly opened **Bar 29** (Formerly Sonny's All Blues Lounge) at 4040 Reading Road on **Friday, December 20<sup>th</sup> from 7 to 9 pm**. We'll provide the eats—warm appetizers from the Bar 29 menu. It's a cash bar, adults only, so leave the little ones in good care and join us for a warm social evening.

*Michael Caporale President NABA*

## FUN IN THE NEIGHBORHOOD

●The North Avondale community is invited to a local marionette performance of “**Amahl and the Night Visitors**” performed by Red Bud residents, **Mary Ohlinger-Pray, Ken Pray and their family**. The story is based on an opera written by Gian Carlo Menotti about The Three Kings, who are bringing gifts to a special child they heard was just born. They rest at the home of a woman and her child and during the night, discover the

true meaning of gift giving.

The free performance is scheduled for Thursday evening, December 19 and will take place at 3 Burton Woods, in The New School Montessori's Growing Room. Showtime begins at 7:00 p.m. and ends at 8:00 p.m. with a behind-the-scenes look at the operation. You may park in the school's lot and enter by way of the metal staircase. Streets participating:



● **Luminary on December 15th from 6 to 9 pm.**

- **Streets:** Avon Fields Ln, Avon Fields Pl, Beechwood, Betula, Burton Woods Lane, some of Clinton Springs, Lenox Place, Leyman, Red Bud (both sides), Red Bud Place, Rose Hill.
- **Activities:** There will be carriage rides on the Rose Hill - Beechwood loop



**HOLIDAY SALE!** **PUNCH HOUSE** ULTIMATE FITNESS TRAINING

**4 Free Classes**

Sale Ends Soon!

- Buy Any 3 Month Plan Get 4 Classes Free
- Buy Any 12 Month Plan Get 12 Classes Free

Call 513-692-5123 - [www.ThePunchHouse.com](http://www.ThePunchHouse.com)

● The Holiday Season is finally here! North Avondale neighbors can get their gym membership discounts today until New Years, January 1st. Save money and get 4 to 12 boxing for fitness and self defense classes for FREE at The Punch

House. Personal training, Fight training, Kids classes and more are available as well. Call us at 513.692.5123 or visit our website [www.ThePunchHouse.com](http://www.ThePunchHouse.com) for more information.

Tickets are on sale now for the **Battle for Ohio, Fire Fighters vs Police Boxing event @Bogarts on December 22nd**. This is a charity event to support all Cincinnati First Responders and is Sponsored by T-Mobile. We are raising money for the Cincinnati Fire Fighters Foundation and the Cincinnati Police Departments Blue Line Foundation. You can purchase discount tickets today at [www.BeerBoxing.com/tickets](http://www.BeerBoxing.com/tickets) or you can call 513.692.5123 for bulk ticket discounts.

**BATTLE FOR OHIO**

**FIRE vs POLICE**

Sunday, DECEMBER 22nd, 5:30pm @ BOGARTS

**BOXING EVENT** **CHARITY EVENT** **BOXING EVENT**

**RAISING MONEY FOR POLICE AND FIRE FIGHTERS FOUNDATIONS**

CINCINNATI, COLUMBUS, CLEVELAND, DAYTON, YOUNGSTOWN, TOLEDO, AKRON, CANTON, LORAIN, PARMA

CELEBRITY DJ **BOXING** AFTER PARTY 10PM

**DJ DAVEY C - CHARITY EVENT - GALLA PARK**

SPONSORED BY **T-Mobile** **USA BOXING**

TICKETS: [WWW.BEERBOXING.COM](http://WWW.BEERBOXING.COM) - CALL 513-692-5123

LOCATION: BOGARTS 2621 SHORT VINE, CINCINNATI, OHIO 45219

Thank You, We Appreciate your Business!  
Web: [www.ThePunchHouse.com](http://www.ThePunchHouse.com)  
Phone: 692.5123  
Address: 3911 Reading Road

## FROM YOUR NEIGHBORS

● **Free Books available to the members of the North Avondale Community!**

Ms. Simpson, Media Specialist, received a grant from the Literacy Network of Greater Cincinnati. The grant allows members of the North Avondale community to drop off books and pickup books at no charge! Also books are not checked out. Members of the community may drop of a book in the mail box or checkout the mail box to view what books are available for loan. Our mail box is located on Clinton Springs Ave. just up from the crosswalk. This process is on the honor system and is for everyone to enjoy.

A special thanks to our NAM parents, Mr. Robertson and Mr. Ward, for installing the mail box!

*Roger Lewis (NAM Principal)*

● **Jim Hart offers piano lessons at his home studio in North Avondale** and has a few openings for students as of

January, 2020. Jim is a Xavier professor of music and also teaches modern electronic music production and vocal music in jazz, pop, and classical styles.

*Prof. James Hart*  
*My cell 513.252.3366*  
[jameshartcole@gmail.com](mailto:jameshartcole@gmail.com)  
[hartj@xavier.edu](mailto:hartj@xavier.edu)

●My son Chris shared this program which **collects compost from people's home for \$30.00 a month**, which greatly reduces waste and supports sustainability. It is called **Better Bin** and it is now in North Avondale. I learned that there are some neighbors who already use this service, and I'd love to share it with neighbors as well. Their web site: <https://www.betterbincompost.com>

*Mary Ohlinger-Pray (Red Bud Ave.)*

●**Friends of Pamela Smitherman are collecting donations for a beautiful stone art carved bench in her honor.** The bench will be made by acclaimed artist, Karen Heyl, with a plan to install it near NAM and the North Avondale Recreation Center. It will be funded 100% through donations.

Anyone can donate by paying online via the NANA website using the button below. Check "Other" and designate "Pamela's Bench".

**Thank you for considering a donation for a beautiful work of art in NA in Pamela's name!!!**

*Beth Ewing (Winding Way)*

Donate For The Pamela Smitherman Memorial Bench

## RECYCLING TIPS

**The End of Meat and Dairy?** | Earth911.com

By all measures, commercially produced meat is bad for the environment. The most comprehensive study on the impact of food products to date, published in the journal Science, determined that a vegan diet is the single most effective way for individuals to minimize their environmental impact. But for meat lovers, tofu can be a hard sell, despite a centuries-long tradition of using it to create ...



[https://earth911.com/business-policy/the-end-of-dairy/?utm\\_source=New+Earth911+List+-+2015&utm\\_campaign=ea0b3f9cbb-EMAIL\\_CAMPAIGN\\_2017\\_10\\_07\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_5e8b4dc609-ea0b3f9cbb-167945677](https://earth911.com/business-policy/the-end-of-dairy/?utm_source=New+Earth911+List+-+2015&utm_campaign=ea0b3f9cbb-EMAIL_CAMPAIGN_2017_10_07_COPY_01&utm_medium=email&utm_term=0_5e8b4dc609-ea0b3f9cbb-167945677)

*Marian Miller (Red Bud)*

## AROUND THE NEIGHBORHOOD

### Alaska Avenue Redevelopment

Some of you may remember the controversy around the development on Alaska. The plan at that time was to put in a 90 Unit apartment building to house a targeted population of homeless persons. Due to hard work of Avondale and North Avondale residents, this initiative failed. To learn more information click here to view the [NANA NEWS November 2014 article](#)

To learn more about the current project: [www.growavondale.org/alaska-harvey](http://www.growavondale.org/alaska-harvey)

#### PROJECT DETAILS

Two-Story Homes (1,500-2,978 Square Feet)

Ranch Homes (1305-2,298 Square Feet)

Lot Sizes

Min 40' – Max. 75.5' width

Min 78' – Max 114' depth

Projected Sale Price

\$225,000-\$300,000



### Development Goals:

- Collaborate with Avondale Development Corporation, City of Cincinnati, Children's Hospital & The Home Ownership Center to increase home ownership in Avondale
- Provide new quality housing options for Avondale
- Provide 10 accessible homes to support the disabled and senior residents
- Work with Web Ventures to provide MBE/WBE subcontractors. We have a goal of 25%.
- Make Avondale a viable housing option for the more than 60,000 employees that travel to the Uptown area daily
- Connect Alaska and Harvey with new street.

### Development Team:

- Titan Real Estate Group, Lead Developer and General Contractor
- Avondale Development Corporation, Co-Developer
- Kenneth Bowerman, Architect
- KDH Consulting Engineers, Civil Engineer
- Spring Valley Bank, Mortgage Banker and Underwriter
- Aronoff, Rosen & Hunt, LPA, HOA documents and real estate counsel

## LIBRARIES, PARKS AND RECREATION

- North Avondale Recreation Center - 617 Clinton Springs Ave. 513.961.1584



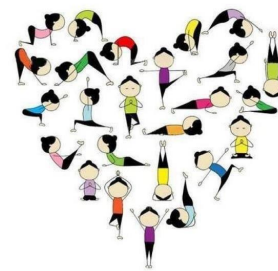
- **Hours of Operation:** Monday - Friday: 11:00 am to 9:00 pm, Saturday 9 am - 3 pm Closed on Sundays.
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year

- **Just Be Connected Yoga With Kimberly**

- Mondays from 7 to 8 pm
- Yoga is for everyone who can breathe.
- All levels welcome
- First class \$5.00 Regular class \$10
- To let me know if you are coming Text me at 513.884.0297
- Mats and blocks provided
- email justbeconnectedyoga@gmail.com

- **Hip Hop Fitness With E'lyse**

- Mondays 6:00 to 7:00pm
- Wednesday's 6:30 to 7:30pm
- Admission \$5.00 - first class free
- Fun, upbeat cardio aerobics to hip hop music.
- 3 rules
  - have fun
  - no judging and
  - only competition is yourself
- No sigh ups! Just come and have fun!
- Classes originally taught at Walnut Hills High School
- Email: hiphopfit513@gmail.com E'lyse Hill



### Welcome to Tammi Nuber

- Started as a Lifeguard with CRC in 1985 and have worked my way up to Service Area Coordinator.
- I have worked in every center on the west side as well as Lincoln Center in the West End and Winton Hills.
- Went to Walnut Hills, Ohio State and Mt. St. Joseph
- I am an avid sports fan, still play Softball and Soccer as I have all of my life.
- I love to travel and I've been all over the globe.
- My Brother lives in South Bend with my sister in law and my niece and nephew who are my heartbeats.

- I'm really looking forward to working in North Avondale and bringing new and different opportunities to it's residents. My team and I are up for the challenge and look forward to getting to know you all better.

*Tammi Nuber*

*Service Area Coordinator - North Avondale*

- [Winter Program Guide](#)

**Youth Floor Hockey**  
at North Avondale  
617 Clinton Springs Ave, 45229

**Boys and girls ages 6-12 years old  
5-week league starts January 10, 2020  
Championship game on February 22, 2020**

Games will be Fridays 6:30pm, 7:45pm, and Saturdays 1:30pm

60 spots available  
\$25.00 fee/child.

Register at: <https://cincyrec.regfox.com/floor-hockey>  
For more information please contact 961-1584 or  
Matthew.Brown@cincinnati-oh.gov.

CINCINNATI

**Ultimate Football**

Athletics Dept.  
North Avondale Recreation Center  
617 Clinton Springs Ave  
Cincinnati, OH 45229

League Begins  
January 11, 2020 through  
February 22, 2020

5 week season plus Championship  
For boys and girls ages 6-12

Saturday game times:  
2:45 p.m. / 4 p.m. / 5:15 p.m.

60 spots available

Registration Fee:  
\$25 per child  
(includes T-Shirt)

Register Online: <https://cincyrec.regfox.com/ultimate-football>  
For more information please call 961-1584 or email Matthew.Brown@cincinnati-oh.gov

North Avondale Recreation Center • 617 Clinton Springs Ave, 45229 • 513.961.1584

**Move+Stretch+Balance**



Move + Stretch + Balance  
Senior Cardio Fitness Class  
Low Impact /Light Weights  
Stretching / Balance

Where: North Avondale Recreation Center  
When: Dec 2nd- Feb26th Mondays and Wednesdays,  
10:30 AM-11:15 AM

Cost: \$2 plus membership  
Contact: Brittany Barrett for more info @ 513.961.1584

No class: Dec 23/25/30, Jan. 1/16 and Feb. 17

cincyrec.org

CINCINNATI

513.961.1584

https://cincinnati-oh.gov

Facebook

Twitter

Instagram

LinkedIn

● **Hirsch Recreation Center - 3620 Reading Road • 751.3393**

- **Hours of Operation:** Monday - Friday: 9:00 am to 9:00 pm; Saturday 9:00 am - 3:00 pm; Sunday 11:00-5:00.
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$20.00/3 months, \$70.00/year
- [Fall Program Guide Click Here](#)

●Join us for a “Green Up Day” in the middle of winter. On **Dec. 7, 10am-noon**, help Avon Woods Nature Preserve remove harmful invasive plants such as winter creeper and honeysuckle and stay after for a pizza lunch. [REGISTER HERE!](#)

Come join us at the **Wolff Planetarium in Burnet Woods for a show: Holiday Skies on Dec. 6 or the Secret Life of Stars on Jan. 17.** Programs are open to adults and children ages 5 and older accompanied by an adult. Fee: \$5 per person, per show. Seating is limited; call 513.751.3679 for registration and payment.

**School Break Day Camps for Kdg-3rd: Blizzard Blast Day Camp at Trailside Nature Center in Burnet Woods, Dec. 29, 9:30-2:30.**

Register online: <https://explorenature.regfox.com/winterbkcamp> and

**Wildlife Mysteries Day Camp at Avon Woods Nature Center, Jan. 20, 9:30-2:30** (register online: <https://explorenature.regfox.com/2020-school-break-camps>).

*Rachel Rice | Nature Next Door Outreach  
Cincinnati Parks, Avon Woods  
4235 Paddock Road, Cincinnati, OH  
513.861.3435 | [rachel.rice@cincinnati-oh.gov](mailto:rachel.rice@cincinnati-oh.gov)*



● **The Cincinnati Public Library**

For Monthly Activities at the Avondale, Norwood and St Bernard Libraries [Click Here](#)  
(limit calendar to the branch of your choice for their monthly updates)



**NORTH AVONDALE SCHOOLS**



North Avondale Montessori • 615 Clinton Springs •  
363.3900 • [www.namrockets.org](http://www.namrockets.org) [NAM Brochure](#)  
[NAM Preschool Brochure](#)

**NAM December & January Calendar of Events!**

- 2 - ILT Meeting - 2:30 pm - Art Room
- 3rd - LSDMC Meeting - 5 pm - Media Center NAM-Foundation Meeting - 6 pm - Cafeteria
- 5th- NAM Father Group Meeting - 7 pm Wiedemann Brewery 4811 Vine St.

18 - Winter Concert - 6 pm - Gymnasium

20 - End of second quarter. Last day of classes prior to winter break.

6 - Classes resume at NAM!

ILT Meeting - 2:30 pm - Art Room

7 - LSDMC Meeting 5 pm - Media Center NAM-Foundation Meeting - 6 pm - ELA

9 - NAM Fathers Group Meeting - 7 pm - 4811 Vine St. Wiedemann Brewery

10 - Grade cards go home with our students!

16 - Brain Bowl Match - Dater at NAM - 4 pm - Cafeteria

20 - Dr. Martin Luther King, Jr. Day - No school

30 - Brain Bowl Match - Sands at NAM - 4 pm - Cafeteria

31 - 9th Annual NAM Talent Show! 6 pm - Cafeteria All proceeds benefit grade 6 students going on the Spring Washington, D. C. Field Trip!

### **NAM Wins First CPS Championship Cross Country Meet!**

Congratulations to the NAM Boys and Girls cross country teams for winning the first CPS Cross Country Championship Meet on **Thursday, October 17th** at 5:00 pm at Burnett Woods. Coaches: Mr. Napier/Ms. Davis Please see the results listed below.

#### **Cross Country For Youth Girls' Individual Results**

2 Natalia R 3 Coco K 6 Indigo K 7 Taylee D 9 Noelle B 10 Brailee F 12 Taylor L

#### **Cross Country For Youth Girls' Team Results**

1 Natalia R 2 Coco K 3 Indigo K 4 Taylee D. 5 Noelle B 6 Brailee F 7 Taylor L

#### **Cross Country For Youth Boys' Individual Results**

1 Braeden M 2 Lucas C 6 Landon M 7 Henry M 8 Wyatt D 9 Calvin M 10 Elliot U 14 Giovanni B 15 Weston G 23 Brian 29 Kassius B 30 Emmanuel T

#### **Cross Country For Youth Boys' Team Results**

1 Braeden Myrick 2 Lucas Cole 6 Landon Masur 7 Henry Morrison 8 Wyatt Donaldson 9 Calvin Mckelton 10 Elliot Underhill



### **2019 Grandparents is a Huge Success!**

On Tuesday, November 26, North Avondale Montessori School hosted their 10th annual Grandparents Day. **Over 290 people attended** the event with the emphasis on student performance and grandparents spending time with their grandchildren in the classroom.

The NAM choir and Orff drum line performed to the delight of the crowd. Students sang holiday songs getting the audience ready for Thanksgiving and the upcoming Holiday Season. Over 100 students entertained the NAM guests with their wonderful voices and drumming skills.



"Our students did fantastic today with their performances. Mr. Barnfield, Choir Director, did a wonderful job preparing our students and I am sure our grandparents were very pleased with the music," said Principal Lewis.

The event was emceed by Camryn W. who delighted the crowd with her charming personality and wit. "With these type of events we always try to involve our students. I want them in the limelight and an opportunity to provide them with leadership experiences," said Principal Lewis.

"I am very proud of how my students performed today. Our choir sounded great and the drum line was awesome! Performing in front of 300 people will get us ready for the upcoming concert on **Wednesday, Dec. 18**, at NAM," said Mr. Barnfield.

**The NAM Winter Concert will begin at 6pm in the gym. Everyone is invited at no charge.**



*Roger Lewis, NAM Principal*



**The New School Montessori (TNSM)**

● 3 Burton Woods Lane ● 281.7999 ● [www.newschoollmontessori.com](http://www.newschoollmontessori.com)

**Nurturing the Whole Child**

The New School Montessori is the only school in Cincinnati making homemade healthy lunches for students and staff every day. No pre-made meals. Nothing merely warmed up. Study after study shows the importance of nutrition in brain development and social/ emotional growth. As a school committed to the development of the whole child, we see our lunch program as the fuel to our passion for helping children realize their brightest potential.

Our new Food and Sustainability program deepens the relationship between our students, the earth, and what they eat. Students are encouraged to make nutritional choices, learning about various protein sources available for lunch that day as well as fruit and vegetable options they can choose from.

The 5th graders pictured here have spent some time prepping greens and veggies for fresh salads. These students have gained a hard-won appreciation for all that is required to prepare healthy food for healthy eating.



**The New School Montessori invites you and your family to visit our Open House on January 26 from 2:00-4:00 p.m.** Children are encouraged to explore the Montessori materials in the classroom and to tour the campus with you. We embrace diversity - valuing differences in race, culture, family, and thought. We serve students ages 3 through 6<sup>th</sup> grade and offer extended-day until 6:00, full-day until 3:00 and half-day programs.

**Marionette Performance of “Amahl and the Night Visitors” at TNSM – Thursday, Dec 19, 7pm.**

*Ann Baumgardner, Communications Director*

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## **WELCOME NEW NEIGHBORS**

- Daniel W Flanigan & Shatesha Scales at 3983 Abington Ave.
- Charles D Frank & Amy L Snyder at 20 Burton Woods Ln.
- Joseph Edward Bohache at 1024 Marion Ave.
- David Lukshus at 3896 Reading Rd.
- Monica Jackson at 3900 Rose Hill Ave.
- Basler & Hecker Building LLC at 3940 Warwick Ave.
- Christopher Jindra & Kelly Geig at 3959 Warwick Ave.
- Julia L & Michael C Dunn at 203 Wedgewood Ave.

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## FROM THE CITY

● **The Cincinnati Police and Fire Departments are joining forces this holiday season.** My name is Danny Calhoun of The Punch House Boxing Franchise in Cincinnati, Ohio. The time has finally come in order to bring a positive light on All First Responders in Ohio and hopefully nation wide. We have partnered with “T-Mobile,” as our major sponsor and we will be hosting a charity BOXING event in Cincinnati, Ohio on **December 22nd, 2019**. This event will feature Fire Fighters and Police Officers from across Ohio.



T-Mobile and members of our community's Police and Fire departments will be on site to support the Punch House's 1<sup>ST</sup> Annual “ Battle for Ohio, Fire Fighters vs Police Boxing event. This is a charity event that will benefit the Fire Fighters Foundation and the Blue Line Foundation while bringing awareness and appreciation to our First Responders in the spirit of the Holiday season.

The Punch House and our partners would love to have your station as a supporter for this event. Any level of support and exposure from your organization would be greatly appreciated. Our event is an urban enrichment project as well as an awareness cause. We ask that you join us to help get the word out through any resources that you may have available.

### **About the Event:**

Host: The Punch House

-Day: December , 22nd 2019

-Time: 5:30-9:30pm

- Event Name: Battle for Ohio - Fire Fighters vs Police

- Urban Community Enrichment Event

- Location: Bogarts, 2621 Short Vine, Cincinnati, Ohio

- Supporting Partners: T-Mobile/Cincinnati Police Dept/ Cincinnati Fire Dept

- Live filming during event

- Charity: Fire Fighters Union/ Blue Line Foundation

- Live Boxing Event



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## NANA CALENDAR

- **Tuesday, December 10, NANA General Meeting, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.**
- **Luminary, Sunday, December 15 from 6 to 9 pm**
- **Holiday Gathering at Bar 29. Friday, December 20 from 7 to 9 pm 4040 Reading Road**
- **Tuesday, January 14, NANA General Meeting, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.**

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***Cincinnati's Best Address with Beautiful Homes, Great Neighbors & Civic Passion***

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## NANA EXECUTIVE BOARD AND COMMITTEES

President: Ethan Perry

1st VP: Heather Herr

2nd VP: Jimmy Musuraca-Messer

3rd VP: Sarah Henderson

Corresponding Sec.: Rick Ruehlmann

Recording Secretary: Lesley Chapman

Treasurer: Doug Louder Jr

Block Watch: Carolyn Gillman

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Pedestrian Safety: David Emery  
Strategic Development: David Emery  
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**Join Block Watch Group - Email Carolyn**  
**Gillman**

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[Email Group](#)

**North Avondale Parents & Friends**  
**Facebook Group**

**Coyote Information 1**

**Coyote Information Walking Your Dog**

**Coyote Information 3**

[Coyote Information 4](#)

[Neighborhood Safety Tools](#)

[Safety Tips](#)  
[Safety, Health & Block Watch](#)

**Important City**  
**Numbers/Emails/Websites**  
**Request City Services**

[A 2019 Green Recycling Schedule](#)

[Hamilton County Recycling - Learn](#)  
[Where to Recycle Items](#)

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