



NANA NEWS

Your monthly news & updates

Visit our Website

PRESIDENT'S MESSAGE



Hello Neighbors,

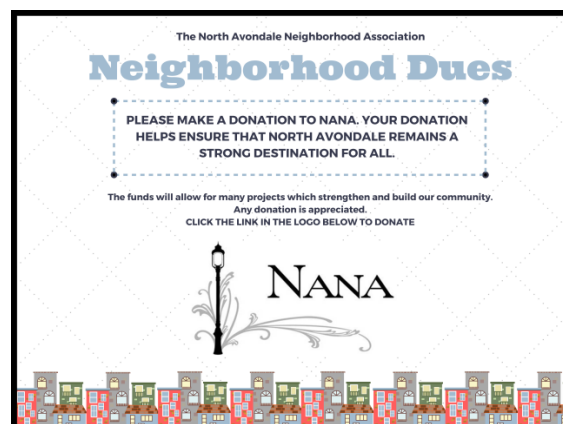
It was wonderful to see so many folks at last month's meeting! If you weren't able to attend you definitely missed out. We all learned how we can be a part of creating safer streets in Cincinnati and what the future holds for our city buses.

Bringing informative speakers to our meetings is a great way to inspire and educate our community. We were able to have SORTA attend September's meeting which was due to the wonderful suggestion of our neighbor Janet Banks! Her initiative in reaching out has inspired me to ask for more suggestions from you and our community.

So, whom would you like to see speak at our meetings? Which of our neighbors is doing great things we should all hear about? What city organization would you like to learn more about?

Drop me a note and let me know! → northavondalepresident@gmail.com

Ethan Perry



Donate

NANA GENERAL MEETING

Tuesday, September 10, 7:00 pm
North Avondale Montessori School Cafetorium

Next Meeting November 12

THANK YOU FOR PAYING YOUR [2019 NANA DUES](#)

COMMITTEE UPDATES

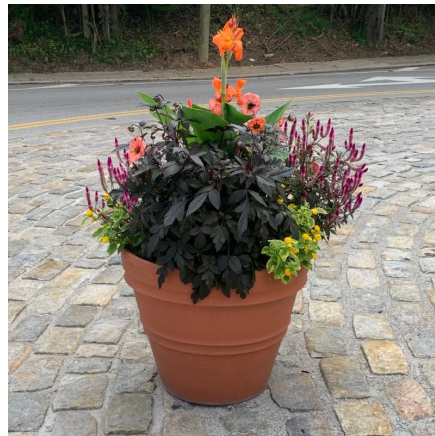
BEAUTIFICATION

Neighborhood Flower Pots

We are taking donations for 2019 to pay the Parks to maintain the flower pots along Reading Road. You can make a donation on line at: northavondalecincinnati.com/donate/ and check Other and put: flower pots or you can mail a donation to: NANA, 617 Clinton Springs Ave, Cincinnati, OH 45229, ATTN: Beautification.

Please consider helping with a tax deductible donation so we can continue making our neighborhood beautiful!
Thank you!

NANA Beautification Team



HEALTH & WELLNESS

One thing that is occurring more frequently with seasonal rains and high winds is the unexpected falling of trees. Many times, the trees in our own yards or trees in close proximity to our homes are old, damaged trees. The age of the tree, saturated ground and high winds can cause whole trees to split and limbs to break and fly randomly around. Sometimes the tree is not even aged; the rain and wind can cause it to split. You are lucky if a tree falls and it doesn't fall on your house or your neighbor's house or on you or any passerby. But many times, the tree just lay there in the yard or in the street, blocking traffic. Or it brings power lines down. So, how can we stay safe when trees fall?

If a tree falls,

1. Make sure everyone is safe.
2. Assess the area for dangerous situations (downed power lines)
 - a. If lines are down, call Duke Energy (1-800-544-6900)
 - b. Stay away from the wires until Duke addresses the situation.
3. If a tree is blocking your exit from the house, call 911.
4. If there is roof damage, cover those items in the house that can be damaged by moisture; secure valuables, lock doors and exit the house.
5. Call a certified arborist who can determine the next steps.
6. Call your insurance company.
7. If the tree punctured the house, you may need to call a contractor for repair so that your home is waterproof and livable.
8. If a healthy tree falls during a storm from "natural causes", whoever has the damage will pay for it.

If a tree was dead or dying or you have been informed that the tree was in poor health, YOU are responsible for the damage.

Trees can be a large liability right there on your property waiting silently for the right storm. Protect yourself. Get the trees in your yard checked annually to determine its health and to help you make a decision as to whether to get it cut or not. Maybe, pruning is a solution.

NEW ADDRESS OF THE AMBROSE H. CLEMENT HEALTH CENTER:
3559 Reading Rd in the Avondale Town Center Suite 101 513. 357.7320

A North Avondale resident, **Dr. Jamila Maddox-Lane** will be moving her chiropractic practice to the new Avondale Town Center once it opens in November. The mission: "To help you eat, move and think well 365 – to naturally enhance your health and well-being."

NEW ADDRESS OF CINCINNATI HEALING ARTS LLC: CHIROPRACTIC & NUTRITION:
3559 Reading Rd in the Avondale Town Center 513. 376. 3996

Kimya Moyo, Health Liaison

FUN IN THE NEIGHBORHOOD

●One of the things we love about North Avondale is just how easily residents here can access amazing fitness coaches and for just pennies on the dollar.

Let's look at an example of the options we have...

- Personal Training
- Self Defense Classes
- Outcall training in your home
- Diet Plans
- No Contracts
- ...and many more...

Sure, you can hire someone to help you, but if they're any good - they'll be incredibly expensive and far from North Avondale.

There are many benefits here:

#1 - Lose Weight and build confidence

#2 - Get Stronger and more fit

#3 - Detox and restart your metabolism

Don't wait! Call us at 513.692.5123 Setup a Free tour and Demo Session Today.

The Punch House
FALL SAVINGS
*
SERVING
NORTH AVONDALE
Since 2015

STAY FIT

\$35 PERSONAL TRAINING
\$3.75 CLASSES
NO CONTRACT
DIET PLANS INCLUDED

Call: 513-692-5123 / Visit www.ThePunchHouse.com

Thank You, We Appreciate your Business!

Web: www.BeerBoxing.com
Web: www.ThePunchHouse.com
Phone: 692.5123
Address: 3911 Reading Road,

● The Department of Public Services Neighborhood Operations Division is in the midst of its **2019 Neighborhood Blitz Clean Up**. North Avondale is included this week **September 30 to October 4!**

During the blitz, one dumpster (20 yards) will be delivered to the neighborhood and be emptied daily. The Greenspace Crew will mow, trim and edge all DPS owned properties during the week. DPS staff will be on foot litter picking main thoroughfares and heavily littered areas



Our dumpster is located on Ledgewood near Avondale and Asmann.

IN MEMORIAM

- **Mary Alyce Baughman**, (Burton Woods Lane) loving mother of Lynne Carol Wells, Angela Bowie (David), Beverlyn Baughman Mallory, Adriane Alexander (Frankie) and Patrice Baughman Borders, Esq. (Keith). Passed Friday, August 23, 2019 at 90 years old. The Funeral Service was on Saturday, August 31, 2019 at Carmel Presbyterian Church. There were also Special Ceremonies for the Top Ladies of Distinction, Inc and Alpha Kappa Alpha Sorority, Inc. "Ivy Beyond the Wall" Burial at Spring Grove Cemetery. Special online condolences for family and friends may be expressed at <http://www.jcbattleandsonsfuneralhome.com>



FROM YOUR NEIGHBORS

- **John Kachuba's** (Glencross Ave.) new book, "**Shapeshifters: A History**," has been published by Reaktion Books. See more at www.johnkachuba.com
- **Vanessa Sorensen** (Marion Ave.) is one of over 60 local artists participating in the "**Think Square 2" Exhibition**. This show features works of art that fit into a 5"x 5" square and includes printmaking, photography, fiber, glass, sculpture, painting and drawing. The show takes place at The Think Shop, 811 Monmouth St., Newport, KY 41071 from **Sept. 27 to Oct. 22**. The show is open M-F 8:30 am -5 pm.
- Here is an interesting article from the *The New York Times*: *The G.O.P.'s War on Women's Health Gets Results* <https://www.nytimes.com/2019/09/09/opinion/planned-parenthood-ohio-title-x.html?smid=nytcore-ios-share>

Mel Nizny (Rose Hill)

REMINDER CONCERNING RAKING LEAVES

Under the City Municipal Code, raking leaves into the street or right-of-way is prohibited and is **PUNISHABLE BY LAW**. It can clog up the sewers and make the street and sidewalks slippery.

- Please compost yard waste at home whenever possible.
- Your yard waste is collected every other week on your recycling day.
 - Make sure to put it in a separately marked container or the special paper bags.



Also this is a good time trim hedges and plants that have grown out over the sidewalks making it difficult to walk safely and easily

FUN AROUND TOWN



Make Your Mark At BLINK®!

October 11th-13th 4:00 -7:00 p.m.

Come to BLINK® and help paint a mural at 1807 Race Street (near Findlay Market). Keep Cincinnati Beautiful is creating the only crowd-sourced mural at Blink.

You are invited to come early on Friday, Saturday or Sunday, between 4-7 pm, and become part of the artmaking.

We will supply you with stencils, patterned rollers, sponges, and other fun painting tools to make your mark! Once the mural is finished, the words, "Make Your Mark" will be painted using glow in the dark paint to tie the piece together. Keep Cincinnati Beautiful is all about empowering people to take ownership of our great city and what better way to do that then to help people transform this blank space near Findlay Market into a beautiful mural. It is going to be crowded so pre-register below and you can skip the lines.

Pre-Register Now!

LIBRARIES, PARKS AND RECREATION

• North Avondale Recreation Center - 617 Clinton Springs Ave. 513.961.1584

- **Hours of Operation:** Monday - Friday: 11:00 am to 9:00 pm, Saturday 9 am - 3 pm Closed on Sundays, Veteran's Day (Nov. 11th), Thanksgiving (Nov. 28th) and November 29th
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year
- [Fall Program Guide](#)



Cincinnati Recreation Commission

6th Annual Skills and Drills Co-ed Basketball Clinic
At North Avondale Recreation Center

\$30.00 per session (Sibling Discount 2 Kids \$50)
(Please make checks payable to CRC.)

Session I: September 12th -October 1st, 2016
Session II: October 3rd-22nd, 2016

Mondays:
3rd-4th Grade: 5:00-6:00 PM
5th-6th Grade: 6:15-7:30 PM
Tuesdays:
Kindergarten-1st Grade: 5:00-6:00 PM
2nd Grade: 6:15-7:30 PM
Wednesdays:
3rd-4th Grade: 5:00-6:00 PM
5th-6th Grade: 6:15-7:30 PM
Thursdays:
Kindergarten-1st Grade: 5:00-6:00 PM
2nd Grade: 6:15-7:30 PM
Saturdays:
2nd Grade: 11:30-12:30 PM
3rd-4th Grade: 12:30-1:30 PM
5th-6th Grade: 1:30-2:30 PM

Sign Up Now: **Space is Limited!**

For questions or to sign your child up, please call:
Coach Tim 513-961-1584 or Coach Dart 513-544-7802.

Cincinnati Recreation Commission

North Avondale Recreation Center • 617 Clinton Springs Ave., 45229

Tiny Tumblers

Beginning Tumbling Class

Ages 4, 5 & 6

Wednesday 5:30-6:30 PM

No Class the Wednesday before
Thanksgiving

\$25/ Per Session plus membership

Sept 11 - Oct 16 and Nov 16 - Dec 11

10 spots per session
See or Call Brittany for more info: 513.961.1584



cincyrec.org | 513.355.4000 | info.crc@cincinnati-oh.gov

CINCINNATI



The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability, status, marital status, sexual orientation, or ancestry. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.



Hirsch Recreation Complex • 3630 Reading Rd, 45229 • 513.751.3393



Rec Girls Run

Ages: 9-12 year olds

When: Thursdays 4:15 pm - 5:30 pm

Cost: \$10.00

Where: Hirsch Recreation Complex

(Brittany will transport girls to Hirsch and back)

Permission Slip is required

Running Shoes are required

Please contact Hirsch Recreation Complex to register

Space is limited to 10 spots per group

Call Brittany for more info: 513.961.1584



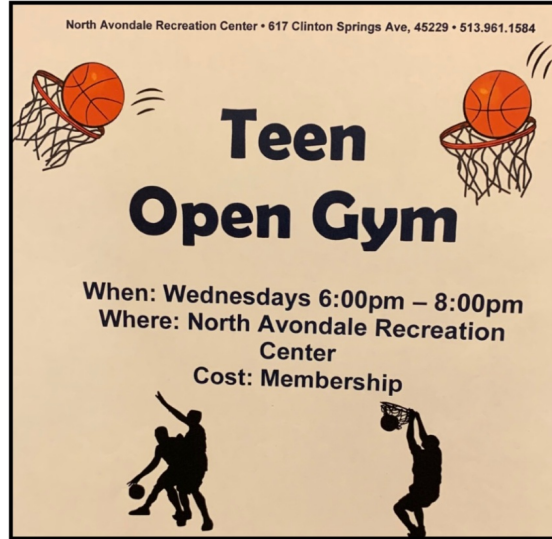
cincyrcc.org
CINCINNATI

513.352.4000

info.crc@cincinnati-oh.gov



The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgender status, or without regard to age or origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.



Please call 961.1584 if you have any Recreation Center questions.

●Hirsch Recreation Center - 3620 Reading Road ● 751.3393

- **Hours of Operation:** Monday - Friday: 9:00 am to 9:00 pm; Saturday 9:00 am - 3:00 pm; Sunday 11:00-5:00. Closed: Veteran's Day (Nov. 11th), Thanksgiving (Nov. 28th) and November 29th
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$20.00/3 months, \$70.00/year
- [Fall Program Guide Click Here](#)

On Friday September 27, they celebrated the grand opening of the renovated Hirsch Recreation Center.



**Friends' Fall Used Book Sale
October 3-6, 2019**



- Thursday, October 3rd 10 am to 7:30 pm
- Friday, October 4th 10 am to 7:30 pm
- Saturday, October 5th 10 am to 6 pm
- Sunday, October 6th Noon to 5 pm
 - ****Sunday members get 50% off! Join or renew at the door!****

In addition to our extensive, incredibly priced stock of books, there will be daily discounted items and marked down carts. Some of the special sale features include a large, privately donated Science Fiction collection, mass market paperbacks for 50 cents, and signed books for \$4. Look for the reduced priced DVDs and romance grab bags. There is so much worth checking out!

Join us at

The Used Book Store at the Warehouse (Hartwell)

8456 Vine Street

Cincinnati, 45216

info@cincylibraryfriends.org

513.369.6035

Read more at: <https://www.cincylibraryfriends.org/fallbooksale/>

Jennifer LeMaster

Marketing Manager, The Friends of the Public Library of Cincinnati and Hamilton County

For Monthly Activities at the Avondale, Norwood and St Bernard Libraries [Click Here](#)

(limit calendar to the branch of your choice for their monthly updates)

NORTH AVONDALE SCHOOLS



**North Avondale Montessori • 615 Clinton Springs •
363.3900 • www.namrockets.org [NAM Brochure](#)
[NAM Preschool Brochure](#)**

NAM 2019 October Events

- 2 - LSDMC Meeting - 5 pm - Media Center
- 4 - NAM Vocal Choir performs at Cinta Center. 6 pm
- 5 - Sibling registration ends at 3 pm in the Main Office.
- 12 - End of 1st Quarter.
- 19 - Report Cards go home with our students!
- 21 - No School for students.
- 25 - Picture retake day.
- 26 - Halloween Dance for students in grades 4-5-6- currently at NAM. 3:30 pm to 5 pm - Gymnasium.
- 27 - New perspective **Pre School/Kindergarten Open House at NAM! 1 pm to 3 pm**
- 28 - Grade 3 State Reading Test Begins
- 01 - November - Grade 3 State Reading Test Ends!

2019 OFFICIAL Read-a-thon Results!

Congratulations to the entire NAM Community for making our 2nd annual Read-a-thon a tremendous success! This year we had 136 students participate, 29,899 minutes read, participating students on average read 56 minutes over their stated goal and collected **over \$8,000** which will go to support NAM!

Class Pizza Party - The classroom at each age level with the highest total dollars raised:

\$2,103 Flaspohler 1-3

\$1,118 C. Mason P-K

\$2,215 McAllister 4-6

Ice Cream Party - The classroom at each age level with the highest total minutes read

2202 DiMarco-Stiles 1-3

2217 Kiefer 4-6

1217 Lonnemann P-K

GRAND PRIZE: The top student that raised the most money during the Read-A-Thon can have lunch with Ms. Simpson at Joseph-Beth and go on a shopping spree: M. Fleischmann

Individual Raffle Prize Winners*

\$60 Gift Card:

C. Fielden

\$40 Gift Card:

T. Dewitt

P. Taylor

M. Hon

NAM Families Enjoy Annual Camping Trip!

On Saturday, September 28 and Sunday, September 29, the NAM-Fathers Group (NAMFG) hosted their 11th annual camping trip at Morgan's Livery in Morrow, Ohio. More than 75 families attended the annual event and had a wonderful time with their children.

"Even with the temps being unusually high for this time of the year, we had excellent participation," said NAMFG President, Tim Brooks.

Students enjoyed the day by participating in a number of games and activities. Students and parents had the option of going on a canoe trip. "We had to really monitor our children today. We wanted everyone to stay hydrated due to the record breaking temperatures," said Julie.

The purpose of this event is to bring the NAM community together and have a fun day for the students. After the daily activities, campers enjoyed a cookout and the annual trail walk along with storytelling. "I have been coming to the camping trip for several years. This is my last trip and I had a great time," said Will, 6th grade NAM student.

The camping trip is usually scheduled at the end of September or early October. "Hopefully, next year, the temps will be more favorable for camping. Regardless, we had a great time," said Mr. Brooks.



Roger Lewis, NAM Principal



The New School Montessori (TNSM)

• 3 Burton Woods Lane • 281.7999 • www.newschoolmontessori.com

Caring for Pets in The New School Montessori Classroom

"Solicitous care for living things affords satisfaction to one of the most lively instincts of the child's mind. Nothing is better calculated than this to awaken an attitude of foresight." Dr. Maria Montessori

Maria Montessori learned a lot about children by observing them. She noticed that children gain satisfaction from caring for living things. This is why classrooms at The New School Montessori have been home to many types of creatures over the years, including fish, turtles, rabbits, hamsters and of course numerous caterpillars to butterflies.

Having an animal in the classroom allows children the necessary time needed to observe the animal's habits, to grow in curiosity, to ask questions, to look for clues, make hypotheses and find answers. Pets in the room also provide opportunities for learning gentle touch and care of small creatures and can allow children the time to build meaningful connections to these squirming, lovable bits of nature.

Providing food, water and a clean, safe environment for an animal helps foster a sense of responsibility in these

young people. Friendships of all kinds begin with respecting the needs of another. What a wonderful way for children to practice learning where and how they are needed.

We invite you and your family to visit our open house on Sunday, October 13 between 2:00-4:00 pm. Children are encouraged to explore the Montessori materials in the classroom and to tour the building with you. To learn more or to schedule a private visit, call 513-281-7999 or go to newschoolmontessori.com.



Ann Baumgardner, Communications Director

WELCOME NEW NEIGHBORS

- Andrew Dooley at 3753 Washington Ave.
- Scott Liming & Chad Peyton at 967 Marion Ave.

NANA CALENDAR

- **Tuesday, October 8, NANA General Meeting**, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.
- **Tuesday, November 12, NANA General Meeting**, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.

Cincinnati's Best Address with Beautiful Homes, Great Neighbors & Civic Passion

NANA EXECUTIVE BOARD AND COMMITTEES

President: Ethan Perry
1st VP: Heather Herr
2nd VP: Jimmy Musuraca-Messer
3rd VP: Sarah Henderson
Corresponding Sec.: Rick Ruehlmann
Recording Secretary: Lesley Chapman
Treasurer: Doug Louder Jr
Block Watch: Carolyn Gillman
Law & Safety: Carolyn Gillman
Dirk Pastoor
Pedestrian Safety: David Emery
Strategic Development: David Emery
Rick Ruehlmann

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jamesallenmusuraca@hotmail.com
45220henderson@gmail.com
rruehlmann@c4financial.com
lesleyachapman@gmail.com
Dougloider@yahoo.com
cgillmanwhhs@gmail.com
cgillmanwhhs@gmail.com
dpastoor1@gmail.com
emeryda@gmail.com
emeryda@gmail.com
rruehlmann@c4financial.com

Join NANA
NANA Contact Form

Send an Email to Join Our Mailing List

Join Block Watch Group - Email Carolyn
Gillman

Join North Avondale Nextdoor Neighbor
Email Group

North Avondale Parents & Friends
Facebook Group

Coyote Information 1

Coyote Information Walking Your Dog

Coyote Information 3

Coyote Information 4

Safety Tips
Safety, Health & Block Watch

Important City
Numbers/Emails/Websites
Request City Services

A 2019 Green Recycling Schedule

Hamilton County Recycling - Learn
Where to Recycle Items

Spot Crime

Victim Services Contact Numbers

City Link to find out about Maintenance
on Problem Properties

WCPO Best Companies in Cincinnati

North
Avondale
Neighborhood Association

617 Clinton Springs Ave.
Cincinnati, Ohio 45229

513.401.5356

nanacincinnati@gmail.com

VISIT OUR WEBSITE
<http://www.northavondalecincinnati.com>

[Printable October Newsletter](#)

[NANA Facebook](#)

