



NANA NEWS

MARCH 2016

Published by :The North Avondale
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Volume LV No. 6
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PRESIDENT'S MESSAGE



Dear neighbors,

The Cincinnati Neighborhood Summit "Making Your Place" will take place at the Cintas Center on March 12th. This is a summit where the city administration, politicians, and the neighborhoods come together to discuss current topics, celebrate successes, and learn from each other how to make the city work better. The neighborhoods are the backbone of Cincinnati, so broad participation is critical. Registration is free, so please see the great agenda, note the date next Saturday, and register at <http://cincyneighborhoodsummit.org/register/>. Let's make sure North Avondale is well represented!

Congratulations to the Beautification committee for receiving the \$2,000 KCB Safe and Clean Grant this week. Thank you to Bridget, Emily, Julie, Maura, and Richard for planning and submitting the application. Funds are to be used to purchase services and supplies to clear overgrowth and control weeds along public walkways. The focus will be on Rose Hill Lane and the curve where Dana Avenue approaches the roundabout. Combined with the funds, we also need help from all our volunteers to make this project impactful. Many of us have signed up to help, so stay tuned for more detailed information from Emily and Bridget. With spring approaching, the neighborhood cleanup events are also on the schedule (see *Committee Updates* pg. 2). Please come and help make North Avondale shine for the spring season!

Please consider joining the NANA nominating committee. This committee identifies and recommends candidates for the NANA open board positions for the election at our annual meeting in May. Please consider volunteering for being part of the nominating committee ... and obviously also consider becoming a candidate for the board. (see *Committee Updates* pg.2)

See the key agenda items for NANA's general meeting on March 8th. If you have any other topics for the general body, please feel free to email me in advance of the meeting or just bring it up during the meeting. We do set an agenda in advance of the meeting, but we always welcome any topics to NANA's attention.

In the meantime, please visit our website for general info, committee updates, and to pay your NANA dues online at northavondalecincinnati.com.

Hanne Loken Larsen

FUN IN THE NEIGHBORHOOD

Cincinnati Neighborhood Games

The Cincy Neighborhood Games will pit each of Cincinnati's 52 neighborhoods against each other in family friendly, fun, Olympic-style contests that will result in one neighborhood walking away with the most gold medals and champions.



There are 20 events cincygames/events with some divided into youth and/or adult teams. Qualifier events will take place April through June with the final neighborhood competition being held July 9 - 16.

•We need help to run the games for North Avondale and am hoping you can volunteer some of your valuable time and talent to make North Avondale Shine. Here is specifically where assistance is needed:

- Work our social media venues - Facebook, Twitter, Instagram
- Help manage/organize several events
- Scheduling events and pick-up/delivery of equipment when needed
- Recruitment of team players
- Judging

If you can volunteer a few hours of your time for any part of these fun events, please contact Ken Brawner (Revel Ct), North Avondale Captain through email: nanacincinnati@gmail.com.

Let the Games Begin!



CINCINNATI NEIGHBORHOOD GAMES
WIN AS ONE

Come To Our NANA General Meeting

Tuesday, March 8, 7:00pm

NA Montessori School Cafetorium

AGENDA

- Meet the new District 4 Police Captain Mack
- City of Cincinnati's Good Samaritan Program and How the City is addressing blight and litter in Cincinnati - Maraskeshia Smith
- Receivership Plan - Kevin Flynn, Director of Residential Services, Milhaus



**Thank you for paying your NANA
Dues Today!**



NANA COMMITTEE UPDATES

BEAUTIFICATION

EVERYONE THINK SPRING! TIME TO CLEANUP OUR NEIGHBORHOOD & PARKS. Say hello to neighbors and meet new neighbors!!!! Time to get the garden clothes out and garden shoes/boots on.

1). April 2nd **Great American Cleanup Day**

Meet at North Avondale Recreation Center (617 Clinton Springs) to sign up. 8 or 8:30 set up. We will disperse from there. I have a minimum of 50 volunteers coming from University of Cincinnati, Xavier University, etc. The volunteers arrive about 9:00 to 9:30am, some by bus, to begin their work and depart at approximately 11:00 or 11:30. We need to have at least 100 people. We will make a strong impact on the litter as neighborhood volunteers join with the students. Also, the more volunteers we have the higher our chances of winning grant money for our neighborhood projects.

2). April 30th Cincinnati Parks Green Up Day

Seasongood Square Park and Martin Luther King Park.
Set up 8:00 to 8:30 am Sign in to work until 11:30am.
Pizza at noon. This date is very important for us too, when writing grants for money to go towards our neighborhood improvements. For example, the 2 NEW Flower Pots due to winning \$500 from Keep Cincinnati Beautiful in OUR efforts as a neighborhood

On both dates wear appropriate clothing and shoes whether you pick up litter or plant flowers. And if you have your own work gloves bring them so we are certain that our volunteers coming to help us will be provided with gloves.

Stay tuned for our meeting date to discuss these two neighborhood events.

Emily Harten & Bridget McComas Co-Chairs

HEALTH

BROWN BAG Session: Truths about Teens and Sex

Friday, March 18, 2016 11:30 – 1:00

Cincinnati Health Department (CHD) 3101 Burnet Ave 1st floor auditorium

This Brown Bag session sponsored by CHD will focus on teen pregnancy and sex education in Cincinnati and Hamilton County. Where are the resources for parents who need to talk to teens? What options do teens have for resources? Which policies exist for teen reproductive health? Should teens be a larger piece of the infant vitality puzzle? What are the challenges for teen parents? How does this differ by gender?

Register at <http://bit.ly/1XnNiYj>

Don't forget to BRING YOUR LUNCH!

The **ZIKA virus** is a mosquito-borne disease. The symptoms include a mild fever, skin rashes, muscle and joint pain and conjunctivitis and they may last 2-7 days. To date, there is no vaccine or medication to treat Zika infections. The Center for Disease Control recommends the following to treat the symptoms:

- Get plenty of rest
- Drink fluids to prevent dehydration
- Take medicine such as acetaminophen (Tylenol) to

relieve fever and pain

- Do not take aspirin and other non-steroidal anti inflammatory drugs

Kimya Moyo (Health Department Liaison)

LAW & SAFETY

Thanks to Captain Paul Broxterman who was reassigned on Sunday, February 14 from District Four to the Special Services Section. Upon leaving he sent NANA this message, "I just wanted to let you know I thoroughly enjoyed my time serving you in District Four. I love the neighborhood and people here. Thank you again for your support." We welcome Captain Mack back to our District. (see article in *From the Police*).

Plan on attending the **Neighborhood Summit** (see information under *Fun With Your Neighbors*) and sign up for the **10:05 - 10:50 B1 Making Your Place Safe - Exec. Asst. Chief Bailey • Captain Maris Herold**

Leadership from the Cincinnati Police Department will give a presentation on the new crime prevention place based strategy. Called PIVOT, or Place Based Investigations of Violent Offender Territories. This will be an interactive opportunity to learn about new cutting edge efforts to make communities safe. The presentation will be followed by a panel discussion from several neighborhood leaders.

Again, after the fire inside the abandoned **704 N. F. Shuttlesworth** property owned by the Greater New Light Baptist Church (also former home of Mayor Theodore Berry & Judge Ted Berry), I have been actively working with the City to fix this ongoing problem property. The property has been condemned. The church has 30 days to comply and get a VBML (see *From Your Neighbors* for more information on VBML). A concerned resident brought this to NANA's attention which reaffirms how important it is for proactive residents to bring matters of concern to our volunteer board. Remember NANA is everyone who lives, works or owns property in North Avondale and Block by Block, Neighbor by Neighbor, that is how change is made. A special thanks to Captain Wessel and his department at Fire House 32 (Forest Ave.) for their speedy response. To see the report go to <http://www.cincinnati-oh.gov/fire/news/structure-fire-at-704-fred-shuttlesworth-circle/>.

I am also waiting to hear a City update on actions taken on "failure to comply" on **767 Clinton Springs**, owned by Bethlehem Baptist of 760 N. Fred Shuttlesworth

Michelle Baxter

2016-2017 NANA NOMINATING COMMITTEE:

The Nominating Committee chaired by Marvin Masterson is forming and is gathering names for the Nominating Committee and the 2016/2017 slate of elected officers for the North Avondale Neighborhood Association. If you are interested or have anyone to suggest, come to the NANA General Meeting or call the NANA answering machine at 401.4546 or email nanacincinnati@gmail.com.



FROM THE POLICE

🌀New District 4 Commander

Captain Martin Mack is a 28 year veteran of the Cincinnati Police Department. A native Cincinnati, Captain Mack is a 1982 graduate of North College Hill High School. Prior to joining the Police Department, Martin attended Walsh University in North Canton, Ohio where he graduated with a degree in Accounting. In 2010, Captain Mack graduated from the University of Cincinnati where he received a Master of Arts degree in Criminal Justice. Captain Mack is also a 2009 graduate of the FBI National Academy.



In December 1987, Captain Mack was sworn in as a member of the 70th recruit class of the Cincinnati Police Department. Upon graduation from the Police Academy, he was assigned to District Five. In 1989, Captain Mack transferred to District Four where he served until he was promoted to Police Sergeant in 1996, and transferred to District Two. One of the supervisory positions Captain Mack held in District Two was sergeant in command of the Neighborhood Liaison Unit officers. In this role Martin worked closely with the community as the Cincinnati Police Department adopted community problem oriented policing (CPOP) as a model for addressing neighborhood problems.

Captain Mack returned to District Four in 2005, when he was promoted to the rank of Police Lieutenant. During the past nine years, Captain Mack has held numerous leadership roles in the Department that included Assistant Commander of Inspections Section, Major Offenders Unit Commander, and Internal Investigations Unit Commander. In his spare time he is actively involved in several fraternal organizations and social groups, which include the FBI National Academy Associates, National Organization of Black Law Enforcement Executives (NOBLE) and the Boy Scouts of America.

AROUND THE NEIGHBORHOOD

🌀Doug Sawan and his band **Foley Road** will be performing at Xavier's Connaton Hall for "Ireland in Word and Music X" on **March 6th starting at 2pm**. Performance is free and donations will be accepted for Father Joe Mulligan's mission work in Nicaragua."

Doug Sawan (Burton Woods Lane)

🌀Clinton Hills Swim Club

The summer will soon be here and summer fun means the Clinton Hills Swim Club at 53 Clinton Springs Ave. View their video <https://youtu.be/AfZl7V1-Np0> or go to their website: clintonhills.com or their Facebook page for more information.

AROUND TOWN

🌀History In Your Own Backyard - Fires, Demolitions & Progress

February was a difficult time on historic structures in the Greater Cincinnati area.

- Historic Rabbit Hash General Store
- Former Riverhills Neuroscience building in Mt. Auburn
- The Cedar Grove Bridge in Cedar Grove, Indiana

To see videos, pictures and learn more, http://campaign.r20.constantcontact.com/render?c_a=4f54f3f1-a4af-4d6b-8c61-d501651e5040&c=819f2530-053e-11e5-83cc-d4ae528ecd49&ch=81c264a0-053e-11e5-83d8-d4ae528ecd49

History In Your Own Backyard

🌀Pollen and Mold Counting Resumes in Preparation for Allergy Season

The Southwest Ohio Air Quality Agency has resumed monitoring and reporting pollen and mold counts in preparation for allergy season. February is the time when some trees common in Southwest Ohio (cedar, elm) naturally pollinate.

Pollen and mold counts are available each weekday by 10:00 a.m. at 513.946.7753 or SouthwestOhioAir.org. High counts are also reported on Twitter [Twitter.com/swohioair](https://twitter.com/swohioair) and Facebook [Facebook.com/SouthwestOhioAir](https://facebook.com/SouthwestOhioAir).

The severity of allergy symptoms depends on the amount of pollen in the air and the degree of sensitivity of the person. To reduce exposure to pollen and mold, the Southwest Ohio Air Quality Agency recommends:

- Minimize outdoor activity between 5 a.m. and 10 a.m. – when pollen levels are highest.
- Contact an allergist or doctor for medical advice.

Track pollen and mold counts. The higher the pollen and mold count is, the greater the likelihood that particles will make their way into the nasal passages and lungs and induce allergic symptoms.

When the weather warms up in the spring, additional precautions allergy sufferers can take include:

- Avoid areas with freshly cut grass and avoid lawn care activities.
- After being outdoors, it is best to shower and change clothing, as pollen can adhere to clothing, skin and hair. Be aware that pets can also bring pollen into your home.
- Keep windows closed and use an air conditioner in the home and car as much as possible to reduce the amount of allergens entering.
- Don't hang sheets or clothing outside to dry. Pollens can collect on them.



FUN WITH YOUR NEIGHBORS

☞ **2016 Cincinnati Neighborhood Summit : Making Your Place** on **March 12, 2016** Cintas/XU

Registration closes **Monday, March 7**

Which neighborhood will turn out the most people for the **2016 Neighborhood Summit**?

The neighborhood with the most people registered will be awarded a \$50 Kroger gift card for their Community Council!

Get your friends and colleagues to register now! <http://cincyneighborhoodsummit.org/register/>

☞ **You're Invited RoundTable! Tuesday, March 15th 2016 noon to 1:30pm** Organizing the Neighborhoods and Events hosted by Graydon Head at Graydon Head on Main 1421 Main St. Street parking available.

Lunch is provided! Donations for food cheerfully accepted. Join us to hear about the importance of organizing groups in the community in order to engage your neighborhood.

We will then dive into how successful events can and will bring awareness and pride into a neighborhood! Presenters include Sarah Dotter, Suzanne Schindler and Joe Gorman.

<http://cdcassociation.org/>

☞ **Contemporary Dance Theater** Invites you to drop in to one of our upcoming workshops or masterclasses during the

WORKSHOPS AND MASTERCLASSES
MARCH | 2016

month of March! No registration necessary. Check our [Facebook page events](#) or

[http://archive.mailermailer.com/view/118802420i-2c3d587a*1172669r-](http://archive.mailermailer.com/view/118802420i-2c3d587a*1172669r-1432bc4b)

[1432bc4b](#) for more information.

☞ **30 Americans Coming Soon!**

MAR. 19 - AUG. 28, 2016, TUES. - SUN. 11 am. - 5 pm
Free admission



This conversation-starting and sometimes provocative exhibition focuses on issues of racial, gender, and historical identity in contemporary culture, while exploring the powerful influence of artistic legacy and community across generations. The approximately 60 artworks are drawn primarily from the acclaimed Rubell Family Collection, Miami, as well as from the Cincinnati Art Museum's permanent collection. **#CAM30**

☞ **GLSEN Greater Cincinnati Prom**

Will be downtown at the Cincinnati Masonic Center on **Friday, May 6** from 7 pm to 11:00 pm. It includes

dancing, DJ, snacks and soda for LGBTQ youth and their allies in a fun, safe and supportive space. The 2016 prom theme is fairy tales -- so take your cue from Disney or Grimm, or just come as you are!

The Safe Space Soiree is the adult portion of our annual Prom. For 2016 the Soiree will take place the night after Prom, on **Saturday, May 7**, also at the Cincinnati Masonic Center in downtown Cincinnati. Soiree admissions and donations allow the annual Prom to be a free event for all youth, and support GLSEN Greater Cincinnati's weekly Youth Group and outreach programs to local schools. All Soiree tickets include dinner and non-alcoholic beverages, one beer/wine drink ticket, cash bar for the remainder of the evening, dancing, and a silent auction.

Want all the details? [Check out our website for registration info, directions, volunteer sign-up and more!](#)

☞ **The 2016 Cincinnati Preservation Association Spring House Tour** presents an intriguing view of domestic architecture. From a chateausque mansion to houses inspired by the Century of Progress World's Fair held in Chicago in 1934, the tour will provide a glimpse into delightfully different ways of making great houses. The historic focus of buildings that recall distant times will be seen alongside houses which drew from a vision of the future based a functional, convenient, and modern approach.

The tour is scheduled for **Saturday, May 7 from 1:00 - 5:00 p.m.** in the Raeburn Avenue Neighborhood of Mt. Airy. There are four unique homes on the tour this year.

NEW NEIGHBORS

- Dorothy Rone at 533 Camden Ave.
- Chalfonte Plaza Llc at 710 Chalfonte Pl.
- Patricia & Justin Lee at 3600 Eaton Ln.
- Andrew Draxton & Diana Aceves at 4061 Beechwood Ave
- 1015 Dana Ave Llc at 1015 Dana Ave.
- Jennifer Wilson at 975 Marion Ave.
- Ideal Apartments Llc at 23 & 27 Merzen Ct.
- Sarah L Hamilton at 3906 Wess Park Dr..

Welcome to **The Punch House!** Voted Best Boxing by *Cincinnati Magazine!* Michelle Baxter "scrappy" duking it out in the ring with owner Danny Calhoun at **3911 Reading Road.** We are Boxing's Best! The Punch House is knocking the pounds off Cincinnatians with **MICHELLE BAXTER** and our North Avondale location. Bring a friend and check out our updated facilities. Have fun enjoying our new "Multi Shower units, Sauna room, and more!" Not Just A Boxing Gym, this is Ultimate Fitness Training. Book 1hr boxing



classes online or just show up to any "30 min Power Boxing class!" We only want you to get in shape and have fun doing it, that's why we are the best! Let's stay fit and get in shape!!! Visit www.thepunchhouse.com and try a free class or call us at North Avondale 513.692.5123



NORTH AVONDALE MONTESSORI
 363.3900 • 615 Clinton Springs
www.namrockets.org

NAM Calendar for March

17th and 18th - NAM Oratory Festival 18th- 3rd quarter report cards go home with students.

19th - Father/Daughter Dance 1 PM to 3 PM - Gym 25th - Staff Appreciation Breakfast

March 26th through April 3rd - Spring Break

April 4th - Students return to school!

Craft Night Rocks at NAM!

NAM hosted their annual Craft Night and the weather cooperated as students and parents filled the NAM cafeteria to create a craft for the parents or friends. Craft Night centers around Valentine's Day and is a big hit with the NAM students and parents. Over 150 people participated in the fourth annual Craft Night for the NAM community.

"Craft Night was very well attended and from my position students and parents enjoyed the experience. This is another Montessori event where we bring families together and build our community," said NAM-PTO President, Page Seck. The night began with families enjoying pizza and salad from La Rosa's. "We ordered 20 pizzas along with a huge order of salad and ran out of pizza prior to the students and parents making their craft. We ordered 10 more pizzas and we just made it to the end of the night," said Angie Dangerfield, NAM Parent Volunteer.

Students and parents were very creative in designing their craft. Valentine's cards were very popular and the work created was everything from cupid to multiple hearts surround by glitter. Mr. Lewis, Principal, said, "I think the parents had as much fun as our students! I was excited and proud to see our parents and students working together to create projects. Definitely a night of bonding and making friends!" The crowd was steady throughout the event and everyone enjoyed the evening. "I love craft night and making a project with my parents," said Bobby a kindergarten student at NAM.



Roger R. Lewis, Principal



SOUTH AVONDALE • 636 PROSPECT PLACE
 •363.5500 • savondale.cps-k12.org

South Avondale upcoming events:

March 15th: Parent Meeting -8:00 AM

March 23rd: Family Reading Night - 3-6

March 30th- April 2nd: Dream Conference - 12-4

Ingrid Sandidge, Community Coordinator



THE NEW SCHOOL MONTESSORI
(TNSM)

281.7999 • 3 Burton Woods Lane
www.newschoolmontessori.com

Heifer International Receives Valuable Gifts from TNSM Students

Students in TNSM's (9-12) program competed in a "Penny-Pinching Challenge" among their homerooms. Their goal was to raise as much money as possible for Heifer International.

Student board members came up with a combination of animals and educational opportunities that totaled their \$610 earnings. The class then got to vote on which combination they would like to donate.

With the \$610 raised, the students chose to give:

- the dollars needed to pay for one young girl to go to school
- bees
- 2 pigs
- 4 sheep
- Rabbits
- starter flock of chickens

Rainy days at The New School Montessori don't mean preprimary children don't get to play outside. They are dressed for the weather and can absorb all that there is to learn about water and puddles!

Go to the link for a splashing video! <https://youtu.be/4NbWuAEoAA>



Ann Baumgardner, Marketing & Communications Director

February NANA Meeting with Vice Mayor Mann and Mark Manning.



FROM YOUR NEIGHBORS

My wife Stacy and I are new to the neighborhood and we are so glad to be a part of this wonderful, tight knit community. We recently moved into 700 E Mitchell Ave in December and have been hard at work getting it ready for our open house. My wife is an intervention specialist at Symmes Elementary, is currently working on obtaining her BCBA and is also a certified Enneagram coach. Our adopted daughter Bayla just turned 6 and attends Mercy Montessori School. I am new to Cincinnati, having just moved from Columbus a year ago, and I brought my ballroom dance business with me. We actually purchased this house in order to better serve the community through dance, self development, and fun! I teach ballroom and Latin dancing out of the house Wednesdays thru Sundays, and my wife also does Enneagram coaching on the weekends. For more information on the dance studio, please visit www.dancemanor.com We hope to meet everyone soon!

Josh Tilford (Mitchell)

Here is an update on 3997 Beechwood, owner Robert Stafford. The house is in the VBML (Vacant Building Maintenance License) program and Mr. Stafford goes to Court on a regular basis to report progress on cleaning out the house so it can eventually be available for sale/rehab as it is a beautiful place. For more information of about VBML go to: [http://www.cincinnati-oh.gov/community-development/assets/File/VBML%20Information12-6-12\(1\).pdf](http://www.cincinnati-oh.gov/community-development/assets/File/VBML%20Information12-6-12(1).pdf)

Mel Nizny, MD (Rose Hill)

PARKS & RECREATION

North Avondale Recreation Center - 617 Clinton Springs Ave.
961.1584

- Summer camp registration begins February 1st.
- Free Tax Prep dates; 3/5, 4/2, 4/9, 9:00am - 1:00pm. Seen in order of arrival.
- Old School Dance 4/29/16 7-11pm \$12.00
Fast dance contest, raffles, food, singing and more....
This is a **fundraiser** for N. Avondale Recreation Center.

Blake Brown, Service Area Coordinator



I'm running an Embodied Anatomy study group. It's donation only and it's the videos by the Somatic Movement genius Bonnie Bainbridge Cohen. They are every Sunday at 5pm until 6:30pm and every Wednesday from 9:30am until 11am. They involve viewing and then practicum, exploring, expanding movement potential inspired by her genius. She's been a major influence on my life and my work as a therapist and as a performing artist and professional dancer. Just let me know and I'll send you the complete schedule.

*Fanchon Shur (4019 Red Bud Ave.)
Director, Growth in Motion, Inc
fanchon@growthinmotion.org
www.growthinmotion.org
513.405.8348*



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NANA CALENDAR



- **Tuesday, March 8, NANA General Meeting, 7:00 pm**, North Avondale Montessori Cafetorium, 617 Clinton Springs Avenue
- **Saturday, April 2, Great American Clean Up, 8:00am** Meet at the Recreation Center, 617 Clinton Springs
- **Thursday, April 7, NANA Education/Rental Housing Meeting, 1:30 pm**, District 4 Police Station 4150 Reading Road
- **Tuesday, April 12, NANA General Meeting, 7:00 pm**, North Avondale Montessori Cafetorium, 617 Clinton Springs Ave
- **Saturday, April 30 Green Up Day, 8:30am**, Meet at Seasongood Park

NANA EXECUTIVE BOARD, COMMITTEE CHAIRS

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