



NANA NEWS

JUNE 2014

Published by :The North Avondale
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Association Cincinnati
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President: Hanne Loken Larsen
Editor: Charlene Morse

PRESIDENT'S MESSAGE

Dear neighbors,

Thank you for the opportunity to serve as NANA's President. North Avondale has been my family's home for the past 7 years, and we have enjoyed being part of this neighborhood since day one. The friendly and diverse people, the civic passion and voluntarism, and of course, the beautiful architecture and gardens in our neighborhood are amazing and well worth working hard for to preserve and improve.

NANA held the 53rd annual meeting on May 18th at the Community Friends Meetinghouse. A new board was elected, so please join me in thanking the outgoing board members for their great service, Maura Wolf (President) and Myles Harper (1st Vice President). A special thanks to Maura, who has been NANA's exceptionally capable and passionate President for the past two years. She leaves large shoes to fill, but I am confident the new board will be strong and active, and as a team we will keep moving North Avondale forward. In addition to myself, the board will consist of Michael Caporale (1st Vice President), Marvin Masterson (2nd Vice President), Carolyn Gillman (3rd Vice President), Dana Winn (Corresponding Secretary), Nicole Patitucci (Recording Secretary), and Tom Wright (Treasurer).

We had two great guest speakers at the meeting. Patricia Garry, Executive Director for the Community Development Corporations Association of Greater Cincinnati gave us insight into what Community Development Corporations (CDCs) can do for a neighborhood and how her organization supports this. We also had a presentation by Ann Dougherty, Sustainability Director at Xavier on a Permaculture garden project a team of students at Xavier is developing. A big thank you to both of them, and also to the Community Friends Meetinghouse for hosting our general meeting and to Valerie Williams with Five Star Foodies for excellent catering of the event. *(see pictures on page 2 and 5)*

Finally, I hope that the school year is wrapping up well, and that everyone is enjoying being outside with the warmer temperatures and the pools open again! Have a great summer!

Hanne Loken Larsen

Come To Our NANA General Meeting
Tuesday, June 10, 7:00 PM
North Avondale Recreation Center
617 Clinton Springs
Agenda

- The proposed new Land Development Code. Larry D. Harris, City Urban Conservator, Historic Conservation Office (see Your Opinion Counts on page 2 for more information.)

NANA COMMITTEE UPDATES

BEAUTIFICATION:

Spring is in full swing and the gardens, pots and banners look great! We still have a couple of public North Avondale gardens that need some personal attention. If you have 1-2 hours a month and could possibly volunteer, please contact Beth Ewing at betha.ewing@gmail.com. We are also looking for support in helping to pick up trash around the streets. This can be done on regular walks for school pick up, exercising or just because you care! If you could help, please contact Beth (email above) for trash bags and gloves which are supplied free by Keep Cincinnati Beautiful. Every little bit helps in maintaining the neighborhood - 15 minutes can make a HUGE difference.

Thank You Volunteers!

who helped beautify the neighborhood by preparing the parks for the busy summer season on April 26. The support of the community is essential to preserving the quality of Cincinnati.

MEMBERSHIP:



Volunteers needed to help on the day of the **3rd Annual Fourth of July Bike/Trike/Wagon Parade**. Tasks include: filling up balloons, decorating the route, setting up, handing out ice cream, taking pictures and helping at the sign-in area! Contact Carolyn if interested.

Street Captains Needed: A Street Captain gathers and documents contact information for neighbors on their street to facilitate communication among neighbors for special events (e.g., block parties), crime prevention concerns (e.g., watching neighbors houses while their away, reporting suspicious behavior), or in the event of an emergency.

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For these volunteer opportunities, please contact Carolyn Gillman, tel. 284-2298, or nanacincinnati@gmail.com

LAW & SAFETY:

VOLUNTEERS NEEDED to participate in the Citizens on Patrol Program. To learn about Citizens on Patrol go to <http://www.cincinnati-oh.gov/police/community-involvement/citizens-on-patrol/> and for more information contact Michelle Baxter at flybye@zoomtown.com.



ABOUT YOUR NEIGHBORS

☞ **Joseph C. Gallo** was invited to show his garden at Rooster's Repose on Jamestown Island, R.I. in "A Melody of Island Gardens" sponsored by the Quononoquott Garden Club June 7, 2014. All profits will be used for civic beautification projects on Jamestown Island. A description of Joe's garden follows.

The Garden at Rooster's Repose: Joe's aversion to cutting down trees dictated a partial shaded garden, the shape and location of beds, and the type of plants. The lush greenery provides a relaxing and enjoyable environment. Joe's objectives in designing the garden was not only to minimize the amount of maintenance but also to provide picturesque landscaping that appears natural with spaces for outdoor entertainment. Most of the ground-covering plants came from his homes in Kentucky and Ohio. Flower pots, planted with annuals, accent the garden with color.

Joe Gallo (Rose Hill)

☞ **District 4 Commander Captain Neville** - Happy Birthday (May 28)!



YOUR OPINION COUNTS

☞ **How Do We Grow From Here**

OKI Regional Council of Governments needs Your Help to Shape the Future of Our Region! Which areas are you most concerned about? Take their survey at: www.howdowegrow.org/

☞ **The City of Cincinnati is updating its Zoning Code and Maps and now is your chance to participate.**

A postcard has been mailed to all property owners within the City of Cincinnati explaining the public review process that is about to commence. The updates are one of the tasks in Plan Cincinnati, the City's recently adopted Comprehensive Plan created by thousands of residents and stakeholders. The revision of the Zoning Code and Maps help achieve Plan Cincinnati and the plans that residents, businesses, and developers created for their neighborhoods. Keep in mind: most single-family properties will not see a change in zoning. The public review process begins on June 2 and will run through August 1. To learn more about this process or how it will affect your property, go to: www.cincinnati-oh.gov/planning/zoning/ or go to the NANA meeting on June 10th to listen to the City's presentation (see Agenda pg.1)

FUN WITH YOUR NEIGHBORS

Neighbors Are Volunteering With The Friends Of The Library

There's still time to catch some great bargains at the 42nd Annual June Book Sale at the Main Library (800 Vine Street, downtown). **Thursday, June 5 is half-off for all shoppers; Friday is Bag Day.** Buy a Friends of the Library bag for \$10.00 and fill it up. This is a great time to snag the kids' summer reading assignments; poolside reading; some DIY guides and such. North Avondale volunteers include Mary Winn and Mary Ann Knoop (Burton Woods); Sylvie Falk (Avon Fields Lane); Jim Jones (Belvedere); Connie Harris (Mitchell Ave.) and Anne Keller (Leyman Dr). Hours on Thursday and Friday are 9-6. Support your libraries.

Have you visited the newly renovated and accessible Avondale Branch? Rookwood tile adorns the new entrance on Mann Street. Stop in and register yourself and the kids for the Summer Learning Program. Friends' Book Sale proceeds will be used to underwrite more than \$100K in programs, incentives and prizes in the annual literacy event.

Anne Keller (Leyman)

Creating Better Civic Spaces

Participation...Resolution...Progress on June 13

The Community Building Institute and the Cincinnati Human Relations Commission invite you to join them for a conversation on creating better civic spaces through civil dialogue and mediation, led by the Dayton Mediation Center.

For more information or to register go to: www.xavier.edu/campusuite25/modules/calendar.cfm?grp_id=3810&cal_id=37505

Nature Next Door is coming again this summer!

Cincinnati Parks proudly presents our FREE nature camp at Fleischmann Gardens on Tuesdays and Thursdays this summer. For eight weeks beginning June 10, we host a variety of fun, creative activities open to all school aged children and daycare groups. We'll have guest presenters, live animal shows, crafts and games. For more information or to register for a time slot, please call Avon Woods Nature Center at 513-861-3435. See you there!

Rachel Rice

Sunday, June 15 JAZZ FESTIVAL - Petra van Nuis

Quartet with guitarist Andy Brown, bassist Joe Policastro, and drummer Bob Rummage perform at 32nd annual Michelob Women In Jazz Festival (Headliner) www.downtowndayton.org Dave Hall Plaza - 23 East Fifth St. Dayton, OH Free outdoor festival!

To read a wonderful article on Petra and her husband Andy in the Chicago tribune go to: <http://northavondalecincinnati.com/nanamiscdocuments/Petra%20Chicago%20article.pdf>

Rosalie van Nuis (Burton Woods Lane)

Erica offers free yoga to neighbors every Sunday this summer (except Fathers' Day on June 15) at 6.30PM at 724 Betula Avenue. Bring your own mat!

Clara Harkavy (Betula)

FROM YOUR NEIGHBORS

I would like to officially announce my upcoming **Growth in Motion Certification Program** - please share!

This intensive training program will incorporate everything that I have learned and used in my lifetime of transformative offerings.

This program is for anyone who would like to master Growth in Motion principles, such as:

- Physical, emotional, and spiritual health using the movement principles derived from Laban Bartenieff Movement Analysis, Barbara Brennan Healing Science, and body-mind centering and 60 years of sacred dance creation.

- Self expression, interaction and action, and the creation of communities in motion.

- Aesthetic dance/movement and empowering choreographic skills.

Anyone interested in embodying, learning, enhancing, apprenticing, and/or teaching these skills/principles, contact me for more details at fanchonshur@growthinmotion.org.

Go to www.growthinmotion.org/classes to learn about other classes, especially the Smart Fitness: Alignment, Strength & Injury Prevention Classes on Tuesday and Thursday mornings at 8:30-9:30 AM

(Extended dates: Tuesday mornings only - June 10, 17 & 24) Cost \$10 per class.

Fanchon Shur (Red Bud)

If you have a yard that desperately needs help - check our DIY's contest via Jaytv.net - could get you a free yard makeover.

Judie Pennington (Red Bud Place)

Looking for a DJ?

You have a DJ right in our neighborhood. If interested, please call Morris Gibson (Mitchell Ave.) - 304-2510. The name of the DJ Service is Digmoe's. I have many references.

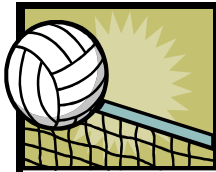
Morris Gibson (Mitchell)

Cathy Beltz (Dakota Ave) is moving 1893 House Handmade Sweets from Findlay Market to Hyde Park Plaza (near Servatii's) in early June.

Cathy Beltz (Dakota Ave)

We hear so much about air pollution, water pollution, trash control and other polluting factors taking from the pleantry of living in one of Cincinnati's best neighborhoods. A major pollution not addressed is NOISE POLLUTION. On my street - Dakota Avenue - I enjoy (sorry make that used to enjoy) quiet evenings, generally after 4:30 pm on Friday, Saturdays and Sundays. Not anymore. Just as stink from sewers, foul smells from factories and trash from litter can ruin a walk through the neighborhood so does the lawnmower, weed wacker and blower. One neighbor's service comes on Friday and starts the cutting about 4:30, then the trimming, then the blowing - guess what? it's about 6 or 7 by the time all the

(Continued on page 5)



NORTH AVONDALE CENTER (NAC)
617 Clinton Springs
961.1584
 northavondale@cincinnati-oh.gov

Summer hours M-T 9am-7:30pm F 9am-6pm



NORTH AVONDALE MONTESSORI
363.3900 • 615 Clinton Springs
 www.namrockets.org

City of Cincinnati Arbor Day Celebration at North Avondale Montessori School!

On Friday April 25th, North Avondale Montessori School partnered with the Cincinnati Park Board Urban Forestry Division, to celebrate Arbor Day. A Dutch Elm tree was donated by the Park Board to be planted on school property by students at the 3 to 6 age level. In an assembly hosted in the NAM gymnasium, Ms. Marianne Prue, Urban Forest Specialist, provided students with information on the history of Arbor Day.

Students also sang songs on the benefits of trees and read a poem to the audience on how trees help our environment. "For our students at the 3 to 6 age level to learn so much about how trees help our environment and then actually plant a tree for the culminating activity is a true Montessori experience," said Principal Roger Lewis. "Our students will be able to watch the tree grow as they go through the elementary years. What a great learning activity!"

Andre, a kindergarten student at



NAM, enjoyed the actual planting of the tree. "I liked taking my shovel and tossing dirt on the tree." Natalie, also a 3 to 6 age level student, enjoyed the special guest appearance of Mr. Tree. "I liked how Mr. Tree danced to the music and gave everyone a hug," she said.

North Avondale Montessori was honored with a Proclamation from the City of Cincinnati. Ms. Caryl Fullman, Chairperson of the Forestry Advisor Board, was on site representing Mayor John Cranley. She read the proclamation to the students and honored the school for hosting the official Cincinnati Arbor Day Celebration. "I am glad that the students are so excited about the program," said Ms. Fullman. "The songs and poem they performed were awesome!"

"We had over 60 students participate in the tree planting ceremony. For our students to have this educational opportunity is an experience they will always remember," said Amie Wagner, 3 to 6 teacher.

Roger R. Lewis, Principal



SOUTH AVONDALE
•363.5500 •636 Prospect Place
•savondale.cps-k12.org

We Can Change This

South Avondale, ACDC (Avondale Comprehensive Development Corporation), and NANA's WeThrive committee are cooperating in making Sexual Health Education available to all in the community. Ohio has no required health education in schools. Lack of knowledge in this important aspect of health does damage now and for years to come to families and communities. It perpetuates all the social ills that accompany poverty. It encourages unsafe health practices.

Hamilton County has the highest incidence in Ohio of sexually transmitted diseases including HIV/aids, and this area has the highest in the county.

- Young teens are becoming parents long before they are ready to parent.
- To change this we must start talking about it. Sexual Health Education classes are available at South Avondale for 5th & 6th grade children. Parents must sign the permission slip.

Information is available for parents to teach their children about this topic:

- for children through 2nd
- for 3rd & 4th grades

If we talk about it, educate ourselves, and spread the word, it will change. Inadequate knowledge of sexual health education affects everyone. We each need to do what we can to change this.

For more information, contact Pauline Daly at 751-8334.

(Continued on page 5)



**THE NEW SCHOOL MONTESSORI
(TNSM)**
281.7999 • 3 Burton Woods Lane
www.newschoollmontessori.com

Kindergartners Learned about the Life and Works of Mexican Artist Frida Kahlo.

As a teenager, Frida Kahlo was in a horrible traffic accident that left her in a body cast. Frida used a mirror and painted her cast while recovering in bed. Her injuries continued to plague her throughout her life, and she was often bedridden for months at a time. Kindergartners empathized with the artist as they lay on their backs with mirrors in hand, creating their own "cast art." Preprimary teacher Jennifer Frank enjoys awakening a deeper understanding of the artists as her students learn about, interpret and identify with each of the artists they study.



TNSM Students Performed Shakespeare's A Midsummer Night's Dream

New School Montessori teachers Laura Slanker and Jeff Groh worked with students in TNSM's after-school acting club. Over several months, students memorized lines, worked on projecting their voices, and honed their acting skills to bring these timeless characters back to life for their audiences.

Yearlong Senior Project Research and Presentations Prepare Students for Life

Families, friends, parents and staff enjoyed hearing graduating sixth graders' five-minute PowerPoint summaries of their yearlong Senior Project research papers. In the span of a pleasant evening, guests learned about Ötzi, the Iceman, Julius Caesar, polio, jellyfish, the Titanic and more. Our alumni often report back that their Senior Project experience prepared them - not only for the rigors of junior high and high school - but for writing, public speaking and the joy of learning they experience in their university studies and in their careers.

Ann Baumgardner Marketing and Communications Director

(Continued from page 3)

noise is over and my blood pressure is boiling over. Saturday the same thing with a neighbor's son - same time, same block, same blood pressure issues. Quiet Sunday dinner on the patio, forget about it another neighbor's service comes; same thing, same time, same block same boiling blood pressure. How about we all collectively agree to get the noisy stuff completed before happy hour, the dinner hour and quiet weekend evenings.

Allen Kroth (Dakota)

Editor's note: the same goes for me for early in the morning. Only this time I get awakened by the noise!

For healthy vegetables **Our Harvest Cooperative** is used by some of the NA neighbors and the Civic Garden Center is a pick up location. To learn more go to: <https://ourharvest.coop/Content.aspx?content=content1>



Delicious food from Five Star Foodies at the May Annual Meeting

Anti-Idling is the Easiest Green Thing You Can Do

Helping the environment doesn't have to be expensive or difficult. One of the easiest ways to help improve our air quality is to avoid idling your vehicle when parked or not in use. •Idling wastes money and natural resources, affects the environment and harms our health. •Thirty seconds of idling can use more fuel than turning off the engine and restarting it. •Vehicle exhaust contains carbon monoxide, nitrogen dioxide, particulate matter and volatile organic compounds, all of which at certain levels can harm the environment and our health. As children breathe faster and are still developing, they are more susceptible to harm.

2014 MEMBERSHIP APPLICATION OR RENEWAL

Mr. Mrs. Ms. _____ name

Address _____

Email Addresses _____

Annual Dues \$100 \$50 \$25 \$10 \$5 or \$ _____
Pay Additional \$10.00 for Newsletter Mail Delivery _____

Thank you! Please make your check payable to NANA.
Send Checks to the NANA Office 617 Clinton Springs, 45229



NANA CALENDAR

- **Tuesday, June 10, NANA General Meeting, 7:00 pm** North Avondale Recreation 617 Clinton Springs Ave.
- **Wednesday June 4, WeTHRIVE! Meeting, 2:30 pm** North Avondale Recreation Center
- **Thursday, July 3, Education/Rental Housing Meeting, 1:30 pm** District 4 Police Station 4150 Reading Rd.
- **Tuesday, July 8 NANA General Meeting, 7:00 pm** North Avondale Recreation 617 Clinton Springs Ave.



IMPORTANT CITY NUMBERS/EMAIL/WEBSITES

<p>City Complaint/Request Hotline 591.6000 5916000.com</p> <p>N.A. Neighborhood Officer Lori Hamann 569 8654 lori.hamann@cincinnati-oh.gov</p> <p>Neighborhood Liaison Sgt. DeMeco Anderson 569.8655 demeco.anderson@cincinnati-oh.gov</p> <p>Police District 4 569.8600</p> <p>Nonemergency Police 765.1212</p> <p>To just make a crime report (no police visit) 352.2960</p>	<p>To learn about Crime in Cincinnati visit: Crimereports.com</p> <p>Truancy Hotline 363.0003</p> <p>Track property code violations: http://cagisperm.hamilton-co.org/cpop/</p> <p>Neighborhood Yahoo Site: http://groups.yahoo.com/group/NorthAvondaleOnlineCommunity/</p> <p>Request A Recycling Cart 591.6000</p> <p>Report Air Odors 24/7. 946.7777</p> <p>Where to Recycle Different Things http://earth911.com/</p>
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NANA EXECUTIVE BOARD, COMMITTEE CHAIRS

<p>President: Hanne Loken Larsen ___ loekenlarsen@yahoo.com</p> <p>1st VP: Michael Caporale _____ varicap@mac.com</p> <p>2nd VP: Marvin Masterson _____ mmaster0612@gmail.com</p> <p>3rd VP: Carolyn Gillman _____ cgillmanwhhs@gmail.com</p> <p>Corresponding Sec.: Dana Winn ___ nanacincinnati@gmail.com</p> <p>Recording Secretary: Nicole Patitucci_nicolelynn23@hotmail.com</p>	<p>Treasurer: Tom Wright _____ thomas.wright@fuse.net</p> <p>Beautification: Beth Ewing _____ betha.ewing@gmail.com</p> <p>Law and Safety: Michelle Baxter _____ flybye@zoomtown.com</p> <p>Neighborhood Issues John Jones ___ jwjphoenix@gmail.com</p> <p>Rental Housing: Pauline Daly _____ 751.8334</p> <p>Strategic Planning: Tom Wright _____ thomas.wright@fuse.net</p>
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NANA COMMITTEE MEMBERS

Beautification: Beth Ewing (Chair), Jan Banks, Michelle & Darren Baxter, Emily Brown, Edie Gaudio, Ursula Hassel, Emily Harten, Jennifer Harten, Heather Herr, Kim Hubbard, Richard Jackson, John Jones, Mary Ann Knoop, Charlene Morse, Regine Moulton, Pat Paul, Mary Piper, Alva Reid, Vanessa Wayne, Mary Winn, Maura Wolf, Ann Wong

Ecosystem: Clare Sillett (Chair), Pamela Smitherman

Education/Rental Housing: Pauline Daly (Chair), John Jones, Elsa Zum-Brook

Finance: Hanne Loken Larsen (Chair), Beth Ewing, Debbie Moore, Maura Wolf

Health & Wellness: Teresa Harten (Chair), Henry Brown, Kim Cooper, Pauline Daly, Judy Harmony, Diana Noyes, Valerie Williams, Mary Winn **Health Dept. Liaison:** Kimya Moyo

History: Mel Nizny (Chair), Joe Gallo, Mary Ann Knoop

Membership/Social: Carolyn Gillman (Chair), Reg & Kristin Crutcher, Jake Gillman, Hanne Loken Larsen

Property Code Communication: Dana Winn (Chair) Michelle Baxter, Andrew Beiting, Shannon Crutchfield, Carolyn Gillman, Nicole Patitucci **Streets:** Jan & Bob Banks, Bob Novak **Urban Forestry:** Kathy Holzderber & Myles Harper

Strategic Planning for Land Use: Tom Wright (Chair), Zach Albertiz, Michelle Baxter, Patricia Baxter, Andrew Beiting, Erica Boggs, Keith & Reginald Crutcher, Edie Gaudio, Carol Harten, Steve Kenat, Gerry & Marvin Kraus, Kevin McGraw, Charlene Morse, Ken Pray, Michael Romanos, Jack Rouse, Bryan Sherrod, Albert Smitherman, Brynn Walden, Rebecca Williamson, Maura Wolf, Vanessa Wong, Jack Wolking

At Large General Volunteers: Marla Barone, & Heather Herr for special projects, Vanessa Sorensen, (Graphics), J Miles Wolf, (Photography), Julie Zimmerman - help with written correspondence

Please join one of NANA's Committees ~ your efforts and contributions will be greatly appreciated by the whole neighborhood!!

Cincinnati's Best Address with: Beautiful Homes, Great Neighbors & Civic Passion



NANA MEETING TUESDAY

~ June 10TH 7:00 pm ~



~ TIME TO PAY YOUR 2014 NANA DUES ~

Please "Like us" on our Facebook page: North Avondale Neighborhood Association Cincinnati