



NANA NEWS

Your monthly news & updates

Visit our Website

PRESIDENT'S MESSAGE



Happy Summer Neighbors!

It looks like the springtime rain has finally moved out and the HOT weather is here. It is wonderful to walk through the neighborhood and see so many people out gardening, barbecuing and just sitting on the porch enjoying a cold drink!

One great way to get outside and meet your neighbors this summer is to take part in a Power Hour cleanup. We are organizing informal meet ups and walking the area with grabbers and trash bags to help eliminate litter on our streets. It is a great way to keep North Avondale beautiful and meet new folks. No need to bring anything, as NANA provides all of the supplies. We will try different days and times over the next few weeks so that people can fit it into their schedules. You can even bring the kids! Keep your eye out for Facebook posts announcing date and time.

Speaking of Facebook, have you liked our page yet? Head over to [facebook.com/NorthAvondaleNeighborhoodAssociationCincinnati](https://www.facebook.com/NorthAvondaleNeighborhoodAssociationCincinnati) so you can stay up to date with all of the great things NANA has in the works for the rest of 2019! Facebook is a quick and easy way to reach the people in our community and we are going to be using it more in the future. Don't forget to invite your neighbors who may not be involved with NANA...yet!

I hope to see everyone at our July meeting! Until then, have a safe and happy Independence Day!

Ethan Perry



NANA GENERAL MEETING

Tuesday, July 9, 7:00 pm
North Avondale Recreation Center

No August Meeting
Next Meeting September 10

THANK YOU FOR PAYING YOUR [2019 NANA DUES](#)

COMMITTEE UPDATES

BEAUTIFICATION

Richard Jackson was given the Citizen's Award from the Hamilton County Fraternal Order of Police. Lt. Chris Ruehmer from District 4 nominated him for the award. The presentation was held at the Mayerson Center in Blue Ash on May 10. He was the only non-police person to receive an award. Many awards were given out for all the great work that our police men and women do for our community. Richard was recognized for the work that he had done at the Dana/Victory Parkway Triangle. Also for taking care of the Roundabout on Dana, keeping the side walk clear of trash, honey suckle cut back and he put in the new garden at the top of Marion at Clinton Springs. When Richard started 5-6 years ago, there was so much honeysuckle (HS) one could not see through it. A major safety issue for people walking through that area. It took a lot of work to rid it of HS, the state plant of Ohio. But today, no HS! Lt. Ruehmer helped him on several occasions to have abandoned cars towed at the Triangle, 14 to date! Since 2003, The Triangle is his gift to our community. He has planted 11 trees to date and countless flowers and shrubs. Getting the North Avondale sign has been the highlight.

Editor's Note: All one has to do is look at the pictures below to see the amazing beauty Richard brings to our neighborhood. Thank you Richard!



Marion/Clinton Springs



Dana



Gateway Sign



Victory Parkway



Victory Parkway



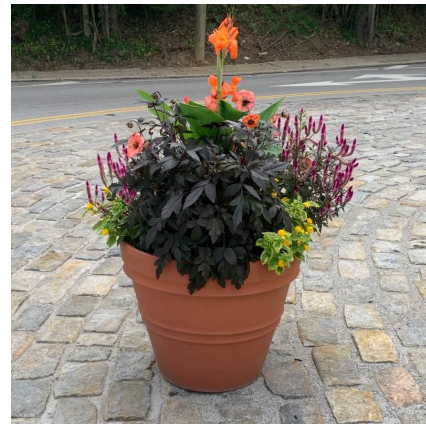
Victory Parkway & Dana Bypass



Neighborhood Flower Pots

To pay the Parks to maintain the flower pots along Reading Road, we are taking donations for 2019. You can make a donation on line at: northavondalecincinnati.com/donate/ and check Other and put: flower pots or you can mail a donation to: NANA, 617 Clinton Springs Ave, Cincinnati, OH 45229, ATTN: Beautification. Please consider helping with a tax deductible donation so we can continue making our neighborhood beautiful! Thank you!

NANA Beautification Team



HEALTH & WELLNESS

CLEANING UP SAFELY

At the time of this writing, Cincinnati has had 109 days of rains out of 169 days! That's 65% - RIDICULOUS!!! But that is an example of the times in which we live. So, we are the ones who need to adjust. And if it was just rain, we would have no need to complain; but we are experiencing Torrential Downpours! And with the downpours, some of us experience flooding. Professional cleaners are the optimal choice; however, they are expensive. If you find that you have to do the cleaning, here are some tips on how to clean up safely.

1. Take photos or a video for insurance claims and tax deductions.
2. Keep a record of all expenses related to the clean-up.
3. Check with your insurance company for other requirements needed to make your claim.
4. Flooded books and papers may be frozen until you have time to work with them. Place waxed paper between layers and place items inside plastic bags before freezing.
5. Wear protective gear.
6. Keep windows open.
7. Because the humidity is elevated, clean up as soon as possible to avoid mold build up.
8. Shut off gas and electricity before removing standing water and soaked materials.
9. Shovel out the mud.
10. Scrub walls and floors and disinfect with a bleach solution (10 parts water to 1 part bleach).
11. Dry thoroughly before rebuilding. Wait several months before remodeling

12. Never mix bleach and ammonia. The fumes are toxic.
13. Household cleaners can remove dirt; disinfectants help to stop the growth of disease-causing microorganisms carried in flood water.
14. Powdered or liquid cleaners are more practical and less expensive than aerosol products since large areas will probably need to be cleaned.
15. Buy cleaners in the largest size available.

Call the Health Department for more information: 513 357.7200

Kimya Moyo, Health Liaison

FUN IN THE NEIGHBORHOOD

FUN!!! GAMES!!! FOOD!!! PRIZES!!!

**Zion Baptist Church's
Annual Health Fair
Saturday, July 13, 2019
10 AM - 3 PM**

Located at: 630 Glenwood Cincinnati, OH 45229
513-751-8608 / zbaptist@fuse.net

Theme:
"Move the Mind, Move the Body."

HEALTH FAIR WORKSHOPS @ 10AM:
Affordable Health Care (Mr. Robert Rinfrow), Community Health Advocacy (Mr. John Taylor), and Advances in Dentistry (Dr. Roland McGoodwin).

BP readings and blood glucose assessments, will be performed. Physical fitness exercises will be demonstrated. Activities for children will be included.

Continental breakfast and lunch will be served.

Sponsored by:
THE HEALTH & WELLNESS MINISTRY
ZION BAPTIST CHURCH
Dr. Babette Plummer-Craig, Chair
Reverend James H. Cantrell, Pastor

FREE TO THE PUBLIC!!!

FROM THE CITY

2019 ReLeaf Program Accepting Applications

Get free trees ('Oregon Trail' Sugar Maple, Eastern Redbud, 'Emerald City' Tuliptree, Okame Cherry).

- [Click here for tree selection sheet.](#)
- [Click here for ReLeaf Information Flyer](#)
- [Click here for Tree Application Form](#) to be returned by October 4, 2019
- [Click here for ReLeaf Webpage](#)





FROM YOUR NEIGHBORS

- Hello Friends and Neighbors,

We would like to thank everyone who helped in the search, and with their prayers, as we looked for our lost puppy Buddy. We had the help and comfort of family, friends, neighbors and strangers as we searched for five days throughout the North Avondale neighborhood for him. It was not the outcome we had hoped for, but we have closure and our beloved Buddy will be in our hearts forever. We are grateful to live in the most wonderful neighborhood in all of Cincinnati. We couldn't have gotten through this without you. Thanks so very much.

Jean and David Krebs (Beechwood Ave.)

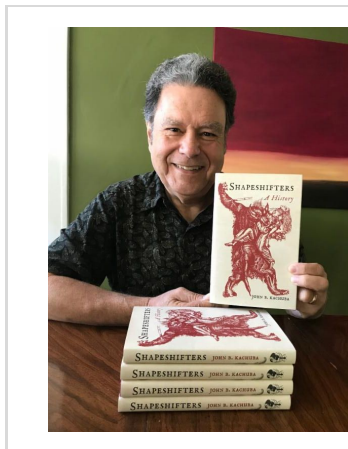
- Dear neighbors,

If you have **gently used household items** such as tables and chairs, sofas, beds and dressers including mattresses without soil, please call New Life Furniture Bank (513.313.0530) and they will pick up your items to be used for people recovering from homelessness.

Additionally, you can contact St. Vincent Depaul (513.421.2273) to arrange a pick up for similar type items. And of course, don't forget that you can always take items to Goodwill if you need to and are able to remove them yourselves.

If you have an item that you are unsure of where it may be best used and would like some help, I would be happy to assist via email. Your treasures don't have to become part of the landfill!!

Jolene Struebbe Beechwood Avenue jmstruebbe@gmail.com



- **John Kachuba's** new book, *Shapeshifters: A History*, has just been released. He will be giving a talk and signing his book at **Joseph-Beth Booksellers on Wednesday, July 24 at 7 pm**. The book can also be ordered at: [Click Here](#)

John Kachuba (Glencross)

RECYCLING TIPS

Earth911 Quiz #63: Recycling How-to Challenge!

Do you know the steps for recycling these common household and automotive products? Test your recycling how-to knowledge in this month's quiz. Your day is filled with recycling opportunities but are you making the decisions to recycle successfully? In this quiz, we'll test our familiarity with ...

[Earth911 Quiz #56: Does This Go in the Blue Bin?](#)



Marian Miller (Red Bud)

NEAREST RECYCLING DUMPSTER

Rumpke removed the recycling dumpster in the Recreation Center parking lot because too many people put trash, not recyclables into it. The nearest recycling dumpster is in the Clifton Market parking lot off of Howell Ave.

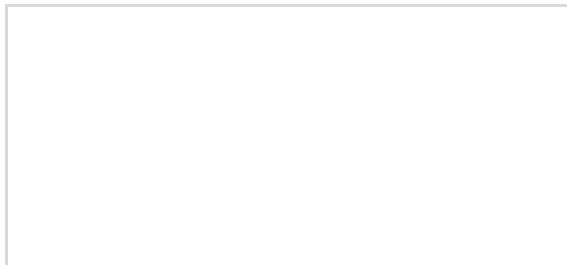
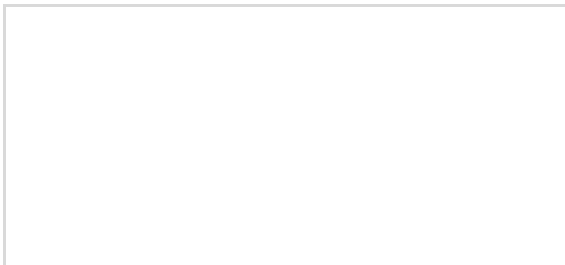
FUN AROUND TOWN

- POPS 4 of July Concert at Riverbend
 - Get tickets by clicking [here](#)



LIBRARIES, PARKS AND RECREATION

- North Avondale Recreation Center - 617 Clinton Springs Ave. 513.961.1584
 - **Hours of Operation:** Monday - Thursday: 7:00 am to 7:00 pm; Friday: 7:00 am to 6:00 pm
 - **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year.
- AFTER SCHOOL DAY CAMP registration begins July 1. Click [here](#) for more information.
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NORTH AVONDALE THEATER CAMP
PRESENTS
Clue-Less?

A Comedic Musical and Mystery



July 23-25, July 30-31
& August 1
1:30 pm each day

RSVP

Call Ms. Ann at
513-498-9397

DATE CHANGED!

North Avondale Booster's
Annual Hit-A-Thon & Clean Up Day
July 7, 2019 @ 3:00PM
@ The N. Avondale Baseball Fields

We can use your help.
So, come and help in the Clean Up

If you would like to donate any equipment (i.e. balls, bats,
trash bags) please contact Coach Tim at 513.546.2051.

ALL donations are accepted and greatly appreciated and will
go toward our baseball program and other baseball fees!

Any donations can be dropped off to Coach Tim at the North
Avondale Recreation Center



- [Recreation Staff - Picture with Names](#)

Please call 961.1584 if you have any Recreation Center questions.

- **100 % of 7 Star Dragons Members Win at The 2019 Battle of Atlanta World Championships**



On June 13-16, 2019 7 Star Dragons team traveled to Atlanta to participate in their first NASKA world tournament. The team participated in the Traditional forms, Weapons and sparring divisions. There were over 2,000 competitors in attendance with the top athletes in the country competing for honors. **The team won 17 awards; 5 - first places, 3 - 2nd place, 7 - 3rd place, 2 - 4th places.** Team members were; Amina Issa, Layah Clark, Devlin Kennedy, Daven Gibson, Caveer Smith, Sammazah Bonnie, and John Watson. The team had a lot of fun activities, met new friends and were complimented highly on their martial arts skills. Each student was supported by their families who cheered them on and made this opportunity possible. It is truly an honor to be their Sensei. Thank you to the Staff at NARC, Cincinnati Recreation Commission for the support of our program. All of our team members and supporters contribute to our success. New students are being accepted to register for classes beginning in September. You may register on line at <http://7stardragonskarate.com/#home>



7 Star Dragons Youth Team Members 14 and under.



Summer Students at NARC admiring awards from Atlanta.

● **Hirsch Recreation Center - 3620 Reading Road • 751.3393**

- The building has been closed for renovations but will open very soon! Meanwhile the Pool is OPEN! Some programs are at South Avondale School.

HIRSCH OTTO ARMLEDER			
SHALLOW WATER POOL			
ADDRESS 3630 READING ROAD, 45229		OPENING DATE 6/03/2019	
PHONE 513-751-0601		CLOSING DATE 8/03 /2019	
OPEN SWIM		SWIM TEAM	JUNIOR LIFEGUARDING
MON-THUR	1:00PM-7:30PM	MON-FRI	MON-THUR
FRI	1:00PM-5:30PM	12:00PM-1:00PM	10:30AM-1:00PM
SAT	12:00PM-5:30PM		
SUN	CLOSED		
PUBLIC SWIM LESSONS			
Ages 4 yrs-Adult Levels 1,2,3,4			
SESSION 1: JUNE 10 - JULY 6			
SESSION 2: JULY 8- AUGUST 3			
TUES & THURS			
11:00AM-11:30AM			
11:30AM-12:00PM			
CLUB CRC SWIM LESSONS			
MON & WED			
11:00AM-11:30AM			
11:30AM-12:00PM			

The Cincinnati Public Library
 For Monthly Activities at the Avondale, Norwood and St Bernard Libraries [Click Here](#)
 (limit calendar to the branch of your choice for their monthly updates)



NORTH AVONDALE SCHOOLS



North Avondale Montessori • 615 Clinton Springs •
 363.3900 • www.namrockets.org [NAM Brochure](#)
[NAM Preschool Brochure](#)

Students return to NAM on Monday, August 19!

Have a great Summer.

Roger Lewis, NAM Principal



The New School Montessori (TNSM)
 • 3 Burton Woods Lane • 281.7999 • www.newschoolmontessori.com

Video Clips of New School Montessori Senior Project Presentations

Each year, New School Montessori sixth graders embark on a yearlong odyssey, researching a topic of interest to them. They condense their fifteen-page papers into riveting 5-minute oral Power Point presentations. In the span of a pleasant evening you can learn about many interesting topics and characters from history.

Our alumni often return to the school to support each year's 6th graders. They have shared that what they learned through TNSM's senior project process has prepared them - not only for the rigors of junior high and high school - but for writing, public speaking and the joy of learning they have experienced in their university studies and in their careers.

Click the picture below to see samples from this year's presentations on such topics as Marvel comics, warping space and time, the history of women's rights, Cincinnati architecture, Ella Fitzgerald and more. These students have put a lot of themselves into this work - and it shows.



Ann Baumgardner, Communications Director

WELCOME NEW NEIGHBORS

- Michael & Jennifer Ballard at 49 Burton Woods Ln.
- RMF Holdings LLC at 700 Chalfonte Pl.
- Morgan L & Thomas J Rottinghaus Jr at 965 Lenox Pl.
- Sadre Orafai Stephanie N & Alfred J Cotton III at 1038 Redway Ave.

NANA CALENDAR

- **Tuesday, July 9, NANA General Meeting**, 7:00 pm, North Avondale Recreation Center, 617 Clinton Springs Ave.
- **NO AUGUST MEETING**
- **Tuesday, September 10, NANA General Meeting**, 7:00 pm, North Avondale Montessori School Cafetorium, 617 Clinton Springs Ave.

Cincinnati's Best Address with Beautiful Homes, Great Neighbors & Civic Passion

NANA EXECUTIVE BOARD AND COMMITTEES

President: Ethan Perry
1st VP: Heather Herr
2nd VP: Jimmy Musuraca-Messer
3rd VP: Sarah Henderson
Corresponding Secretary: Rick Ruehlmann
Recording Secretary: Lesley Chapman
Treasurer: Doug Louder Jr
Block Watch: Carolyn Gillman
Law & Safety: Carolyn Gillman
Dirk Pastoor
Pedestrian Safety: David Emery
Strategic Development: David Emery
Rick Ruehlmann

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dpastoor1@gmail.com
emeryda@gmail.com
emeryda@gmail.com
rruehlmann@c4financial.com

Join NANA
NANA Contact Form

Send an Email to Join Our Mailing List

Join Block Watch Group - Email Carolyn Gillman

Join North Avondale Nextdoor Neighbor Email Group

North Avondale Parents & Friends Facebook Group

Coyote Information 1

Coyote Information Walking Your Dog

Coyote Information 3

Coyote Information 4

Safety Tips
Safety, Health & Block Watch

Important City Numbers/Emails/Websites
Request City Services

A 2019 Green Recycling Schedule

Hamilton County Recycling - Learn Where to Recycle Items

Spot Crime

Victim Services Contact Numbers

City Link to find out about Maintenance on Problem Properties

North
Avondale
Neighborhood Association

617 Clinton Springs Ave.
Cincinnati, Ohio 45229

513.401.5356

nanacincinnati@gmail.com

VISIT OUR WEBSITE

<http://www.northavondalecincinnati.com>

[NANA Facebook](#)

