

Published by :The North Avondale Neighborhood Association 617 Clinton Springs Ave. 45229 Voice mail: (513) 401.5356 Email: nanacincinnati@gmail.com Website: Northavondalecincinnati.com Facebook: North Avondale Neighborhood Association Cincinnati Volume LVI No. 9 President: Marvin Masterson Editor: Charlene Morse

PRESIDENT'S MESSAGE



Dear Neighbors:

We hope that you and your families are having a great summer! In June, our Party in the Park Friendraiser was a major success. It was a

wonderful to see diverse members of our community engaging with each other and having a good time enjoying the music and children's activities.

We would like to take this opportunity to thank the individuals listed below who helped ensure the success of our event.

Tim Adams • Kelley Bagayoko • Michelle & Darren Baxter • Ken Brawner • Nina & Michael Caporale • Jennifer Cronk • Tim Franklin • John Jones • Captain Mack and Police detail • Marvin Masterson • Charlene Morse • Charlie McGinnis • Brendan McGinnis • Steve & Anne Mergle • Wendy O'Neal • Tiffani N Tribble • Cincinnati Park Staff: Lou Sand, Pam Wilson • **Baxter Burial Vaults** for the tents (especially Darren who put them all up then down!) • Aikido of Cincinnati for the tables and chairs • Cincinnati Circus • Family Treats and Grill on Wheels Food Trucks • Bands: Swan https://www.facebook.com/ SwanRocksAgain/ Zac Morgan http:// www.zakmorgan.com/

Finally, for those neighbors who lost power on July 7th, we hope that your power has been restored.

Marvin Masterson



NANA Board members Marvin, Mike, Tiffani and John help cleaning up!



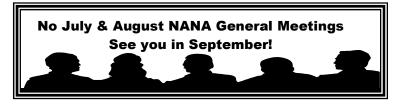
LABOR DAY BIKE/TRIKE/WAGON PARADE SEPTEMBER 4 AT 10:00AM



- You can decorate your bike/wagon/trike before you come, or choose from provided decorations (come a few minutes early if you plan to decorate there)
- Parade will begin at 10am sharp. Check in at 3937 Rose Hill (the green rookwood tile house)
- The parade will take place on the street (Beechwood/Rose Hill will be blocked off for the parade)
- You don't have to participate to have a good time. Come cheer on the kids and get in the patriotic spirit!
- A balloon artist and several musicians will help us get in the spirit. Reg Crutcher will be our MC, and Mike Caporale will lead the parade!
- After the parade, there will be Rocket Pops available for the kids.

Questions? or to volunteer, email <u>Marybeth Flaspohler</u> or call the NANA Voice Mail at 401.5356. Event Co-Chairs: Jennifer Cronk, Marybeth Flaspohler and Tiffani N Tribble





NANA COMMITTEE UPDATES BEAUTIFICATION

As always, May and June were very busy months for Beautification! Many thanks to all of the Beautification Committee Members and other Volunteers for sprucing up our Community Gardens at Seasongood, Marion, Dana Triangle, Washington and more! They look amazing! Special shout outs to Mary Piper who works very hard on her new flower bed at Asmann and Victory and who consistently picks up litter on Asmann each day she works at that bed. We owe Mary a great deal of thanks for her passion for gardening and her initiative in creating new gardens where there were once just weeds and debris. And to Richard Jackson for his generous monetary donations to our Beautification Committee and the amazing gardens he cares for and continually improves upon, including new community gardens at the Round-about and Marion, not to mention the long standing efforts of spectacular gardens at Dana Triangle! Richard thank you for your generosity always and thank you for your beautiful flower beds for everyone to enjoy!

Save the Date 9/16/17. We have been informed that Xavier University will be having a **community action day** on 9/16/17, and they would like to partner again with North Avondale. We need community volunteers to sign up to work with Xavier to help clean up our streets. Meeting place and time will be determined and announced in August.

Also, the Park is in need of some people who want to volunteer in Seasongood Square Park. There are some spaces in the park that are in need of some TLC. Some beds need to get attention now. Please do let me know if you want to adopt a garden or can volunteer for the special projects by contacting me at <u>emharten@aol.com</u>.

Thank you,

Emily Harten Beautification Chair

To pay the Parks to maintain the flower pots along Reading Road, we are taking donations for 2017. Please consider helping with a tax deductible donation so we can continue making our neighborhood beautiful and adding value to YOUR property!!! You can make a donation online at: <u>northavondalecincinnati.com/donate/</u> and check Other and put: flower pots or you can mail a donation to 617 Clinton Springs 45229. Thank you!

Beth Ewing, Flower Pot Fundraising Chair

HEALTH & WELLNESS

Recalling Birth Control Pills

Did you know that the FDA is recalling birth control pills? The pills "Mibelas 24 F-E" Lot # L600518 expiration date: May 2018 were placed in the wrong order. The first **four days are placebo tablets.** This mistake could result in unintended pregnancy. If you have such a pack of pills, call your doctor immediately and return them to your pharmacy.

TIPS FOR MAKING THIS SUMMER HEALTHY

- 1. Take a vacation, if possible, or do whatever is necessary to lower your blood pressure, heart rate and stress. Sometimes a small change in venue relieves stress.
- 2. Make a habit of walking in the cool of the morning or late evenings. Brisk walking or jogging helps you stay in shape and doing that before it gets too hot can actually be quite satisfying.
- 3. Plan your meals to include fresh produce. Visit Gabriel's Place (3618 Reading Road, 45229) for menu ideas and free meals.
- 4. Drink low calorie beverages, seltzer water, unsweetened tea and fresh fruit juices. Skip the sugary drinks.
- 5. Enjoy the outdoors. Cincinnati has great parks and recreational facilities. Spend time outdoors. The moods of some people (especially children) improve when they are outdoors. he longer days allow for more social activities that the entire family can enjoy.

HAVE A GREAT SUMMER!

Kimya Moyo, Health Department Liaison

STRATEGIC DEVELOPMENT

Property Tax Appraisals:

NANA has heard a lot of comments and concerns regarding the recent property appraisals. Some home values have gone up, others down. Here is a news article from *The Enquirer* which you may find helpful. Go to <u>http://www.cincinnati.com/story/</u> news/2017/07/07/whats-your-house-worth-probably-lessthan-before-recession/442798001/ to read the article.

Tiffani N Tribble & Maura Wolf, Co-Chairs

NEW NEIGHBORS

- Lilly & Nicholas Grote to 9 Avon Fields Pl
- Isaiah & Sarah Fry to 980 Avondale Ave
- Constance Mara & Jonathan Pallett to 756 Clinton Springs Ave
- Hilton Capital Group LLC to 759 &767 Clinton Springs Ave
- Infinity Investments And Land Group LLC to 881 Clinton Springs Ave
- Kyle W & Amanda M Nobbe to 673 N Fred Shuttlesworth Cr
- Diamond Underwood to 3896 Reading Rd
- Caleb M & La'keyta Hoffmann to 4344 Rose Hill Ln
- Yaniv Glikman & Peled Tamar to 3948 Vine St



AROUND TOWN

Greater Cincinnati is the Outdoor Mecca of the Midwest – Here's Why

In honor of Great Outdoors Month and the third time that Cincinnati will be hosting the Midwest Regional Sustainability Summit – both taking place this June, Green Umbrella compiled the top 10 reasons why Greater Cincinnati is the outdoor mecca of the Midwest. To see how the Greater Cincinnati and Northern Kentucky metro area ranks in terms of access to outdoor adventure, greenspace, and locally-grown food, we gathered national accolades and asked park managers, regional planners, health department officials, conservation leaders, outdoor outfitters, canoe liveries, paddling enthusiasts, bicycling and trail advocates, local food gurus, and more. Here's what they said:

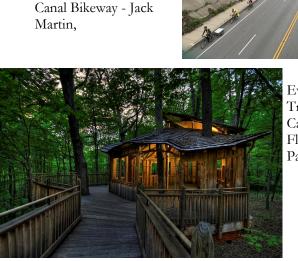
- 1. Trails: Where else in the Midwest can you access 23,000 miles of long distance trails and a local network of 330 miles of multi-use trails, 250 miles of hiking trails, 80 miles of on-road bike lanes, and 60 miles of mountain-biking trails? We're also home to the Little Miami Scenic Trail the third longest paved trail in the country.
- **2. Greenspace**: Our verdant topography features scenic hilltops and abundant greenspace over 101,000 acres of protected greenspace to be exact. A leader in these conservation efforts is Great Parks of Hamilton County, which alone preserves and protects over 17,000 acres of greenspace.
- **3. Parks**: Cincinnati's park system is ranked Top 10 by the Trust for Public Land which ranks the "Parkscore" of the 100 Largest Cities (and we have the most top 10 rankings). Local favorites include Smale Riverfront Park, Washington Park, and Eden Park but don't forget to check out Mt. Airy Forest.
- 4. Paddling: We have 5 rivers (FIVE!) that flow yearround with nearly 6,000 stream miles in the region which support 14 canoe/kayak/SUP board liveries. One-of-akind local events celebrating these waterways include The Ohio River Paddlefest - one of America's largest paddling events and the largest SUP race in Midwest, and the oldest triathlon with a canoe/kayak leg replacing the traditional swim portion at Morgan's Canoe.
- **5. Tree Canopy:** Ohio has been ranked #1 in Tree City USA Communities for 37 years by The Arbor Day Foundation, and regionally over 280,000 trees have been planted through the Taking Root campaign.
- **6. Outfitters**: We are proud to have over 60 outdoor outfitters and bike shops to support the outdoor active living that we enjoy year-round with our 4-season moderate climate.
- **7. Local Food:** With more than 90 restaurants and cafes that source locally, nearly 60 farmers markets including Findlay Market Cincinnati's thriving open-air market, PLUS 34 craft breweries, our region's commitment to locally-grown food is serious (and seriously delicious).
- 8. Sample the Outdoors: Every September, adults and

kids alike can sample the region's best outdoor recreation and nature awareness programs during Great Outdoor Weekend with 100+ free activities in 3 states over 2 days.

- **9. Equity**: Cincinnati just received a Playful City USA designation by ensuring that kids in our community, particularly from low-income families, get the active play they need to thrive. Local initiatives connecting low-access communities to the great outdoors include Outdoor Adventure Clubs, Kids Outdoor Adventure Expo, and Everybody's Treehouse.
- **10. Best in Class**: We've got the greenest zoo, the oldest observatory, and the largest member supported nature center in America, a certified green marathon, a bike share program with over 50 stations, and world class climbing just two hours away at Red River Gorge.

Green Umbrella is the leading alliance working to maximize the environmental sustainability of Greater Cincinnati. With major funding from the Greater Cincinnati Foundation and Interact for Health, we drive collaboration to fuel measurable improvements in key areas of sustainability. Our vision is to have the region recognized as one of the top 10 most sustainable metro areas in the nation by 2020. For more information or to become a member, please visit <u>mnw.greenumbrella.org</u>.

Kristin Weiss, Executive Director, Green Umbrella 4138 Hamilton Avenue, Suite D / Cincinnati, OH 45223 513.541.1538 / <u>www.greenumbrella.org</u>, <u>kristin@greenumbrella.org</u>



Everybody's Treehouse -Cathy/ Flickr, Paddlefest

Photo credits

are as follows:

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FROM YOUR NEIGHBORS

School Supply Drive

It's almost that time of year again! Join your neighbors in helping all students start the school year off right participate in the Coldwell Banker #cbbelieves School Supply Drive. Supplies will be evenly distributed between North Avondale Montessori and South Avondale Elementary. Items needed include: paper (construction and writing), #2 pencils, blue & black pens, colored pencils, crayons, markers, backpacks, erasers, glue sticks, rulers, scissors and pencil boxes. Please donate unwrapped items in a box outside of the NANA Office in the Recreation Center. Pickup will be every Friday until August 25, 2017. Your help is greatly appreciated! Questions? Contact Tiffani at 513.549.4686.

Tiffani N Tribble (Barker)

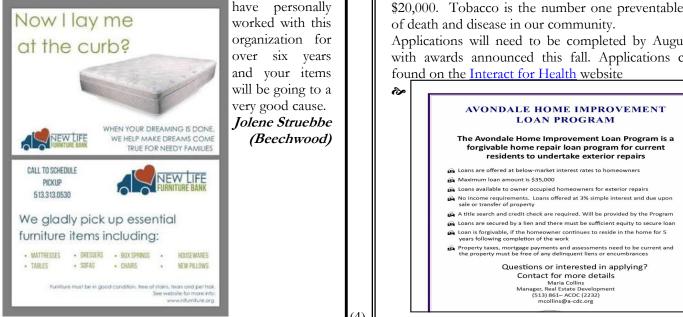
≈I've lived in North Avondale for about 3-4 years now. Recently, I've noticed 2-3 strange cars (not neighbors) in the parking lot where my apartment is located. The cars are here early evenings 3-4 times a week. There are always at least 3-5 people in the car. Clearly there is something suspicious going on here. I live in The Alston Park apartments on Glenwood Ave. (313 to 415). I've lived here for about 3 years and never experienced any issues until mid-late spring.

I'm concerned for the safety of myself, my son and fellow neighbors. Please keep alert and let me know if you know anything more.

Thanks!

Lynette, nanacincinnati@gmail.com

≈Hello neighbors, if you are spring cleaning or downsizing or just have furniture that you don't want anymore, please consider calling the New Life Furniture bank to pick up your unwanted items. The New Life Furniture bank is similar to a food bank and is the only furniture bank in the greater Cincinnati area. All donations are tax-Telephone number is 513.313.0530. deductible. Donations are used to set up housing for those fleeing domestic abuse or who have been formerly homeless! Thank you! Ι



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FROM THE CITY& NONPROFITS

Cincinnati STAND is a youth-led campaign to encourage kids, ages 11-17, to stand up and speak out against tobacco. The group aims to eliminate the cultural acceptance of tobacco use and counter tobacco advertising. Members of the group are available to speak to get their message out and expand their platform.

The Cincinnati STAND group will share their antitobacco message with their peers by using traditional and non-traditional marketing channels, such as participating in community parades and public events, presenting to youth groups and community partners, distributing information in their neighborhoods, sharing content on social media and creating artwork with antitobacco messages.

Marissa Staples, The Voice of Your Customer 513.281.3228 - www.thevoiceofyourcustomer.com marissa@thevoiceofyourcustomer.com



Interact for Health Invites Grant Applications to End Tobacco Use

Local foundation celebrates 20th Anniversary with \$20,000 to each of the region's 20-Counties

In anticipation of Interact for Health's 20th Anniversary this fall, they are seeking grant applications from each of the 20-counties in the Greater Cincinnati region to reduce tobacco use in in low-income communities. Organizations in each county will be awarded up to \$20,000. Tobacco is the number one preventable cause

Applications will need to be completed by August 2nd, with awards announced this fall. Applications can be



NORTH AVONDALE MONTESSORI 363.3900 • 615 Clinton Springs www.namrockets.org

Come play with us! Meet other North Avondale Montessori families at a school-wide play day.

Join us at the CRC playground by NAM (by the CRC entrance, 617 Clinton Springs) 10am to 12pm on one or both dates:

Wednesday, July 26, 2017 Saturday, August 5, 2017

(This is a parent-supervised event where your children can safely play in an enclosed space with other NAM children. Please - do not leave your children unattended).

QUESTIONS? Email PTO President Val Perez at <u>NAMSPTO@namrocekts.org</u> Find us on Facebook! (NAMS Community Group Page)

Roger Lewis, Principal



THE NEW SCHOOL MONTESSORI (TNSM) 281.7999 • 3 Burton Woods Lane www.newschoolmontessori.com

New School Montessori 6th graders donned latex gloves and forceps as they practiced suturing deep cuts in cadaver pigs' feet. TNSM parent and physician's assistant, Jen Garrett, works with U.C.'s liver transplant program and began her lesson by leading a presentation on organ donation and its importance in savings lives. Students had an opportunity to meet and ask questions of a liver transplant recipient who shared his experience. After the lecture, they palpated chicken



hearts and livers and learned basic suturing techniques from surgery residents who observed as students practiced closing wounds.



Ann Baumgardner, Communications Director



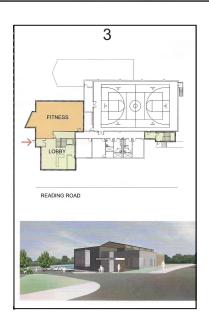
Hirsch Recreation Center

Additions and Modifications









PARKS & RECREATION

Reaching Out For Kids Junior Golf Program 2017 Summer Avon Fields Golf Clinics



July 8, 15 and 22, 29 Ages 3 –10 Ages 11-17 8:30 am – 10:00 am 10:30 am to 12:30 pm Avon Fields Golf Course 4081 Reading Road

The Reaching Out For Kids Golf Program teaches golf and character education to kids ages 3 to 17. Participants will learn the fundamentals of golf, from gripping the club and hitting the ball, to chipping, putting, rules of the game, safety, and golf etiquette. Also included will be tips on participating in tournaments, playing on junior high, high school and college level teams.

Participants learn valuable lessons such as:

- •The importance of maintaining a positive attitude
- •Making decisions by considering the consequences
- •Setting goals

How to transfer values such as integrity, responsibility, honesty, respect, confidence, and sportsmanship from the golf course to everyday life

Equipment is provided for the participants to use.

For more information call:

Ron Dumas, Executive Director 513.207.2960 fij18@aol.com GOLF•CHARACTER BUILDING•LIFE

EXPERIENCES•SUCCESS

North Avondale Recreation Center • 617 Clinton Springs Ave. • 961.1584

Hours: Monday - Thursday: 7:00 am to 7:30 pm; Friday: 7:00 am to 6:00 pm Closed Saturday and Sunday - open for Instructor led programs only.

Memberships: Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year

Jaime Stryker, D.T., D.

≈7 Star Dragons Karate



Star Dragons Karate at NA Recreation Center is happy to share their student's Academic Success. 95% of the students showed academic improvement and received certificates, honor stripes for their belts, medals and trophies. Attorney, Eric Cook sponsored the A Team Awards. After graduating from Ν and Clark Avondale Montessori, he attended and graduated from Miami University and Indiana University Maurer School of

Law. We appreciate Attorney Eric Cook returning to NA Recreation Center were he obtained his Black Belt, to mentor, encourage and teach during our special Academic Awards Day for School year 2016-17.

Ten youth made all A's in a grading period during the school year. Pictured in the previous column after receiving the A Team Award Trophy!



The competition has earned Team over 100 trophies and medals after attending three events in Kentucky, Indiana and Cincinnati, Ohio. Amina Issa, Ν Avondale Montessori School

has won two Grand Champion Awards in Kokomo, Indiana

and at the EMAC Ohio State Championships, 11 & under on June 24, 2016. The team won Most Supporting School Award, and The Most First Place wins with 30 GOLD medals. Jared Belmont was awarded 12 - 17 year old Grand Champion. The team won a total impressive 50 awards! Lastly, the Team was honored with 16 students being honored for being top competitors in PKC Region 7. All received beautiful plaques. We continue to be grateful to CRC for providing opportunities for our youth to train and represent their families and community in a positive way!



Region 7 PKC Top 10 rated Competitors



FUN WITH YOUR NEIGHBORS

Need help on the computer or in using your phone, tablet, or Kindle? Sign up for a Technology Appointment and receive an hour of help from a library staff member. The program is offered Saturdays from 2-3pm. Please call the St. Bernard Branch Library 513.369.4462 to sign up.

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Kate Kraus, St. Bernard Branch Manager



more!

July 7–23, 2017 11 am–5p.m.

Find huge discounts on treasures from the past, as well as one-of-a-kind pieces from our current collections of artful jewelry, home accessories, art glass, pottery, note cards and more.

Also, join us for our 2nd annual art book sale. A beautiful collection of art table books at super low prices.

Don't Miss Our Revolving Fund Presentation at Memorial Hall on July 13, 8:30am

CPA has received a grant from the 1772 Foundation in Newport, Rhode Island to evaluate the feasibility of a revolving fund. Preservation revolving funds are



used by preservation organizations to save and rehabilitate historic properties and revitalize communities. Investment from a revolving fund can also create affordable housing, invigorate business districts, reduce demolition and displacement.

Want to know more? Here's your chance, plus you can help shape our fund.

In July three of the nation's leading experts on revolving funds will visit Cincinnati to conduct a review of how a CPA revolving fund could help us save more buildings. They will also share successful projects from their decades of experience and advise us on the most productive approaches for a Cincinnati Preservation Revolving Fund.

The visiting team will present their findings and recommendations at a public event at Memorial Hall on Thursday, July 13 at 8:30 a.m. Please RSVP at info@cincinnatipreservation.org.

We hope you will join us for this important event. It is the beginning of a new, more direct approach to our support for historic buildings and neighborhoods. We want to start with advice and ideas from as many of you as possible.

 Free interactive outdoor and environmental education event is the largest of its kind in the Midwest, and it returns to the Tri-State for the 12th year on Friday, July 14 from 9:30 am

 - 3:00 pm at Winton Woods Harbor.







≈Catch a Taste of Paradise at Bonefish Grill

Eighth annual Hyde Park summer soirée benefits Talbert House

Don't miss Talbert House and community supporters at Bang Bang in Paradise, presented by Bonefish Grill and Fifth Third Bank, on Sunday August 27, 2017 beginning at 6:00 P.M. Bang Bang in Paradise is an annual tropical fundraiser held on the extended patio of Bonefish Grill in Hyde Park. Guests will enjoy a sampling of signature Bonefish fare including Bang Bang Shrimp, dessert by Nothing Bundt Cakes, and live music provided by Nick Tuttle with proceeds supporting the mission of Talbert House. The event will be hosted by the agency's young professionals board, the Talbert House Ambassadors.

Tickets for Bang Bang in Paradise are \$60 per person or \$100 per couple and can be purchased in advance online at www.talberthouse.org or in person the day of the event. A discount is available for young professionals purchasing tickets online: use promo code YPSingle to save \$15 on one ticket or YPCouple to save \$25 on two. Casual and tropical attire encouraged. Sponsorship opportunities are still available by contacting Jenna Toon at jenna.toon@talberthouse.org or 513.751.7747 ext. 1095.

http://www.talberthouse.org/news/events-2/bang-bang-in-paradise-8/



ABOUT YOUR NEIGHBORS

We are "new"-ish neighbors: We have been renting at 3919 Leyman Drive since August 2013. However, we just purchased 756 Clinton Springs to make our home in North Avondale permanent! It is myself (Constance Mara), my husband (Jonathan Pallett), and our son (Harrison) living there.

Constance Mara

Yuri Hart was featured in Houzz Online Magazine go to https://www.houzz.com/ideabooks/83955707/list/ my-houzz-nature-inspired-home-for-work-and-play-innew-orleans

Sasha Hart (Valley)



City Complaint/Request Hotline	591.6000		
	<u>5916000.com</u>		
N.A. Neighborhood Officer Lori Hamann	569 8679		
lori.hamann@cincinnati-oh.gov			
Neighborhood Liaison Sgt. Neack	569.8655		
douglas.neack@cinc	douglas.neack@cincinnati-oh.gov		
Police District 4	569.8600		
Nonemergency Police	765.1212		
To just make a crime report (no police visit)	352.2960		
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To learn about Crime in Cincinnati vis	sit: <u>Crimereports.com</u>		
	Spotcrime.com		
Truancy Hotline	363.0003		
Track property code violations:			
http://cagisperm.hamilton-co.org/cpop/			
Nexdoor Neighbor Site:	http://nextdoor.com		
Request City Services	5916000.com		
Request A Recycling Cart	591.6000		
Report Air Odors 24/7.	946.7777		
Where to Recycle Different Things	http://earth911.com/		

Cincinnati's Best Address with: Beautiful Homes, Great Neighbors & Civic Passion

NANA CALENDAR

- NO JULY OR AUGUST NANA GENERAL MEETING HAPPY VACATION!
- Thursday, August 3 & September 7, NANA Education/Rental Housing Meeting, 1:30 pm, District 4 Police Station, 4150 Reading Road
- Monday, September 4, Labor Day Bike/Trike/Wagon Parade
- Tuesday, September 12, NANA General Meeting, 7:00 pm, North Avondale School Cafetorium, 617 Clinton Springs Ave

NANA EXECUTIVE BOARD, COMMITTEE CHAIRS

President: Marvin Masterson	Marvinhmasterson@gmail.com	Beautification: Emily Harten	emharten@aol.com
1 st VP & Strategic Development: Tiffani N. Tribble	tribbltn@gmail.com	Block Watch: Carolyn Gillman	cgillmanwhhs@gmail.com
2 nd VP: Michael Caporale	varicap@mac.com	Law & Safety: Michelle Baxter	flybye@zoomtown.com
3rd VP: Yvonne Fender	fender@zoomtown.com	Neighborhood Issues: John Jones	jwjphoenix@gmail.com
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Rec Secretary: Carolyn Gillman Treasurer: Steve Megerle	fvpgillman@aol.com sim4880@aol.com	Strategic Development Co-chair: Maura Wolf	maurawolf100@gmail.com













