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Volume LVI No. 4 President: Marvin Masterson Editor: Charlene Morse

PRESIDENT'S MESSAGE



Dear neighbors,

As this is the first *NANA News* published in 2017, I would like to wish everyone a Belated Happy New Year. I hope that you and your families had a memorable holiday. NANA

started 2017 off very well. We were very pleased to have Hamilton County's new commissioner, Denise Driehaus, speak at your January meeting. Commissioner on er Driehaus indicated that she appreciated the opportunity to address NANA's general body.



Additionally, on behalf of our Treasurer, Steve Megerle, and myself, we would like to thank former NANA President Hanne Larsen and Recording Secretary, Carolyn Gillman, in assisting with the transition over the last several months. This is another shining example of how NANA neighbors support our great organization.

I would also like to take this opportunity to acknowledge our very own NANA member, Linda Thomas. Linda has been nominated by Mayor John Cranley to serve on Cincinnati's Park Board. The Cincinnati City Council will be voting on this nomination on Wednesday, February 8, 2017. We wish Linda continued success.

Finally, as we look to 2017, there will be many ways for NANA members to engage. As you will see in NANA's Strategic Development update (pg.2), there will be opportunities to assist that committee with a few projects. Our **NANA Nominating Committee for the 2017-2018** slate is also forming (see *Committee Updates pg. 2*). Additionally, we will be planning some neighborhood social activities so stay tuned! It is our hope that more NANA members will get involved and help us in our efforts to continue to make North Avondale *Cincinnati's Best Address*!

I look forward to seeing you at our next NANA meeting on February 14th where we will have some Valentine treats to sweeten the meeting!

Marvin Masterson



AROUND THE NEIGHBORHOOD

Thank you to Marvin, & Nina for getting the cookies and Michael & Nina Caporale for delivering them!









Community Garden, Burton at Reading (behind the park). We would like to encourage those who love to have a garden plot contact us at 513.281.2103 (Cincinnati Christian College, 3663 Reading Road). Below is a sample

(Continued on page 3)

Come To Our NANA General Meeting Tuesday, February 14, 7:00pm



NA Cafetorium
AGENDA



- Councilman Chris Seelbach
- Advertising Benches Michael Moore, Director, Department of Transportation and Engineering
- Lydia Stec, President Clifton Business and Professional Association
- City Monthly Reports (Police, Fire & Recreation Center)
- NANA Committee Reports
- Valentine Sweets!



NANA COMMITTEE UPDATES

BEAUTIFICATION

It's so nice to have a new year started with great ambitious ideas and a positive outlook of our neighborhood. We continue to be the best address in Cincinnati because of the people that we are as a community. We have the privilege to make the good things happen for the community with generous support of volunteers. There's plenty of room for more and it's always nice to make new friends in your neighborhood.

Beth Ewing has graciously stepped up to fund raising for the flower pots, partnering with the Park's cost sharing program, and for general beautification needs.

This year beautification volunteers gathered at **Avon Nature Preserve on Sunday January 22nd** for our kick-off meeting, lunch and desserts. We set the dates for Great American Cleanups (GAC) with kick-off **Saturday, April 8th**, followed by Parks Green-up Day at both Seasongood Square Park and MLK Park along with another GAC date for **Saturday, April 29th** from approximately 9am -12



n o o n, registered through K e e p Cincinnati Beautiful (KCB).

Many thanks to attendees: Nina Caporale, Beth Ewing, Edie Gaudio, Emily

Harten, Jennifer Harten, Teresa Harten, Ursula Hassel, Richard Jackson, Regine Moulton, Janet Neidhard, Mary Piper, Maura Wolf, and Ann Wong.

Both efforts in April need many community volunteer leaders to guide the University of Cincinnati students that volunteer to help us. As of this moment I have 100 volunteers for both dates from UC. Hopefully we can get some XU students too.

I plan to get the super cans/dumpsters delivered to our neighborhood one of 2 Dates: April 22nd or the 29th. The location of the dumpster or dumpsters and date will be posted in plenty of advanced notice for you to clean out your yards/homes of large items.

This year Maura Wolf, Mike Caporale & I worked on two KCB award submissions for our 2016 multi-event GACs and for our Walkway Safety Enhancement and Beautification project partially funded through KCB's/city of Cincinnati Safe and Clean Grant, and a very generous match by Richard Jackson, not to mention several volunteer hours. Maura Wolf polished the submissions up with her expertise in writing these; Mike was helpful adding his flair in this effort too. I am thankful and grateful for the award of recognition in the recent past. This was due

to the generous support of the community. Thank you!

We welcome and look forward to working with Mary Huttlinger, the new Executive Director of Keep Cincinnati Beautiful. There is also a new submission process for awards and a new location for the awards ceremony. The event is February 23rd at the Clifton Cultural Arts Center 5:30 to 8:30pm. RSVP required.

If you can volunteer, please contact me at nanacincinnati@gmail.com. We need you!
Thank you,

Emily Harten, Chair

HEALTH & WELLNESS

It has been reported that Hamilton County is "ground zero" in the heroin epidemic, the No. 1 County in the No. 1 state for overdoses. This is serious and affects every person. The Cincinnati Health Department is in discussions to partner with firefighters and police officers to fight the crisis. Talks are still being held but it is possible that the health department can relieve first responders to allow them to return to law enforcement and fire fighting. Once Narcan has been administered, the health professionals can step in and provide needed health care, allowing the police and fire officers to move on. If this becomes a reality, it would provide a great model for other cities showing coordination among city agencies to combat this devastating issue.

DID YOU KNOW?

The Cincinnati Health Department school-based health centers provide the following services to the community: heath screenings, flu vaccinations, eye exams, primary medical care, mental/behavioral health care, dental/oral health care, health education, substance abuse counseling, case management and nutrition education. There are 13 school-based health centers in Cincinnati: Aiken, Academy of World Languages, Roll Hill, Ethel Taylor, Oyler, Taft High, Children's Home/Shroder, West High, Dater High, Riverview East, Mt. Airy, JP Parker, Roberts Academy, Withrow.

Kimya Moyo, Health Department Liaison

2017-2018 NANA NOMINATING COMMITTEE:

The Nominating Committee chaired by Tiffani N. Tribble is forming and is gathering names for the Nominating Committee (Carolyn Gillman has already agreed to serve) and the 2017/2018 slate of elected officers for the North Avondale Neighborhood Association. If you are interested or have anyone to suggest, come to the NANA General Meeting or call the NANA answering machine at 401.4546 or email nanacincinnati@gmail.com.

STRATEGIC DEVELOPMENT

Master Plan Update: Members of our Master Plan Update Committee met with City of Cincinnati representatives to kick-off the process of updating North Avondale's Master Plan, which will help guide development. One of the first steps in this process is developing a Steering Committee with representation from residents, businesses and community assets/partners (such as Xavier University, the Police Department, etc.). If you have any suggestions for the Planning Steering Committee (which should contain ~10-20 individuals) and/or would like to be involved in the Master Plan Update

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(Continued From Committee Updates -page 2)

Committee, email me at nanacincinnati@gmail.com.

Additionally, there are many fruitful conversations occurring on Nextdoor North Avondale under the post by Jack Wolking Great Article on North Avondale (mentioned in next column). To offer insights into other development ideas, please add them to the conversation chain and stay engaged in the future of North Avondale! Thank you.

Ian Smith, Chair, Master Plan Update Committee

3864 Reading—Rubel House: Attention interested parties in helping us restore the Rubel House (designed by renowned architect Samuel Hannaford). We are looking for Structural Engineers specializing in historic properties who would provide a "Work Plan" to stabilize this property, preferably as in in-kind donation (partial discount or otherwise) to NANA (501(c) 3 charitable donation), please contact Maura and Tiffani nanacincinnati@gmail.com.

Tiffani N. Tribble and Maura Wolf, Co-Chairs

FUNINTHE NEIGHBORHOOD

Below are the details of our newest promotion where North Avondale residents can get a discount on our services using promotional code [punch10avondale]

The Punch House Ultimate Fitness Training is offering Unlimited Classes for 1 week! This deal is for the first 20 people at our North Avondale facility. People will learn the techniques of a professional boxer along with self defense moves and strength training exercise moves! Signup for only \$10 at: www.ThePunchHouse.com today. This deal is for a limited time and only the first 20 people qualify! Also use promo code [punch10avondale] for 10% off any membership. Go Punch House!



≈Thec

Cincinnati Diamonds are having sign ups for girls fast pitch softball throughout January and February, for girls ages 7 through 14 years of age interested in playing this up coming spring/summer, please contact Co. Nina 513.307.7702.

Coach Nina Woolfork (Glenwood)

(Continued from page 2) of produce grown in 2016.











Thank you, A. H. Johnson

There was an wonderful article concerning North Avondale in BEST Magazine. Look at pages 7 to 13, then 29 and then http://go.epublish4me.com/ebook/ebook? id=10092116#/6

Also view the YouTube from Comey & Sheperd with Beth Ewing (Winding Way). https://vimeopro.com/ user17597713/the-community-movies/video/191519523

FROM YOUR NEIGHBORS

lare a problem and am hoping that you can suggest a course of action. I live on Avondale Ave. by Winding Wav.

Over the past several weeks my sleep has been interrupted by what sounds like low level frequency rumbling noises which can persist for hours on some nights or are not to be heard at all on others.

I have lived here for over 35 years and this is a new phenomenon. I can't determine the source. I have considered increased traffic noises, road construction, new flight plans, generators, and even transformers or cell phone towers.

I don't know if others are having this experience or if it is unique to my specific location. The rear of my home backs a large woods and Victory Parkway. Several years ago homes in this location were being subjected to loud music coming from XU commons during their festivals even though the noise level at XU seemed reasonable.

Kaleel Skeirik, then neighbor and professor of music at XU did a study and determined that the area behind our homes was acting like a soundboard magnifying the intensity of the sound. He worked with XU to resolve the issue.

I don't have any evidence that these sleep disturbing noises are coming from XU however, the pattern is quite similar. The intensity of the noise is loudest in the back of the house where my bedrooms are located and can't be heard in the front.

I would appreciate any help or suggestions you might have.

Beverly Konicov (Avondale Ave.) bdk2@fuse.net

FUN WITH YOUR NEIGHBORS

≈Daddy-Daughter Dinner Dance

The Cincinnati Herald's Annual Daddy-Daughter Dinner Dance is Saturday, Feb. 11, 6 - 9 p.m. at Duke Energy Convention Center. Enjoy a night of dinner, dancing, prizes and a professional keepsake daddy-daughter photo for only \$5/daughter and \$15/dad. Tots to teens and beyond -- all are welcome. Go to www.TheCincinnatiHerald.com.

Jan-Michele Lemon Kearney (Lenox Ln.) Publisher Cincinnati Herald



For more information and to register https://gcul.ejoinme.org/MyPages/2017AnnualMeeting/tabid/834829/Default.aspx

For The Love Of Your Community, Benefiting Community Shares





We hope you will join fellow supporters and friends of Community Shares and celebrate our "love of the community".

Live Auction with Brooklyn Music by DJ Thaddeus Comedy with Sweett Biscut

Menu selections include: Top Round of Beef, "Gateway to the South" station, Made-to-Order Stir Fry, and Desserts

Two Complimentary drinks with ticket purchase includes local beer and wine selections, Full Call Bar \$5 Valet Parking Available

Community Shares thanks Ryan Messer and Jimmy Musuraca-Messer (Marion Ave.) for their generous auction donation in the south of France .

The Literacy Network hosts their 6th annual Handbags for Hope event on the evening of Thursday, February 23, 2017. Handbags for Hope welcomes people across the tri-state to the Cincinnati



Club for a memorable evening to celebrate literacy in our city. The night will entail cocktails, dinner, raffles and a live and silent auction. B105's morning show will be in

attendance to present the 2017 Hope Award winner.

Tim Goldrainer of "The Menus" will serve as Master of Ceremonies to get guests in the bidding spirit as guests raise their paddles for brand new designer handbags including: Louis Vuitton, Michael Kors, Tory Burch, Kate Spade, Coach and many more!

All of the raffles from last year are back, with valuable prizes from Macy's, Diamonds Rock and more. New this year is the *Louis Vuitton Raffle*, in which one lucky person will win a \$990 Louis Vuitton. Also new this year is the *Golden Ticket Raffle* where the winner has the opportunity to choose any handbag up for auction.

Get your tickets before they sell out! Reservations required and the \$60 ticket includes dinner and two drink tickets. Complimentary parking, courtesy of Busam Nissan, is available in the Garfield Garage. To make reservations, donate an item or learn more about sponsorship, call 513.621 -READ (7323) or visit www.lngc.org.

Facilitators Needed for Neighborhood Summit

2017 NEIGHBORHOOD SUMMIT building equitable futures

Improve your skills while helping build equity for all Cincinnati neighborhoods

WHAT: On March 11, 2017, the Neighborhood Summit will conduct a grand experiment in community engagement, providing attendees with an opportunity to co-create a vision for neighborhood equity and plans for how to achieve it. Over the course of the day, Summit attendees will have an opportunity to explore an equity challenge through a design thinking lens. Design thinking is a creative approach to problem solving where the wants, needs and assets of those experiencing inequity remain in constant focus. In small working groups residents across communities will explore an equity issue, identify opportunities for change, brainstorm creative solutions and plan steps for moving those solutions forward. This format will require table facilitators who will manage small groups of 6 and topic facilitators who will manage the flow of the design process and ensure small groups are on task.

WHO: We are seeking twenty-eight table facilitators and seven topic facilitators to work with the design team to implement the process. Table facilitators need only basic facilitation experience to keep the dialog moving and everyone engaged; topic facilitators require more experience to assist 3-4 table facilitators and help manage the flow of the whole process.

A process flow chart, table instructions, and facilitation materials will all be provided -- you just need to attend a short training session, and follow the facilitator guide during the session. All facilitators will be supported by the design team and each other.

HOW: If you are interested contact Jeffrey Stec (jeffreystec@gmail.com) or Sarah Corlett (sarah@d-impactorg). Mark your calendar for the facilitator training on Thursday, March 9th 6 - 7:30 pm at the Fire Museum of Greater Cincinnati. Pizza will be provided.

Sarah Corlett, Design Impact Director, Community Development and Strategy Office: 513.766.1089

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IN MEMORIAM

William A. Starr died peacefully Sept. 14 after a brave and stoic existence with amyotrophic lateral sclerosis (Lou Gehrig's disease). He was 75. He is survived by his loving family: his wife, Cynthia (nee Morris), of 31 years, children Catherine and Brian, brother



Richard, sisters Marybeth Rainey, Margaret (Bill) Larson and Anne Marie (Doug) Bailey, and 8 nieces and nephews. Preceded in death by his parents, William and Elizabeth (Timko) Starr, and his brother Robert.

Mr. Starr graduated from Xavier University, where he played on the baseball team. He loved his work as a telecommunications consultant and continued working until illness prevented him from doing so. He was born in Cleveland but made Cincinnati his home. He especially loved the arts, the Reds, Xavier basketball, the Western & Southern tennis, the Comisar restaurants and Jean Robert. His legacy includes his role in the founding of the ALS Fund at the Mayfield Education & Research Foundation and the Alzheimer's gala at the University of Cincinnati Neuroscience Institute. The Starr family thanks all the friends, colleagues, clinicians and other angels who helped them navigate the difficult process of living and dying with ALS, which has no cure.

Memorial tributes may be sent to the Cincinnati Opera (Music Hall, 1243 Elm Street, Cincinnati, OH 45202) or the Cincinnati Symphony Orchestra (1241 Elm Street, Music Hall).

Published in The Cincinnati Enquirer on Sept. 18, 2015 -

Editor's Note: As I was in Japan when he passed, I missed it and did not include his obituary in the NANA NEWS. The Starr family is a lovely family and has always been a wonderful asset to our neighborhood. Please accept our overdue condolences.

NEW NEIGHBORS

- Christina Thierbach at 3964 Ardmore Ave
- Ronda Mae Smith & James R Foster at 745 Avon Fields Ln
- Jennifer L Heisey at 4003 Beechwood Ave
- Elizabeth Ernsell at 10 Burton Woods Ln
- •Daniel McCarthy at 53 Burton Woods Ln
- •Dana Ave Properties Llc at 915 Dana Ave
- James Abubakr at 687 Gholson Ave
- •Living Solutions Llc at 332 Glenwood Ave
- •Chad Peyton at 121 Mary Ln
- Noyes Property Management Llc at 207 E Mitchell Ave
- •Sunit Venture Corporation at 517 Norway Ave
- Al Zubi Investments Llc at 4030 Reading Rd
- Timothy J Spitzmiller at 3986 Rose Hill Ave
- •Paul S & Amandeep K Sian at 3954 Vine St

EDUCATION/LEARNING OPPORTUNITIES

The African American Chamber is launching the 3rd Sudduth Society class in February. We would like to invite you --or someone you know to apply for the program by completing this online application.

The Sudduth Society allows you to dedicate 90 minutes a week over a 15-week period to focus on the finer points of growing your business. Topics include Team Building, Social Media, QuickBooks, Vision & Mission, Goals, Sales, and many more topics.

Each session is expert-led and informal so that you may get your specific needs met. Moreover, we have the flexibility to add classes customized to the goals of each group.

Go to WCPO.com for an article about the program.

In the most appealing part of the program, consistent with the AAC's mission, we connect you to corporate and government procurement professionals to both mentor you toward and engage you in opportunities with their organizations. Firms that have participated have seen double -digit revenue growth.

Should you have any questions please contact the program manager Keith Schneider at keith@startatsquare1.com.

& "The Growth Movement LIVE" presents:

S.E.E.K. Y.O.U. workshops –#TeenQueens Edition TAKE CHARGE OF 2017 and...

Allow your daughter(s) between the ages of 13 and 17 years old to experience a series of monthly, life giving, after school workshops offered by Motivational Speaker and Transformational Coach: Ms. Vaun Mitchell.

These workshops are intended to encourage and empower your #TeenQueen(s) as well as assist them in aligning with the greater need for self-love and sisterhood. Topics shall include: hygiene, self confidence, professional skills, academic excellence, respect for self and others, and the like

These workshops are currently FREE OF CHARGE, open to the public, and are being held at a public library near you*, therefore, SPACES ARE LIMITED!!!**

Please submit any workshop inquiries and requests for authorization forms to: seekyouworkshops@gmail.com.

*: Mon. January 16, 2017, 3:30pm – 5:30pm --- Walnut Hills Branch Library (Lunch provided by: Brad & his team from the SUBWAY at 2967 Gilbert Avenue 45206)

*: Tues. January 17, 2017, 3:30pm — S:30pm — Norwood Branch Library (Lunch provided by: Debbie & her team from the ANGILO'S PIZZA at 2649 Robertson Avenue 45212)

*: Wed. January 18, 2017, 3:30pm – 5:30pm — Avondale Branch Library (Lunch provided by: Vicki & her team from the HOOK FISH & CHICKEN at 3500 Reading Road 45229)

**: In an effort to keep the workshop intimate, only twelve (12) #TeenQueens will be accepted per workshop. So register your child TODAY!!!

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NORTH AVONDALE MONTESSORI 363.3900 • 615 Clinton Springs www.namrockets.org

NAM February Events

- 3 3rd Quarter Midterm Reports go home with students.
- 6 No School
- 7 PTO and NAM-Foundation Meeting -6 pm Cafeteria
- 9 Parent-Teacher Conf. night 4 PM to 7 pm Appt. Only!
- 10- Dad's and Doughnuts Breakfast 7:15 am to 7:45 am Gym
- 14 NANA Meeting Cafeteria 6:30 pm
- 20 President's Day! No School
- 21 Spring Picture Day!
- 24 Black History Program 1 pm
- 28 LSDMC Meeting 2:30 PM Media Center -Movie Night! 6 PM - Gym

2017 NAM-Talent Show Huge Success!

On a cold Friday, January night in the NAM cafeteria, the students of NAM performed in the annual talent show. Students showed off their talent by dancing, singing, playing musical instruments, and doing improvisation pieces. Over 75 students participated in the talent show in front of a full house. "This is by far are largest crowd for our talent show. I would estimate around 200 people came to support our students," said Principal Lewis. "The goal of the talent show is two fold. First the money we raise will go toward the grade 6 Washington, D.C. annual spring field trip. Secondly this event provides our students with stage experience and performing in front of a large audience. Our parents did a remarkable job in not only being supportive, but supplying us with the desserts," said PTO President, Page Seck. Students auditioned their acts in front of a committee and were allotted 2 minutes to perform. After all acts were screened, students were notified what time they performed. "Ms. Dangerfield and members of her family, along with many other NAM parents, came together to make this event happen. In Montessori we share responsibility and want as many students and parents involved as possible. this was another outstanding show produced by our students with parent input," said Principal Lewis. "This is at least the 4th show I have been working and by far the overall best! We raised \$1,500 for a worthy cause and am excited to reflect and make adjustments for next year," said Missi Kershner, NAM parent!











https://www.youtube.com/watch?v=-6u8hW5FG8g

Roger R. Lewis, Principal



THE NEW SCHOOL MONTESSORI (TNSM)

281.7999 • 3 Burton Woods Lane www.newschoolmontessori.com

TNSM teacher, Johnnyé White, invited Stephanie Rechtin to be a guest speaker.

Johnnyé often brings speakers to her elementary Appreciating Difference Classes to encourage children to learn about people's differences and to be comfortable asking questions.



Stephanie Rechtin was born with cerebral palsy and Asperger's. Although speaking, walking and visual processing are more difficult for Stephanie because of her disabilities, she says that other tasks come quite easily for her. For instance, Stephanie was reading at the age of 3 and attended school with her peers, studying English and psychology in college.

Just like all of us, Stephanie uses gadgets to help her in areas where she is weak. She uses a wheelchair when her muscles are too tired to go the distance using her crutches. She uses the GPS on her cell phone, as many of us do, to help her find her way to places she wants to go. Since she has trouble with focus and can forget that it's time to go home or to remember to eat, her cell phone sends her helpful reminder messages throughout the day.

Stephanie shared a message with the children that we all have things we're good at and things we need help with. She encouraged the students to ask for help when they need it and to use gadgets to assist them in achieving their independence and goals.

Ann Baumgardner, Marketing & Communications Director

YOUR OPINION COUNTS

⋄Opportunities to Weigh In on the Next Superintendent of Cincinnati Public Schools

Members of the community are encouraged to express their views on the qualities important in the successor to Superintendent Mary Ronan, who announced her retirement effective Aug. 1, 2017, after nine years at the helm as the district's top administrator: You may provide input through a survey designed to identify the top qualities you think are important in the next superintendent. In addition, the survey provides an opportunity for participants to suggest questions they would like the Board to ask candidates during the interview process. The survey may be accessed via the following link: https://www.surveymonkey.com/r/RD9SYBZ



FROM THE CITY & COUNTY

≈Its tax season and there are three primary W-2 scams that have been reported:

- 1. Scams where a malicious actor files the return in the victim's name include both identity theft and identity fraud, as well as tax fraud and;
- 2. Scams where a malicious actor contacts the victim and tries to convince the victim to do something, such as immediately paying a fine or providing their financial information so a refund can be issued;
- 3. Scams where actors use tax related spam, phishing emails, and fraudulent websites to trick victims into providing login names, passwords, or additional information, which can be used in further fraud.
- Watch for "spoofed" or "fake" websites that look like the official website but are not.
- Do not be fooled by unsolicited calls. The <u>IRS will</u> <u>never</u> call to demand an immediate payment or require you to use a specific payment method such as preloaded debit or credit cards, or wire transfers. They will never claim anything is "urgent" or due immediately, nor will they request payment over the phone.
- The IRS will not be hostile, insulting, or threatening, nor will they threaten to involve law enforcement in order to have you arrested or deported.
- Sometimes malicious actors change their Caller ID to say they are the IRS. If you are not sure, ask for the agent's name, hang up, and call the IRS (or your state tax agency) back using a phone number from their official website.

Recommendations - If you believe you are the victim of identity theft or identity fraud, there are a couple of steps you should take:

- 1. File a report with your local law enforcement agency.
- 2. File a report with the Federal Trade Commission (FTC) at www.identitytheft.gov
- File a report with the three major credit bureaus and request a "fraud alert" for your account (Equifax – www.equifax.com, Experian – www.experian.com, TransUnion – www.transunion.com)
- If you receive spam or a phishing email about your taxes, do not click on the links or open any attachments, instead forward the email to phishing@irs.gov

Other tax scams or frauds can be reported according to the directions on this page:

https://www.irs.gov/Individuals/How-Do-You-Report-Suspected-Tax-Fraud-Activity%3F

Further Information:

Tax scam information from the IRS: https://www.irs.gov/uac/Tax-Scams-Consumer-Alerts.

Security Awareness for Tax Payers guide by the IRS: https://www.irs.gov/pub/irs-pdf/p4524.pdf.

Identity theft information from the FTC: https://www.identitytheft.gov/

PO Lori Hamann P417 Neighborhood Liaison Officer (Continued on page 8)

PARKS & RECREATION

North Avondale Recreation Center ● 617 Clinton Springs Ave. ● 961.1584

Hours: Monday—Thursday: 9:30am to 9:00pm, Friday: 11:00am to 9:00pm Closed Saturday and Sunday except for scheduled classes.



- **Summer Day Camp** open registration begins February 6, 2017 @ 9:00am. Visit: <u>cincyrec.org</u> to sign up.
- Stay Tuned for more information about North Avondale Rec Center's **90th Anniversary Easter Egg Hunt** on April 15, 2017 @ 9:00am!
- Join us on the first Friday of each month for **Free Friday Fitness Night!** 6:30-9:00pm -Adults Only!

Programs:
After School Day Campid Ages 5-12; 2:15-6:00pm 5160/Month
- Custodial care that includes organized group activities including
Snack, Homework Help, Arts & Crafts, Game Room, Gym & more!
Specially programs offered to After School Day Camp;
Giffs on the Run. Homework Help, Math Hoops & More!

Pony Basketball League: Grades K-1. Games on Thursdays.

Pickle Ball: A sport that combines the fun of tennis, ping pong and badminton! Mondays 11:00am—1:00pm. Membership required. For adults & 50+.

Volleyball League: Thursday evenings in the gym. 9/15/16— 12/8/2016. Membership required. For adults & 50+.

Karate: Tuesdays & Thursdays 5:45-8:00pm. Please see Sensei Dayis for more information. Membership required.

Knitting: Mondays 12:00pm—2:00pm. Membership required. For adults & 50+.

Adult QCL/CRC Basketball League: Monday & Wednesdays 7:00—10:00pm.

Sauna: Membership required. Open during regular business hou

North Avondale Neighborhood Association: Meets the 2nd Tuesday of every month. 7:00—9:00pm.

Corbeau Ski Club: Meets the first Wednesday of each month.

Fitness: Monday: Walking Club: 9:30—10:30am (FREE wimembership Move & Stretch: 10:30—11:00am (\$1.00) TRX: 6:00—6:45pm (Member:\$5/Non-members:\$7)

Tuesday: Spinning 6:00—6:45pm (Member:\$3/Non-members:\$5)
Tone & Tighten 7:30—8:00pm (4 classes for \$15)

Curvy Cardio: 6:15-7:00pm (\$5.00)

Wednesday Walking Club: 9:30—10:30am (FREE wimembership)
Move & Stretch: 10:30—11:00am (\$1.00)
TRX: 6:00—6:45pm (Member:\$5/Non-members:\$5)
Curvy Cardio: 6:15—7:00pm (\$5.00)

Thursday: Line Dancing: 10:30am-12:00pm (FREE w/membership)
Spinning: 10:15—11:00am (Member:\$3/Non-members:\$5)
Spinning: 6:00—6:45pm (Member:\$3/Non-members:\$5)

Saturday: Curvy Cardio: 10:00—10:45am (\$5.00)

Free Tax Preparation Days:

Saturdays: From 9:00am—1:00pm January 28th February 4th & 11th March 4th & 11th April 1st

Friday: From 9:00—1:00pm April 14th

Jaime Stryker, D.T., D.

Ravine to Freedom

Cincinnati Parks' LaBoiteaux Woods Nature Center 5400 Lanius Lane Cincinnati, OH 45224 Saturday, February 18th, 2017

6:00 - 8:00 pm

All Aboard! Step back in time to the year 1853 as we traverse the only "undeveloped local escape route" associated with the Underground Railroad. Conductors are aware that you are coming and are standing by with lanterns to guide your family through the cold night air to the safety of the next station. Learn a secret language before setting out on the trail towards freedom and create a craft to remind you of this one of a kind experience. Appropriate for families with children ages 10 and up.

Fee: Free but reservations are required. Call 542.2909 for February 16th for more information and reservations.



(Continued from City/County page 7)

.Greater Cincinnati water Works Testing Kit

For nearly 200 years, Greater Cincinnati Water Works (GCWW) has been a dependable provider of safe drinking water for the greater Cincinnati region. In light of the current drinking water lead contamination situations in Ohio and nearby states, the Greater Cincinnati Water Works and the City of Cincinnati wants to reassure citizens that providing and maintaining safe drinking water to customers is the number one priority.

GCWW's Richard Miller Treatment plant in California, Ohio uses state-of-the-art water-treatment processes that include multiple barriers to protect health, plus a corrosion control system that specifically minimizes the amount of lead that may leach into water from service lines. Although GCWW's corrosion control treatment is extremely effective in minimizing lead, some sources of lead still exist and small amounts can potentially be picked up as the water flows from the public water system pipes into and throughout the home. Sources of lead include some brass, lead solder and especially lead service lines that can exist in older homes.

GCWW does lead testing for free. If you would like GCWW to conduct the testing, please fill out the Lead Analysis Form, available at <u>lead.mygcww.org</u>, or call our lead hotline – 651.LEAD (651.5323). Due to high request volume, it may take up to a week to receive your kit. Analysis usually takes 2-4 weeks once GCWW receives it back.

Please let me know if you need anything else or if we can be of further assistance.

Chris Burton, Administrative Specialist Customer Contact Center Greater Cincinnati Water Works mygcww.org & Be an Air Quality Detective

The air we breathe affects us all, even though we may not be able to see it or smell it. However, some air quality issues are very obvious to our senses, particularly smoke or odors.

The Southwest Ohio Air Quality Agency (Agency) has a **Citizens Air Sampling Program** that allows residents to collect an air sample if they notice an odor in their neighborhood. It's very easy to use and may provide clues to help determine the source of the odor.

When a concerned resident contacts the Agency about an odor, they may request an air quality sample canister. The canister is equipped with a pressurized valve. The resident simply opens the valve for approximately 60 seconds, allowing the canister to fill with air. The resident then closes the valve, thus sealing the sample inside. The resident also records basic information such as the time the sample was taken, wind direction, and temperature.

An Agency inspector will then meet with the participant, pick up the collected sample, and conduct an investigation to try to determine the source of the problem. After completion of the field investigation, the Agency delivers the canister to a contract laboratory that analyzes the sample for various organic compounds.

To learn more about the Citizens Air Sampling Program, please visit SouthwestOhioAir.org.

Brad Miller is the Assistant Director of the Southwest Ohio Air Quality Agency.

City Ordinance 325 2016 is to Increase Public Safety & Humane Treatment For Animals to Create Standards Of Care for the Ownership of Dogs NANA is often contacted concerning dogs and their care of lack of care. On October 12, 2016 Ordinance 325 was passed. Go to: http://city-egov.cincinnati-oh.gov/Webtop/ws/council/public/child/Blob/46099.pdf?rpp=10&m=2&w=doc_no%3D%27201601333%27

(Continued on page 9)

Cincinnati's Best Address with: Beautiful Homes, Great Neighbors & Civic Passion

NANA CALENDAR

- Tuesday, February 14, NANA General Meeting, 7:00 pm, North Avondale School Cafetorium Recreation Center, 617 Clinton Springs Ave.
- Thursday, March 2 & April 6, NANA Education/Rental Housing Meeting, 1:30 pm, District 4 Police Station 4150 Reading Road
- Tuesday, March 14, NANA General Meeting, 7:00 pm, North Avondale School Cafetorium Recreation Center, 617 Clinton Springs Ave.

NANA EXECUTIVE BOARD, COMMITTEE CHAIRS			
President: Marvin Masterson	Marvinhmasterson@gmail.com	Beautification: Emily Harten	emharten@aol.com
1st VP & Property Code: Dana Winn:	nanacincinnati@gmail.com	Block Watch: Carolyn Gillman	cgillmanwhhs@gmail.com
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Rec Secretary: Carolyn Gillman Treasurer: Steve Megerle	fvpgillman@aol.com sjm4880@aol.com	Strategic Development: Maura Wolf	maurawolf100@gmail.com

(Continued from Education & Learning Opportunities - pg. 5)

"The Growth Movement LIVE" is the non-profit component of SVM Initiatives, LLC, where Ms. Mitchell is the President and CEO. For speaking engagements or coaching sessions, please email her at syminitiatives2015@gmail.com. If you'd like to bring her "S.E.E.K. Y.O.U." after school workshops to your school / organization, or to donate or become a sponsor for these powerful workshops, please email her at seekyonworkshops@gmail.com.

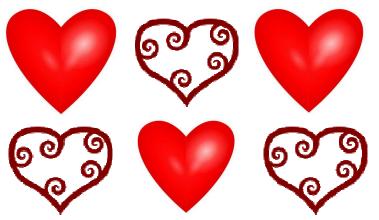
Additional Notes:

- After school workshops will be held the 3rd week of every month.
- Completed authorization forms MUST be on file for every attendee.
- Workshops shall be held at 3 different locations throughout that week.
- Future library branch locations: Madisonville, Hyde Park and Cheviot.
- "The Growth Movement LIVE" welcomes donations and sponsors on a regular basis for these workshops.
- Email us at: seekyouworkshops@gmail.com to learn how you may help further our efforts.
- These after school workshops are ever evolving; therefore, loving and respectful feedback is welcomed
- Contents, details, and locations of workshops are subject to change at the discretion of **SVM Initiatives, LLC.**
- Student loan debt has grown over 300% in the past 8 years, placing more of a financial burden across students nationwide. According to the U.S. Department of Education, this affects minority students disproportionately: statistically, they borrow more in student loans, are more likely to drop out due to problems securing funding, and are left with higher levels of student debt once they graduate. Fortunately, there are opportunities available for minority students. To help avoid unnecessary debt our team has created a guide to financial aid for minority students.

This guide answers the big questions, such as:

- Where can I find minority-specific financial aid?
- How do I minimize my student loan debt?
- How do I maximize my chances of winning scholarships?

Lisa Wright, Public Relations Coordinator | AffordableColleges.com



(Continued from Fun With Your Neighbors page 4) WHY:

This is a great opportunity to improve your collaboration skills as you help build a more equitable Cincinnati. All information will be captured and shared with participants and the public, along with non-profit organizations working in the equity field, so this work will make an impact beyond that day.

Table registration for the 2017 Neighborhood Summit, Saturday March 11, is now open.

To register, follow the link: https://cincyneighborhoodsummit.org/tables/ Tables are available to City departments, community organizations, non-profits and community associations on a first come, first serve basis while space permits.

Tables will be in the concourse around the basketball arena. You will be notified a few days prior to the event as to your table location. Set up can start mid-afternoon on Friday, March 10, 2017.



(FROM THE CITY Continued from page 8)

