



NANA NEWS

Your monthly news & updates

[Visit our Website](#)

PRESIDENT'S MESSAGE



Hello Neighbors,

Summer is winding down and Autumn will be here before you know it. Along with shorter days and changing leaves, school is back in session and students from kindergarten to our local universities are heading back to class. This means we are all experiencing heavier traffic and the addition of buses to our morning commutes. All these factors make September the perfect time to talk about safer streets!

I think everyone in North Avondale has seen or heard about a traffic incident that has left us scared and concerned. Collisions and close calls are all too common in our neighborhood and Cincinnati at large. So, what are we supposed to do about it? Luckily, we have some wonderful speakers at this month's meeting who will educate us on **topics like pedestrian safety, traffic, public transportation and more!** This is a great opportunity for our community to come together and learn about how we can take action personally and as a neighborhood to make our streets safer.

Have you heard of **Vision Zero**? "It is a strategy to eliminate all traffic fatalities and severe injuries, while increasing safe, healthy, equitable mobility for all. First implemented in Sweden in the 1990s, Vision Zero has proved successful across Europe — and now it's gaining momentum in major American cities." We will have a representative joining us to talk about their efforts in Cincinnati!

How many cars could be taken off our roads if more people used **public transportation**? That is why we have invited the folks from SORTA and the Transportation Coalition to discuss mass transit's role in making safer streets for all our citizens.

I hope that you will join us for this month's meeting to get all the details! We have a great opportunity to come together and make the streets of North Avondale among the safest in the city.

Ethan Perry



Donate

NANA GENERAL MEETING

Tuesday, September 10, 7:00 pm
North Avondale Montessori School Cafetorium

AGENDA ITEMS

- Pedestrian safety, Traffic, Public Transportation and more
- Vision Zero

Next Meeting October 8

THANK YOU FOR PAYING YOUR [2019 NANA DUES](#)

COMMITTEE UPDATES

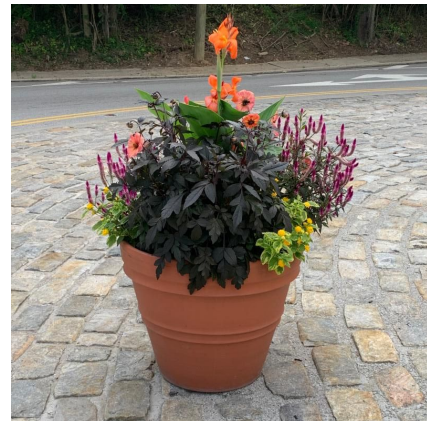
BEAUTIFICATION

Neighborhood Flower Pots

To pay the Parks to maintain the flower pots along Reading Road, we are taking donations for 2019. You can make a donation on line at: northavondalecincinnati.com/donate/ and check Other and put: flower pots or you can mail a donation to: NANA, 617 Clinton Springs Ave, Cincinnati, OH 45229, ATTN: Beautification.

Please consider helping with a tax deductible donation so we can continue making our neighborhood beautiful!
Thank you!

NANA Beautification Team



FUN IN THE NEIGHBORHOOD

- Visit The Punch House for “End of Summer Savings” Sales end September 14th! We have diet plans, personal

training, boxing classes, self defense classes, and children's classes. Get our best savings of the year now!



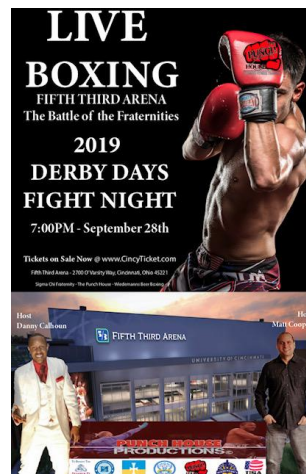
CALL NOW
5136925123

LAST CHANCE
\$35 Personal Training

\$3.75 per Class

SAVE BIG NOW **Our Best Deals of the year**

In 4 weeks, September 28th your invited to Watch the **1st Live Boxing Event at Fifth Third Arena** on the University of Cincinnati's Main Campus. This event is brought to you by The Punch House, Wiedemann's Beer Boxing, and Punch House Productions. Tickets are on sale only at CincyTicket.com



LIVE BOXING
FIFTH THIRD ARENA
The Battle of the Fraternities
2019 DERBY DAYS FIGHT NIGHT
7:00PM - September 28th

Tickets on Sale Now @ www.CincyTicket.com
1885 Third Avenue - 37007 University City, Cincinnati, Ohio 45221
Sponsored by: The Punch House, Wiedemann's Beer Boxing

Host Danny Calhoun Host Matt Cooper

FIFTH THIRD ARENA

PUNCH HOUSE PRODUCTIONS

Stay tuned for our final event and biggest event of the year. It a celebration of our public service members featuring live boxing between the **Cincinnati Fire Department** and the **Cincinnati Police department**. Dates and location will be announced soon.



FIREFIGHTERS VS POLICE

FIREFIGHTERS VS POLICE 2019
PUNCH HOUSE PRODUCTIONS

NOVEMBER 2019
Cincinnati, Ohio

PUNCH HOUSE PRODUCTIONS - WIEDEMANN'S BEER BOXING - THE PUNCH HOUSE

PUNCH HOUSE PRODUCTIONS

Thank You, We Appreciate your Business!

Web: www.BeerBoxing.com
Web: www.ThePunchHouse.com
Phone: 692.5123
Address: 3911 Reading Road,

● **Zion Baptist Church 630 Glenwood Avenue** will be celebrating with Pastor and Mrs. Carol Cantrell the 22nd Pastoral anniversary of James H. Cantrell

Sunday, September 15, 2019, 10:15 a.m.
A reception in honor of the Cantrell's will be held after service.

You are invited to attend.
Theme: "Trusting In God"
Scripture: Psalm 27: 1-4

TO GOD BE THE GLORY!

Feel free to contact Linda Davis at 751.8608 regarding any questions.



FROM THE CITY

● Get Your Free Tree Now & Improve the Environment - Cincinnati Property Owners Eligible 2019 ReLeaf Program Accepting Applications



Get your free tree now! Through the ReLeaf Program Cincinnati Parks has given away nearly 20,000 trees consisting of more than 40 species. The amazing selection of 1 inch plus trees would cost hundreds at a retail store and include an amazing selection of Sugar Maples, Eastern Redbuds, Emerald City Tuliptrees, Oak's and Cherry's. Interested in participating? City of Cincinnati property owners should click the link below and complete your application by **October 4, 2019**.

Get free trees ('Oregon Trail' Sugar Maple, Eastern Redbud, 'Emerald City' Tuliptree, Okame Cherry).

- [Click here for tree selection sheet.](#)
- [Click here for ReLeaf Information Flyer](#)
- [Click here for Tree Application Form](#) to be returned by **October 4, 2019**
- [Click here for ReLeaf Webpage](#)



● To provide feedback for the topics that interest you that you would like to learn more about at the **2020 Neighborhood Summit please fill out the survey**. The survey is only 12 questions and will help guide the Summit Planning Committee in decision-making as they prepare for next year's event. Thank you for your time and input!

*Summit Planning Committee
Invest in Neighborhoods*

Take the Neighborhood Summit Survey

NABA

- Designed by Samuel Hannaford in 1907, **3864 Reading Road**, also known as the Rubel property, a 6500 square foot home, is an historically significant landmark. At the urging of NABA and NANA, the City joined with the Port Authority to provide the financial support to stabilize the property. Now as that process nears completion, NABA, NANA and the City are seeking

proposals for development of the property as either commercial, residential or mixed use. Its location near the southern entrance of our business district is ideal for commercial development seeking high visibility.

- At the other end of the district, Sonny's, recently purchased and remodeled, is now open as **Bar 29**. Open from 2 pm to 2 am Bar 29 offers a secure environment to enjoy a good meal and adult libation. After 6 pm you must be over 30 to be admitted. Dress code is enforced. Fridays and Saturdays a police detail will be on duty in the evenings. Stop in and say hi to "Shaq" the new owner/manager and welcome her to our growing community.



Michael Caporale, President NABA

FROM YOUR NEIGHBORS

- When you have a chance **could you please complete our 2019 Avondale Perception Survey**.

Avondale Development Corporation is conducting this survey to better understand the priorities of people who live and work in the Avondale and the perceptions of how the community has changed over time.

Once complete, could you please **share the survey with anyone else who lives, works, or owns a business in the Avondale**.

Patrick Cartier, Community Engagement & Communications Manager

Take the Survey

Sudarshan Kriya™
meditation *simply* happens

A breathing technique that effortlessly brings you into a deep state of meditation

Join Happiness Program
A 3 days 9 Hrs. program of
breathwork and meditation with
timeless wisdom bringing peace,
contentment & love in to your life.

Sep 26 - 28
Weekdays 6:30pm-9:30pm, Sat. 9am-12pm
3960 Winding Way
Cincinnati, OH 45229
Fee: \$395 (Student \$295)

Sarah | Ph 440.665.5060 | Email: sarharth@gmail.com
https://members.us.artofliving.org/us/workshop?_ga=2.118577865.1793993538.156624

**mind &
meditation**

Every Monday and Thursday
7 - 8 PM
3960 Winding Way
Cincinnati, OH 45229
Sarah | PH. 440.665.5060
Free Workshop

<https://www.eventbrite.com/o/art-of-living-cincinnati-217640>

North Avondale Residents since 2008

In the spirit of biblical women who have offered care and hospitality to one another, we invite you to participate in an evening of dinner, fellowship and singing.

**THE SEVENTH ANNUAL
Women for Women
EVENT**

Saturday, September 14, 2019
5:00 pm
The Home of Maria Krzeski
3993 Rose Hill Ave | Cincinnati, 45229

The evening will feature:
Presentation by Lydia's House
Concert by MUSE: The Cincinnati's Women's Choir
Buffet Dinner with Wine
Free Valet Parking

Please wear purple in honor of our patron saint, Lydia.
Mothers are encouraged to bring their daughters of all ages,
and feel free to invite friends!

RSVP: volunteer@stlydiashouse.org



Lydia's House is embarking on an exciting venture to reduce our carbon footprint in light of the crisis of climate change and rising electric bills. Over the next year we hope to install solar on both our apartment and office building. This year's fundraising campaign "Let there be Light" will benefit our solar panel project!

 **LYDIA'S HOUSE**
www.stlydiashouse.org

Maria Krzeska (Rose Hill)

RECYCLING TIPS

[Looking To Recycle Your Satellite TV Dish? Click Here And Read This First.](#)

Here at Earth911, we want to ensure that your satellite TV dish is properly handled at the end of its life. Unfortunately, DirectTV, Dish TV, and DirectTV-parent AT&T frequently direct customers to Earth911 for recycling services, claiming we will come and remove the dish and receiver. This is not the case. If you are looking to recycle your satellite TV dish, click on the link above for some tips to get you started.



earth911.com

Marian Miller (Red Bud)

●**Zerolandfill Cincinnati 2019**

ZEROLANDFILL

CINCINNATI 2019

IIDA | OHIO KENTUCKY CHAPTER

Join us for the twelfth annual ZeroLandfill Cincinnati! To date over 270,501 pounds of material have been diverted from landfills. Items were repurposed by schools, libraries, theater groups, artists and students for projects of all shapes and sizes. Let's make this year even better!

WHAT IS ZEROLANDFILL?*

Any loose samples/swatches, carpet samples ONLY* fabrics, laminates, wall covering, books/samples, tile & brick samples, office supplies, and empty product binders that you want to purge from your libraries can be repurposed.

IMPORTANT DATES:

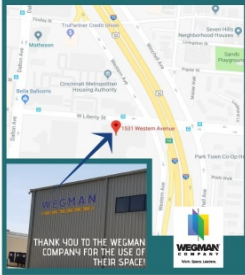
DROP OFF DAYS:
FRIDAY 1pm-5pm
 SEPTEMBER 13TH
 SEPTEMBER 20TH
 SEPTEMBER 27TH

TAKE AWAY DAYS:
SATURDAY 9am-12pm
 SEPTEMBER 21ST
 SEPTEMBER 28TH
 OCTOBER 5TH

Please come and drop off your items to be reclaimed. Volunteers will be available to assist you.


All are invited to come and "take away" as much stuff as you like. No limits. Everything is free for the taking!

LOCATION:
 1531 Western Avenue
 Cincinnati, OH 45214




INTERESTED IN VOLUNTEERING?
[CLICK HERE!](#)


QUESTIONS? EMAIL US!
infozerolandfillcincy@gmail.com




Zerolandfill Cincinnati



@zerolandfill_cincy



@Cincyzerolandfill



IIDA Cincinnati Dayton

REDUCE REUSE RECYCLE

● NEAREST RECYCLING DUMPSTER

Rumpke removed the recycling dumpster in the Recreation Center parking lot because too many people put trash, not recyclables into it. The nearest recycling dumpster is in the Clifton Market parking lot off of Howell Ave.

FUN AROUND TOWN

● Night on the Serengeti

Join us for our 15th anniversary Friday, September 6, 2019 at the Hilton Cincinnati Netherland Plaza to support VILLAGE LIFE Outreach Project [Click Here to learn more about this wonderful project and event](#)

● 2019 Urban League Gala



**2019 Urban League Gala
& Silent Auction**

Featuring National Recording Artists & R & B Hall of Fame Inductees



SAVE THE DATE
09.14.19
Saturday, September 14, 2019

Celebrating 70 Years of Transforming Lives
 presenting
The Journey Awards
 & The 2nd Wind Band

DUKE ENERGY CONVENTION CENTER GRAND BALLROOM
 DOORS OPEN: 6:30 PM
 525 Elm Street • Cincinnati, OH 45202
FOR PRICING AND RESERVATION DETAILS
 Call: 513.281.9955 or Visit: www.ulgo.org

- On Monday, September 23, Talbert House will hold its Annual Luncheon at the Hyatt Regency Cincinnati to celebrate the achievements

of the past year and honor those who have made an impact on the community and the agency's mission.

Receiving the Ernest Talbert award this year will be Susan Ingmire, Senior Advisor at Ignite Philanthropy. Gregory Johnson, CEO of Cincinnati Metropolitan Housing Authority, will be awarded the Agnes Seasongood

Award. The Community Service Award will go to Dan Hurley, Founder/Principal at Applied History Associates. Individual or corporate reservations for the 2019 Talbert House Annual Luncheon can be made online by visiting www.talberthouse.org. Contact Jenna Toon at (513) 751-7747 ext. 1095 or jenna.toon@talberthouse.org for more information.



LIBRARIES, PARKS AND RECREATION

- North Avondale Recreation Center - 617 Clinton Springs Ave. 513.961.1584



- **Hours of Operation:** Monday - Friday: 11:00 am to 9:00 pm, Saturday 9 am - 3 pm Closed on Sundays, Veteran's Day (Nov. 11th), Thanksgiving (Nov. 28th) and November 29th
- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year

Cincinnati Recreation Commission

6th Annual Skills and Drills Co-ed Basketball Clinic
At North Avondale Recreation Center

\$30.00 per session (Sibling Discount 2 Kids \$50)
(Please make checks payable to CRC.)
Session I: September 12th - October 1st, 2016
Session II: October 3rd - 22nd, 2016

Mondays:
3rd-4th Grade: 5:00-6:00 PM
5th-6th Grade: 6:15-7:30 PM
Tuesdays:
Kindergarten-1st Grade: 5:00-6:00 PM
2nd Grade: 6:15-7:30 PM
Wednesdays:
3rd-4th Grade: 5:00-6:00 PM
5th-6th Grade: 6:15-7:30 PM
Thursdays:
Kindergarten-1st Grade: 5:00-6:00 PM
2nd Grade: 6:15-7:30 PM
Saturdays:
2nd Grade: 11:30-12:30 PM
3rd-4th Grade: 12:30-1:30 PM
5th-6th Grade: 1:30-2:30 PM

Sign Up Now: **Space is Limited!**

For questions or to sign your child up, please call:
Coach Tim 513-961-1584 or Coach Dart 513-544-7802.

Cincinnati Recreation Commission

North Avondale Recreation Center • 617 Clinton Springs Ave., 45229

Tiny Tumblers

Beginning Tumbling Class
Ages 4, 5 & 6

Wednesday 5:30-6:30 PM
No Class the Wednesday before
Thanksgiving

\$25/ Per Session plus membership

Sept 11 - Oct 16 and Nov 16 - Dec 11
10 spots per session
See or Call Brittany for more info: 513.961.1584



cincyrec.org | 513.352.4000 | info.crc@cincinnati-oh.gov

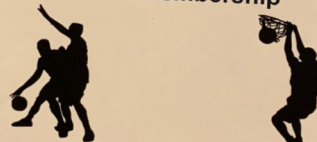


The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgender status, or ethnicity, national or geographic origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

North Avondale Recreation Center • 617 Clinton Springs Ave., 45229 • 513.961.1584

Teen Open Gym

When: Wednesdays 6:00pm - 8:00pm
Where: North Avondale Recreation Center
Cost: Membership



- **Elite World Champion Qualifiers**



On July 19, 2019 Seven Star Dragon team members attended Kick Fest Open Martial Arts Tournament in Louisville, Ky. This event was a Qualifier to participate in the 2019 Elite World Championships at Walt Disney World as part of the 22nd Anniversary International Martial Arts Festival. A First or second place finish was required to qualify. We are excited to announce all 8 members qualified to participate. The team earned an amazing, 11 first places, 8 second places and 3 third places. The Director issued our team a Formal Invitation.



July 24, 2019

Master Terrell Davis
7 Star Dragons

Dear Master Davis,

It is my honor to extend a formal invitation for you and the students of 7 Star Dragons, to participate in the Elite World Championships and the USA Sport Karate National Championships. Both will be part of The 22nd Anniversary International Martial Arts Festival at Walt Disney World® on October 25-27, 2019. Having you there would help ensure that high level of excellence in Competition and the spirit of Fellowship would be achieved.

For 22 years we have continued to offer **Incredible Competition, Sportsmanship and the Magic** that Only **Walt Disney World®** can offer. I hope that you will be able to attend this exciting event. I look forward to seeing you. If you have any questions, please feel free to contact me anytime.

Sincerely,
David Sklar

Executive Director
International Martial Arts Festival
KICK International
International Sports Grappling Association

We felt very honored. Any donations are appreciated and accepted for this event. You may log into our site for donations. <http://7stardragonskarate.com/#home> Thanking you in advance for any support.

NEW MEMBERS INVITED TO JOIN 2019-2020 SCHOOL YEAR

● **Hirsch Recreation Center - 3620 Reading Road • 751.3393**

- **Grand Opening Ribbon Cutting Ceremony** September 27 3:30-5:00 Come celebrate with CRC
- **Mural Dedication** September 27 5:30 pm -8:00 pm A project of *ArtWorks A Song of Freedom*
- **Health and Wellness Open House** September 28 10:00 am - 12:00 pm
 - Meet the fitness instructors
 - Sign Up for a wellness program
 - Class Demos: Yoga, HITT, Spin 360, Body Flow, Senior Balance
 - Walk the Track

● **The Cincinnati Public Library**

For Monthly Activities at the Avondale, Norwood and St Bernard Libraries [Click Here](#)

(limit calendar to the branch of your choice for their monthly updates)



NORTH AVONDALE SCHOOLS



North Avondale Montessori • 615 Clinton Springs •
363.3900 • www.namrockets.org [NAM Brochure](#)
[NAM Preschool Brochure](#)

NAM 2019 September Events

9-2 - Labor Day!

9-6 - Read -A- Thon starts!

9-7 - NAM Garden & Trails clean-up 9 am to 11 am Register (though not necessary) on namrockets.org

9-13 - Dad's and Doughnuts Breakfast - 7:15 am to 7:45 am - Gym

9-16 - Read - A - Thon Ends.

9-17 - 6 to 9 Energy Show!

9-28 and 9-29 - NAMG Annual Camping Trip - Morgan's Livery

Back to School Picnic on Saturday, August 24



NAM Students Selected to Participate in First CPS-Jazz Academy!

Congratulations to Ireland D. B. and Fernando L. E. for being selected to participate in the first CPS Jazz Academy. Students were selected across the district to attend the program.

"This is quite an honor for my students to be selected in the academy. Competition was keen for the openings and Ireland and Fernando did a remarkable job," said NAM music teacher, Wesley Barnfield.

"I am proud of our students and excited for them to be selected to the Jazz Academy. For students to receive training by Master Teachers in the area of jazz, will be a valuable learning experience." Mr. Barnfield does a tremendous job with our students regarding vocal and instrumental instruction," said Principal Lewis.

Jazz classes will begin on Monday and students will receive training 3 days a week.

Roger Lewis, NAM Principal

The New School Montessori (TNSM)

● 3 Burton Woods Lane • 281.7999 • www.newschoollmontessori.com

Teachers in our (6-9) program presented the first of five Great Lessons in the elementary Montessori curriculum. This first lesson is called Coming of the Universe and piques the students' curiosity and encourages their further exploration of astronomy, meteorology, chemistry, physics, geology and geography.

The teachers each played a part in the demonstration. Throughout the lesson, one of the teachers gave a dramatic narration of how the universe was formed from the empty vastness of space. The exercise began with the lighting of a candle to represent the sun. Then a balloon filled with glitter popped, scattering matter all about. The teachers demonstrated various layers of liquids, showing how the heavier-weight liquids sank to the bottom and how solids became liquids and liquids became gases. The demonstration ended with a volcanic eruption, representing the magma inside Earth, escaping through a volcano.



Ann Baumgardner, Communications Director

WELCOME NEW NEIGHBORS

- Vision Property & Restoration LLC at 3704 Alaska Ct.
- Rmf Holdings LLC @3 at 3653 Alter Pl.
- Nicholas & Sarah Ellis Trivett at 972 Avondale Ave.
- Rmf Holdings LLC @3 at 705/710 Chalfonte Pl.
- Thomas R Carter at 3904 Dickson Ave.
- Blake & Caitlin Baxter at 3954 Dickson Ave.
- Pdp1 LLC at 3831 Edge Hill Pl.
- Rmf Holdings LLC @3 at 712 Fred Shuttlesworth Cr.
- Rmf Holdings LLC @3 at 846 Glenwood Ave.
- Heard Charles B Jr at 64 Kessler Pl.
- Jessica F Li at 916 Lenox Pl.
- Eric M & Alexandra F Schickli at 1047 Lenox Pl.
- N & G Takhar Oil LLC at 50 Mitchell Ave.
- Myrtle E Maddox at 3900 Rose Hill Ave. 805 & 401
- Pamela Jean Shaffer at 3972 Rose Hill Ave.
- Lorton Hal@4 at 4021 Rose Hill Ave.
- Hendy Dustin & Krista Nee at 3806 Springhouse Ln.
- Ronald Singleton at 3550 Vine St.
- Graham A & Monica G Binder at 3955 Warwick Ave.

NANA CALENDAR

- **Tuesday, September 10, NANA General Meeting**, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.
- **Tuesday, October 8, NANA General Meeting**, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.

NANA EXECUTIVE BOARD AND COMMITTEES

President: Ethan Perry
1st VP: Heather Herr
2nd VP: Jimmy Musuraca-Messer
3rd VP: Sarah Henderson
Corresponding Sec.: Rick Ruehlmann
Recording Secretary: Lesley Chapman
Treasurer: Doug Louder Jr
Block Watch: Carolyn Gillman
Law & Safety: Carolyn Gillman
Dirk Pastoor
Pedestrian Safety: David Emery
Strategic Development: David Emery
Rick Ruehlmann

northavondalepresident@gmail.com
heatherherr91@gmail.com
jamesallenmusuraca@hotmail.com
45220henderson@gmail.com
rruehlmann@c4financial.com
lesleyachapman@gmail.com
Dougloider@yahoo.com
cgillmanwhhs@gmail.com
cgillmanwhhs@gmail.com
dpastoor1@gmail.com
emeryda@gmail.com
emeryda@gmail.com
rruehlmann@c4financial.com

Join NANA **NANA Contact Form**

[Send an Email to Join Our Mailing List](#)

Join Block Watch Group - Email Carolyn **Gillman**

[Join North Avondale Nextdoor Neighbor](#)
[Email Group](#)

North Avondale Parents & Friends **Facebook Group**

Coyote Information 1

Coyote Information Walking Your Dog

Coyote Information 3

Coyote Information 4

Safety Tips **Safety, Health & Block Watch**

Important City **Numbers/Emails/Websites** **Request City Services**

[A 2019 Green Recycling Schedule](#)

[Hamilton County Recycling - Learn](#)
[Where to Recycle Items](#)

Spot Crime

[Victim Services Contact Numbers](#)

[City Link to find out about Maintenance](#)
[on Problem Properties](#)

[WCPO Best Companies in Cincinnati](#)

North
Avondale
Neighborhood Association

617 Clinton Springs Ave.
Cincinnati, Ohio 45229

513.401.5356

nanacincinnati@gmail.com

VISIT OUR WEBSITE

